



BROCKLEHURST SECONDARY SCHOOL

985 Windbreak Street
 Kamloops, B.C. V2B 5P5
 Telephone (250) 376-1232 Fax (250) 377-2263
 Web Address: <http://brocksec.sd73.bc.ca>

Meals Program PERMISSION FORM Mar 30-May 1, 2026 MENU

Student Name _____ Grade _____

Parent / Guardian Signature _____ Amount Enclosed _____

The price is \$7.00 per meal. Cash or cheques only.

SIGN and RETURN no later than March 3, 2026 to ensure your order

DAY	DATE	LUNCH	SNACK	CHECK Options
Mon	30	Grilled Ham and Cheese or Grilled Cheese	Fruit	
Tues	31	Three Cheese Pizza slices	Yogurt	
Wed	1	Chicken or Veggie Nuggets	Celery Sticks	
Thurs	2	Spaghetti With or Without Meat Marinara Sauce	Fresh Fruit	
Fri	3	Good Friday		
Mon	6	Easter Monday		
Tue	7	Hot Dog or Veggie Dog	Fresh Fruit	
Wed	8	Penne Alfredo with Garlic Toast	Cucumber Slices	
Thurs	9	Cheeseburger or Veggie Burger	Apple Slices	
Fri	10	Potato and Cheese Perogies	Carrots	
Mon	13	Chicken Burger or Veggie Burger	Cucumber Slices	
Tue	14	Pancakes and Bacon or Fruit Salad (Comes with butter and syrup.)	Apple Slices	
Wed	15	Beef or Bean and Cheese Burrito	Celery Sticks	
Thurs	16	Pepperoni or Veggie Pizza Sub	Fresh Fruit	
Fri	17	Classic Mac and Cheese	Carrots	
Mon	20	Cheese Pizza Bagel	Apple Slices	
Tue	21	Spaghetti and Meatballs or Veggie Balls	Cucumber Slices	
Wed	22	Chicken or Veggie Quesadilla	Yogurt	
Thurs	23	Honey Garlic Chicken or Veggies on Rice	Fresh Fruit	
Fri	24	Canuel "Lunchables" (Cheese, Crackers, Sausage) or Veggie "Lunchables" (Veggie version includes goldfish crackers and extra veggies.)	Veggies	
Mon	27	Pro D		
Tue	28	Chicken or Veggie Nuggets	Fresh Fruit	
Wed	29	Pancakes and Bacon or Fruit Salad (Comes with butter and syrup.)	Apple Slices	
Thur	30	Hardshell Chicken or Black Bean Tacos	Fresh Fruit	
Fri	1	Cheeseburger or Veggie Burger	Carrot Sticks	

Total: _____

The price is \$7.00 per meal. Cash or cheque payments only. Any questions about the meals program please contact the school at 250 376-1232.