

CONNECT PARENT

Connect Parent is an attachment-based program that focuses on strengthening parent-preteen relationships and building a foundation for collaborative problem-solving. As an alternative to behaviour modification strategies, this group focuses on supporting parents in understanding the attachment needs that create the behaviour their child is demonstrating.

PROGRAM INFORMATION

This is a free, 10-week program for parents/caregivers of children ages 9 to 12. Dinner is provided.

Upcoming session: April 15- June 17
Wednesday evenings, 5:00 - 6:30 pm

CONTACT

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