



# WELCOME

## TO SA-HALI SECONDARY SCHOOL

### PARENT MESSAGE

At Sa-Hali Secondary, we work to provide a positive learning environment, with rewarding education programs that build pride in our school community. We encourage students to involve themselves in all aspects of the school's academics, athletics, fine arts and student activities. Our staff is prepared to assist all students in their endeavors, whatever they may be.

Sa-Hali Secondary School is dedicated to providing a safe, caring environment that will promote the intellectual, cultural, physical and social development of all. Our school community encourages its members to be life-long learners who are productive, responsible, and adaptable in our changing global community.

Students and parents are encouraged to be involved in their student's secondary and post-secondary school goals. If your student is considering post-secondary, please note that admission requirements for post-secondary programs of study may vary by institution and by year.

For further information please visit the Education Planner Website:

<http://www.educationplanner.ca>

We welcome you to the 2025/2026 school year and we hope that it will be your best year ever!

### COURSE SELECTION GUIDE: GRADES 10-12

#### Office Hours

Monday to Friday  
8:00am to 4:00pm

#### Administration

Principal: Mr. J. Brady

Vice Principal: Ms. K. Dolha

Vice Principal: Mr. B. Tommasini

#### Student Services

Counsellor: Mrs. C. Keltie (A-K)

Counsellor: Ms. S. Mayoh (L-Z)

#### Trades and Transitions/WEX

Counsellor: Mrs. J. Douglas



## GRADUATION REQUIREMENTS: Minimum # of credits required for Graduation = 80 Credits

Students accumulate credits for Grade 10, 11 and 12 courses. A total of 80 credits are required for graduation. Of the 80 credits needed for graduation, at least 20 credits must be at the Grade 12 level, including a Grade 12 English course, Career Life Connections 12 and twelve other credits.

Effective the 2023/2024 school year, all students working toward a B.C. Certificate of Graduation, must successfully complete at least 4 credits in Indigenous-focused coursework. Students can meet this graduation requirement through a variety of course options.

**These 80 credits are comprised of the following:**

REQUIRED COURSES (52 credits)	Credits
English: <ul style="list-style-type: none"> <li>• English First People 10: Writing 10 (2 Credits), Plus Literary Studies 10 (2 Credits)</li> <li>• English 11: one of Creative Writing 11, New Media 11, Literary Studies 11</li> <li>• English 12 or English First Peoples</li> </ul>	 4 4 4
Math <ul style="list-style-type: none"> <li>• Math 10</li> <li>• Math 11 or 12</li> </ul>	 4 4
Science: <ul style="list-style-type: none"> <li>• Science 10</li> <li>• Science 11 or 12</li> </ul>	 4 4
Social Studies: <ul style="list-style-type: none"> <li>• Social Studies 10</li> <li>• One Senior Social Studies: 20<sup>th</sup> Century World History, Comparative World Religions, Contemporary Indigenous Studies, Explorations in Social Studies, Genocide Studies, Law Studies, Philosophy, Physical Geography or Social Justice,</li> </ul>	 4 4
Physical and Health Education: <ul style="list-style-type: none"> <li>• Physical Health Education 10</li> </ul>	 4
Career Education: <ul style="list-style-type: none"> <li>• Career Life Education 10</li> <li>• Career Life Connections 12</li> </ul>	 4 4
Fine Arts (AED) or Applied Skills (ADST) <ul style="list-style-type: none"> <li>• One Fine Arts or Applied Skills 10, 11, 12</li> </ul>	 4
ELECTIVE COURSES (28 credits)	Credits
<ul style="list-style-type: none"> <li>• Choose from the additional Grade 10, 11 or 12 Ministry Authorized courses, External Credits, Board/Authority Authorized courses, post-secondary credits, and/or Independent Directed Studies</li> </ul>	 28
TOTAL CREDITS	80

For more information visit the Education Planner Website:

<http://www.educationplanner.ca>

# Sa-Hali Secondary School

## Course Selection Guide

### LANGUAGE ARTS

#### Language Arts – Grade 10

*All Grade 10 Language Arts courses are 2 Credits each. English First Peoples Literary Studies 10 and Writing 10 will be the default Language Arts courses for Grade 10 in order to meet the 4 Credit requirement for graduation and the Indigenous Graduation requirement.*

**English First Peoples:**  
Literary Studies 10  
MEFLS10  
2 Credits

English First Peoples Literary Studies 10 is designed for students who are interested in exploring First Peoples literature in a variety of contexts, genres, and media. This area provides students with opportunities to explore personal and cultural identities, histories, stories, and connections to land/place. This course is grounded in the understanding of how texts are historically and culturally constructed. Students will work individually and collaboratively to broaden their understanding of themselves and the world. **This course fulfills the Indigenous Graduation requirement.**

**English First Peoples:**  
Writing 10  
MEFWR10  
2 Credits

English First Peoples Writing 10 is designed for students who are interested in writing for a variety of purposes and contexts. This area provides students with opportunities to become better writers through the exploration of personal and cultural identities, memories, stories, and connections to land/place. Within a supportive community, students will work individually and collaboratively to develop their writing skills and create coherent, purposeful, and engaging compositions. This course is grounded in the exploration and application of writing processes, inviting students to express themselves as they experiment with, reflect on, extend, and refine their writing. **This course fulfills the Indigenous Graduation requirement.**

#### Language Arts – Grade 11

*All Grade 11 Language Arts courses are 4 Credits each. To meet graduation requirements, please select at least one of the English 11 courses below.*

**English First Peoples:**  
Literary Studies  
& Writing 11  
MEFLS11  
4 Credits

English First Peoples Literary Studies and Writing 11 is designed for students who are interested in studying First Peoples literature and using writing for self-expression and communication in a variety of contexts. Students delve deeply into First Peoples oral and written literature in a range of media to explore various themes, authors, and topics. This provides a foundation for them to think critically and creatively as they continue to explore, extend, and strengthen their own writing. Within a supportive community, students work individually and collaboratively to explore oral and written literature and create powerful, purposeful compositions. Through the study of literature and the processes of experimenting with, reflecting on, extending, and refining their writing, students will: extend their capacity to communicate effectively in a variety of contexts, deepen their understanding of themselves and the world, and expand their understanding of what it means to be educated Canadian and global citizens. **This course fulfills the Indigenous Graduation requirement.**

**English:**  
Creative Writing 11  
MCTWR11  
4 Credits

Creative Writing 11 is designed for students who have an interest in creative expression through language. The course provides students with in-depth opportunities to become better writers through the exploration of personal and cultural identities, memories, and stories in a wide range of genres. This course is intentionally grounded in the exploration and application of writing processes, inviting students to express themselves creatively as they experiment with, reflect on, extend, and refine their writing.

**English:**  
Literary Studies 11  
MLTST11  
4 Credits

This course is a continuation of Literary Studies 10. It is designed for students who are interested in exploring literature. The course allows students to delve more deeply into specific themes, periods, authors, or areas of the world. This course gives students the choice of a range of literary topics, allowing them to follow their passion for literature. The following are possible areas of study in Literary Studies 11: poetry, short stories, novels, drama, graphic novels, children's literature, Canadian literature, First Peoples texts.

**Courses continue on the next page...**

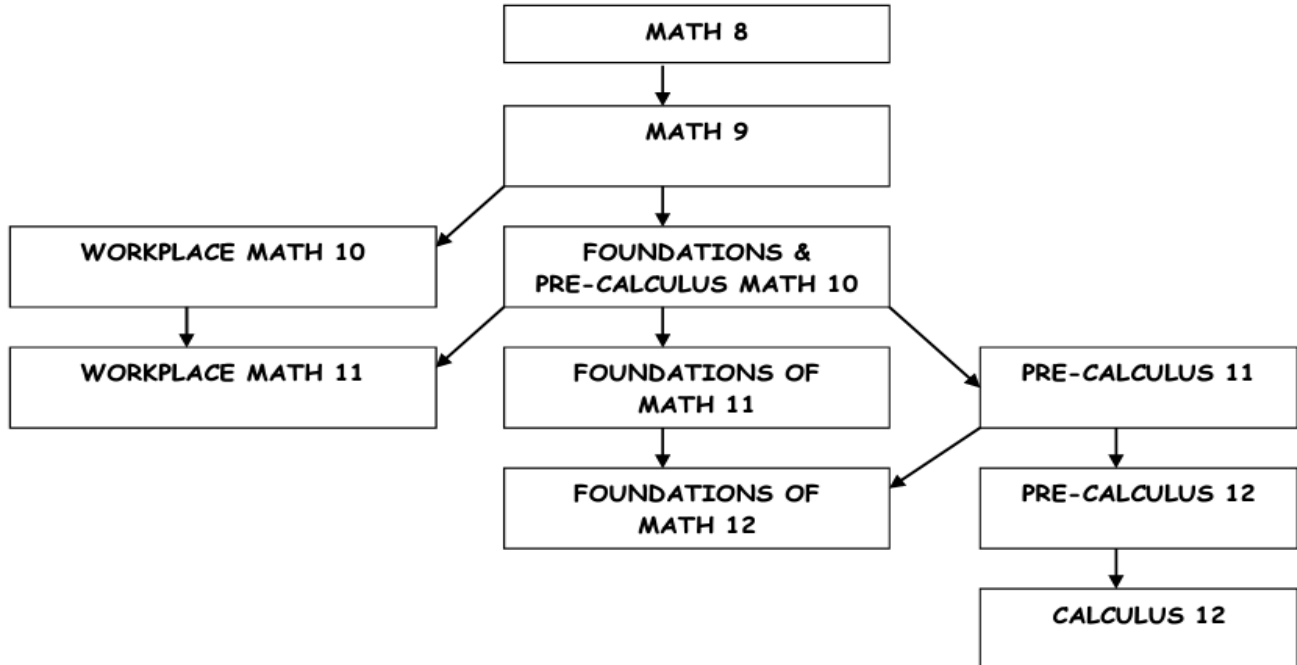
<p><b>English:</b> New Media 11 MNMD-11 4 Credits</p>	<p>New Media 11 is a program of studies designed to reflect the changing role of technology in today's society and the increasing importance of digital media in communicating and exchanging ideas. New Media 11 recognizes that digital literacy is an essential characteristic of the educated citizen. Coursework is aimed at providing students with a set of skills vital for success in an increasingly complex digital world by affording opportunities to demonstrate understanding and communicate ideas through a variety of digital and print media. Areas of focus include the following: Media and film studies, influence of media, documentaries in the digital age, journalism and publishing, analysis of poetry and song lyrics, analysis of digital communication including, blogging, writing for the web, writing for social media, and podcasting. Further, the analysis of print and digital media will be conducted to understand audience, bias, manipulation, and influence.</p>
<p><b>English:</b> Spoken Language 11 MSPLG11 4 Credits</p>	<p>This course is designed to support students in their development of spoken communication through processes of questioning, exploring, and sampling. The course builds students' spoken language competencies by introducing them to varied structures, forms, and styles of oral compositions and by providing opportunities for students to individually and collaboratively study, draft, and use language to create original pieces in a variety of modes. This area of choice will also provide students with opportunities for performance, storytelling, and public speaking.</p>
<p><b>Language Arts – Grade 12</b> <i>All Grade 12 Language Arts courses are 4 Credits each. Please select <u>one</u> of the two course options below in order to meet the English 12 Graduation Requirement.</i></p>	
<p><b>English:</b> English Studies 12 MENST12 4 Credits</p>	<p>This English Studies 12 course builds upon and extends students' previous learning experiences. It is designed for all students and provides them with opportunities to refine their ability to communicate effectively in a variety of contexts, to achieve their personal and career goals, to think critically and creatively about the uses of language, explore texts from a variety of sources, in multiple modes, and reflective of diverse worldviews. Students will also deepen their understanding of themselves and others in a changing world and gain insight into the diverse factors that shape identity. Students will learn to appreciate the importance of self-representation through text, contribute to Reconciliation by building greater understanding of the knowledge and perspectives of First Peoples and expand their understandings of what it means to be educated Canadian and global citizens.</p>
<p><b>English:</b> English First Peoples 12 MENFP12 4 Credits</p>	<p>This course will give students opportunities to examine prize-winning literature written by Indigenous authors in forms such as letters, stories, plays, novels, blogs, film, and podcasts. The course will require reading, writing, representing, listening, and speaking. There is no prerequisite for this course. <b>This course fulfills the Indigenous Graduation requirement.</b></p>
<p><b>Other Language Arts Electives - Available to all Grade 11 and 12 students</b> <i>*Note: the following electives <u>cannot</u> be used towards the English 12 Graduation Requirement credit.</i></p>	
<p><b>English:</b> Creative Writing 12 MCTWR12 4 Credits <b>*Language Arts Elective</b></p>	<p>Creative Writing 12 is designed for students who are interested in creating a body of work reflective of a sophisticated breadth and depth of skill. The course provides students with opportunities to specialize and publish in real-world contexts. Students engage in the exploration of personal and cultural identities, memories, and stories, in a wide range of genres. Within a supportive community, students will collaborate and develop their skills through writing and design processes, celebrating successes. Students will refine their ability to write in complex, controlled styles with effectiveness and impact.</p>
<p><b>English:</b> Literary Studies 12 MLTST12 4 Credits <b>*Language Arts Elective</b></p>	<p>Literary Studies 12 allows students to delve more deeply into literature through increasingly complex texts. Students can explore specific themes, periods, authors, or areas of the world through literary works (fiction and non-fiction) in a variety of media. Giving students the choice of a range of literary topics allows them to follow their passion and at the same time increase their literacy skills through close reading of appropriately challenging texts.</p>
<p><b>English:</b> New Media 12 MNMD-12 4 Credits <b>*Language Arts Elective</b></p>	<p>New Media 12 continues with features, tasks and texts of greater complexity and sophistication than New Media 11. This course is designed to reflect the changing role of technology in society and the importance of digital media in communicating and exchanging ideas. Digital literacy is an essential characteristic of the educated citizen. Coursework is aimed at providing students with a set of skills vital for success in a complex digital world by affording opportunities to demonstrate understanding and communicate ideas through a variety of digital and print media. Course focus includes Media and film studies, influence of media, documentaries in the digital age, journalism and publishing, analysis of poetry, song lyrics, digital communication including, blogging, writing for the web, writing for social media, and podcasting. The analysis of print and digital media will be conducted to understand audience, bias, manipulation, and influence.</p>

# MATHEMATICS

## Mathematics Pathway

Students and parents are encouraged to research the admission requirements for post-secondary programs of study as requirements vary by institution and by program within the institution. View the learning standards for senior mathematics courses using the following site:

<https://curriculum.gov.bc.ca/curriculum>



## Mathematics – Grade 10

To meet graduation requirements, please select at least one of the Math 10 courses below. Please refer to the Mathematics Pathway Diagram above to ensure you are selecting the Math course that supports your future post-secondary and workplace goals.

**Foundations of Math & Pre-Calculus 10**  
MFMP-10  
4 Credits

**Prerequisite:** Math 9 with a final mark of PRF (Proficient) or DEV (Developing) with recommendation. This course is designed to provide students with the mathematical understandings and critical-thinking skills identified for post-secondary studies in programs that may require the study of theoretical calculus. Topics covered are powers, polynomials and trinomial factoring, linear relations and equations, interpreting graphs, systems of linear equations, trigonometry, arithmetic sequences, and financial literacy.

**Workplace Math 10**  
MWPM-10  
4 Credits

**Prerequisite:** Math 9. This course is designed to provide students with the mathematical understandings and critical-thinking skills identified for entry into the majority of trades and for direct entry into the work force. Topics covered: metric & imperial system; linear measurement; perimeter and area; unit pricing and currency exchange; income; Pythagorean theorem; spatial reasoning; similar polygons; trigonometry; parallel and perpendicular lines/angles; and algebra.

## Mathematics – Grade 11

To meet graduation requirements, please select at least one of the following Math 11 or 12 courses listed below. Please refer to the Mathematics Pathway Diagram above to ensure you are selecting the Math course that supports your future post-secondary and workplace goals.

**\*Additional Math courses can be taken as electives.**

**Foundations of Math 11**  
MFOM-11  
4 Credits

**Prerequisite:** It is recommended that students considering Foundations of Math 11 have a final mark of 60% or higher in Foundations & Pre-Calculus Math 10. This pathway is designed to provide students with the mathematical understandings and critical thinking skills identified for post-secondary studies in programs that **do not** require the study of theoretical calculus. Topics covered in this course include: geometry, measurement, logical reasoning, quadratic functions and equations, systems of inequalities, statistics and probability.

<b>Pre-Calculus 11</b> MPREC11 4 Credits	<p><b>Prerequisite:</b> <i>It is recommended that students considering Pre-Calculus 11 have a final mark of 70% or higher in Foundations &amp; Pre-Calculus Math 10.</i> This pathway is designed to provide students with the mathematical understandings and critical thinking skills identified for post-secondary studies in programs that require the study of theoretical calculus (eg: Sciences and Engineering). Topics include powers, radicals, factoring, quadratic and rational functions and equations, trigonometry, inequalities, sequences and series, and financial literacy.</p>
<b>Workplace Math 11</b> MWPM-11 4 Credits	<p><b>Prerequisite:</b> <i>Math 10.</i> This pathway is designed to provide students with the mathematical understandings and critical thinking skills identified for entry into some trades or into the work force. Topics in WPM 11 include: geometry, measurement, algebra, financial mathematics, and interpreting graphs.</p>
<h2 style="margin: 0;">Mathematics – Grade 12</h2> <p style="margin: 0;"><i>Please refer to the Mathematics Pathway Diagram above to ensure you are selecting the Math course that supports your future post-secondary and workplace goals. <b>*Additional Math courses can be taken as electives.</b></i></p>	
<b>Foundations of Math 12</b> MFOM-12 4 Credits	<p><b>Prerequisite:</b> <i>FOM 11.</i> This pathway is designed to continue to provide students with the mathematical understandings and critical thinking skills identified for post-secondary studies in programs that <b>do not</b> require the study of theoretical calculus (eg: Business, Arts, Social Sciences and Nursing). Topics covered in this course include: financial mathematics, logical reasoning, relations and functions, and probability. Applied applications and research projects may be employed. <b>Please check with the post-secondary institution for program admission requirements to determine if this course meets the admission requirements for program eligibility.</b></p>
<b>Pre-Calculus 12</b> MPREC12 4 Credits	<p><b>Prerequisite:</b> <i>Pre-Calculus 11.</i> <i>It is recommended that students considering Pre-Calculus 12 have a final mark of 70% or higher in Pre-Calculus 11.</i> This course is a prerequisite for many college and university programs <i>that require the study of theoretical calculus (eg: Sciences and Engineering).</i> Topics include transformations, logarithms, exponentials, polynomials, rationals, trigonometry, and geometric series.</p>
<b>Calculus 12</b> MCALC12 4 Credits	<p><b>Prerequisite:</b> <i>Pre-Calculus 12.</i> <i>It is recommended that students considering Calculus 12 have a final mark of 70% or higher in Pre-Calculus 12 and are currently taking (or have already completed) Pre-Calculus 12.</i> This course will enable students to advance their mathematical skills to a university level. As such, Calculus 12 will introduce first year university topics such as limits, derivatives and integrals. This course is highly recommended for students pursuing a university degree in Science, Math or Engineering.</p>
<h2 style="margin: 0;">Courses continue on the next page...</h2>	

# SCIENCE

## Science – Grade 10

To meet graduation requirements, all Grade 10 students must take Science 10.

**Science 10**  
MSC--10  
4 Credits

**Prerequisite: Science 9.**

Science 10 continues to encourage students to build their understanding of the tools and processes used by scientists, while also developing personal questions that they can then answer using these tools. Content includes the function of DNA, energy changes through chemical processes, energy transformation and conservation within the environment and the origins of the universe.

## Science – Grade 11

To meet graduation requirements, please select at least one of the following Science 11 or 12 courses listed below. \*Additional Science courses can be taken as electives.

**Chemistry 11**  
MCH--11  
4 Credits

**Prerequisites:** minimum of 67% (C+) in **Science 10** and **Foundations & Pre-Calculus 10**.

Chemistry 11 offers a broad overview of many aspects of modern chemistry, with an emphasis on the application of mathematics to solve problems. It is a steppingstone to Chemistry 12, as well as to college or university science programs. Topics include measurement, symbols, chemical properties, the mole concept, chemical bonding, solution chemistry and organic chemistry. This course balances theoretical with experimental application within each unit. A strong background in mathematics is required due to the major emphasis on reasoning and mathematical problem-solving. A scientific calculator (non-graphing) is required.

**Life Sciences 11**  
MLFSC11  
4 Credits

**Prerequisite: Science 10.** Recommendation: It is recommended that students have achieved a C+ (67%) or better in Science 10 and have a functional mastery of English.

This is a comprehensive course surveying many of the major fundamental themes in Biology. The topics introduce students to a variety of biological skills and scientific processes. The study of Biology encompasses large numbers and forms of organisms. Life Sciences 11 focuses on the unity and diversity of living things, and the evolutionary and ecological relationships between them. A major component of the course is a series of labs based on a survey of living organisms with emphasis on form, function, and biological diversity. Taxonomy, classification of living things, and the process of evolution are recurrent themes in the study of unicellular organisms, plants and animals.

**Physics 11**  
MPH--11  
4 Credits

**Prerequisite: Science 10.** Recommendation: It is expected that students taking Physics 11 have achieved at least a C+ (67%) in Foundations & Pre-Calculus Math 10.

This is an introductory course in Physics, which explores natural phenomena including waves, motion, energy, gravitation, and optics. Relationships between quantities such as force, mass and acceleration are investigated through critical thinking and experiment. Physics 11 illustrates the connection between theory and its application to everyday situations. It is a pre-requisite for any academic and professional plans. An aptitude for problem solving and critical thinking with good mathematical and experimental skills are desirable. Pre-Calculus 11 should be taken prior to or concurrently with this course. A scientific calculator is required.

**Science for Citizens 11**  
MSCCT11  
4 Credits

This course is designed to provide students with the opportunity to examine how science impacts our daily health decisions. Some of the possible topics we may explore are: addictions, mental health, vaccines, how to access public health resources and benefits of living a healthy lifestyle. This course also examines how sciences can influence current and future employment opportunities. This section may include **WHMIS** and **Food Safe Training**. It will also force students to explore employment opportunities where they may need a science background (restaurant work, hair dressing, trades etc.). The final big idea in this course is encouraging students to examine sustainable practices that allow us to adapt to changes locally and globally.

## Science – Grade 12

To meet graduation requirements, please select at least one of the following Science 11 or 12 courses listed below. \*Additional Science courses can be taken as electives.

**Anatomy & Physiology12**  
MATPH12  
4 Credits

**Prerequisites: None,** however, it is **STRONGLY RECOMMENDED** that students have achieved a C+ (67%) or better in **Life Sciences 11** and have a functional mastery of English.

This course focuses on Human Biology. This course starts with learning about cell structure and biochemical processes and continues through to various human organ systems. This is a content heavy course and students will cover a great deal of material in a relatively short period. In order to be successful, students must be able to read at a high level, learn difficult concepts and assimilate a large amount of information. Students can expect course work daily.

<p><b>Chemistry 12</b> MCH--12 4 Credits</p>	<p><b>Prerequisites:</b> minimum of 67% (C+) in <b>Chemistry 11</b> and <b>Pre-Calculus 11</b>. Chemistry 12 is a senior science course that attempts to explain how these uncomplaining particles behave and why. The five major topics are: reaction kinetics, equilibrium, solubility, acids, bases &amp; salts and oxidation-reduction. You are expected to think deeply about many topics and will be dealing with questions which ask you to apply your knowledge to new situations. This course is designed to prepare the student for the standards and content of university level Chemistry and Biochemistry. Hence, the standards and expectations found in this course are similar to those in a university introductory Chemistry course. As Chemistry 12 has a substantial emphasis on applying mathematics to problem situations, students should have completed Math 11 prior to taking this course. Part of this course is spent doing laboratory work, so good lab skills learned in Chemistry 11 are important. Attendance for these labs is critical to success in Chemistry 12. A scientific (non-graphing) calculator is required.</p>
<p><b>Environmental Science 12</b> MEVSC12 4 Credits</p>	<p>Environmental Science 12 explores interactions between humans and the natural environment. Ecology, sustainability land and resource management are explored in a framework of environmental conservation and sustainability. Tools used to measure the natural environment will be introduced, environmental data will be analyzed, and trends will be examined. The following main ideas will be covered:</p> <ul style="list-style-type: none"> <li>• Water quality - importance of clean water and human impact on water quality</li> <li>• Climate change - human contributions and potential future consequences</li> <li>• Land use - soil science and food security</li> <li>• Sustainable living - potential impacts of individual and social decisions on the environment</li> </ul> <p>The concepts of this course will be related to practical examples and applications. Critical thinking and problem solving, both individually and in small groups, will be used to examine environmental issues. Scientific processes and data analysis will be introduced to extract trends from environmental data. How personal actions impact greenhouse gas emissions and global climate change will be discussed as part of broader conversations about ecology, sustainability and stewardship.</p>
<p><b>Physics 12</b> MPH--12 4 Credits</p>	<p><b>Prerequisite: Physics 11 and Pre-Calculus 11.</b> Physics 12 is an extensive study which develops analytical skills and concepts needed to understand and analyze diverse natural phenomena. Included among these are vector and trigonometric analysis, investigation of projectile motion, Newtonian physics, analysis of force in common situations, electric circuits, electrical and magnetic fields, circular motion, acceleration, equilibrium, energy, and power and momentum. Laws of physics are applied in two dimensions. This course is best suited to students who have strong academic ability and have an interest in application of these skills through experimental work and problem solving. Physics 12 is of particular importance to those who will be pursuing further studies in physical sciences and related technologies for a professional career. This is an academically rigorous course, which is appropriate for students who have achieved at least a minimum of 67% (C+) in Physics 11 and Pre-Calculus Math 11. A scientific calculator is required for this class.</p>
<p><b>Specialized Science:</b> Health Sciences 12 MSPSC12 4 Credits</p>	<p><b>Prerequisite: Science 10; Open to both Grade 11 and 12 Students.</b> Students seeking a career in the Health Sciences will have an opportunity to explore the many careers available within the discipline, while also preparing for the post-secondary educational demands that come with each one. A majority of the course will be an introduction to the field of Kinesiology – covering topics such as anatomy, physiology, sport sciences, fitness, injury prevention/rehabilitation, nutrition, and contemporary issues in health. Students will also receive valuable preparation to enter any of the fields within the realm of medicine. Field trips and guest speakers will be part of the course, based on availability. Fees will also be charged by the activity. <b>This course meets the Science 11/12 requirement for graduation.</b></p>
<p><b>Specialized Science:</b> Astronomy 12 MSPSC12AST 4 Credits</p>	<p><b>Prerequisite: Science 10; Open to both Grade 11 and 12 Students.</b> Have you ever looked up at the sky and wondered what is out there beyond our atmosphere? If you are interested in stars, planets, galaxies, or just space in general, this course is for you. This course will cover stars, galaxies, the solar system, space exploration, Earth's unique features, and the origin of the universe. This course meets the Science 11/12 requirement for graduation.</p>
<p><b>Courses continue on the next page...</b></p>	

# SOCIAL STUDIES

## Social Studies – Grade 10

*To meet graduation requirements, all Grade 10 students must take Social Studies 10.*

### Social Studies 10

MSS--10

4 Credits

Social Studies 10 will look at four major themes throughout that will focus on the time period from 1919 to present day in both Canada and the world. Firstly, it will focus on global and regional conflicts and their role in shaping the contemporary world. This course will also study how the development of political institutions is influenced by various factors and how world views lead to different perspectives and ideas in our own Canadian society. Lastly, the course will investigate historical and contemporary injustices that will challenge our thoughts of Canada as an inclusive and multicultural society. Social Studies 10 will use inquiry processes and skills that will teach students to gather, interpret and analyze information and be able to communicate those findings.

## Social Studies – Grade 11

*To meet graduation requirements, students must select one Grade 11 or Grade 12 Social Studies course.*

*\*Please Note: students may choose any Social Studies 11 course as a Grade 11 credit and as electives once the Social Studies 11 graduation requirement is met.*

### Exploration in Social Studies 11

MEPSS11

4 Credits

Students will be offered a sampler of topics from a wide range of senior level Social Studies courses. Some of these areas include: Law Studies 12, Social Justice 12, Contemporary Indigenous Studies 12, Comparative Cultures 12, Political Studies 12, 20th Century World History 12, Physical and Human Geography 12, and Genocide Studies 12. This course will enable students to relate their learning in school to their social duties and expectations, enhance their sense of membership in society and increase their ability to take more active roles as citizens of Canada and the world. This course meets the SS 11/12 requirement required for graduation. **This course meets the SS 11/12 requirement required for graduation.**

## Social Studies – Grade 12

*To meet graduation requirements, students must select one Grade 11 or Grade 12 Social Studies course.*

*\*Please Note: students may choose any Social Studies 12 course as a Grade 11 credit and as electives once the Social Studies 12 graduation requirement is met.*

### 20th Century World History 12

MWH--12

4 Credits

20th Century World History 12 is largely the study of the 1900s. Students taking this course will learn about and discuss global conflicts from 1919 on, such as World War I and II, the Russian Revolution, the Cold War, tensions in the Middle East, and selected regional disputes like the Korean War, Vietnam, and the Chinese Civil War. Larger themes discussed are nationalism, imperialism, colonialism, and the evolution of conflicting political philosophies. The focus is on social history, the movements and migrations of peoples, and the impacts of new and evolving technologies over time. The topics covered are intended to provide students with an appreciation for historical perspective, bias, and the complicated nature of international relations. **This course meets the SS 11/12 requirement and may also be used as a Grade 12 level course.**

### Comparative World Religions 12

MWRL-12

4 Credits

Comparative World Religions 12 explores mythology, religion, and spirituality. Unearthing ancient to modern mythological and religious beliefs and practices, students will come to understand the evolution of institutionalized religion. From sacred texts and traditions to unsolved mysteries and aliens, Comparative World Religions will delve into the origins of belief and attempt to rationalize the politics and persuasive forces that saw it become such a powerful force in humans' lives. If you're interested in totemism, paganism, Ancient Greek and Roman deities, or perhaps the explosion of religious conflict in the modern era, Comparative World Religions is for you. **This course meets the SS 11/12 requirement and may also be used as a Grade 12 level course.**

### Contemporary Indigenous Studies 12

MINST12

4 Credits

This course focuses on the diversity, depth, and integrity of the cultures of Indigenous peoples. Students will learn how the identities, worldviews, and languages of indigenous people are renewed, sustained, and transformed through their connection to the land. The lingering effects of colonialism and the movement towards reconciliation and self-determination will be key themes. The course provides an opportunity for students to acquire knowledge and understanding of the traditions, history, and present realities of Indigenous peoples, as well as a chance to consider future challenges and opportunities. The identities, worldviews, and language of indigenous peoples are renewed, sustained, and transformed through the connection to the land, indigenous peoples are reclaiming mental, emotional, physical, and spiritual well-being despite the continuing effects of colonialism, indigenous peoples continue to advocate and assert rights to self-determination, and reconciliation requires all colonial societies to work together to foster healing and address injustices. **This course meets the SS 11/12 requirement and may also be used as a Grade 12 level course.**

**Courses continue on the next page...**

<p><b>Genocide Studies 12</b> MGENO12 4 Credits</p>	<p>Genocide is defined as the <i>intentional</i> destruction of peoples and their cultures. In this course, students will examine the defined 10 steps of genocide, and gain an understanding that genocides develop out of the political, social, and cultural conditions that exist over time. Topics in the course could include acts of mass violence and atrocities in different global regions, recognition of and responses to genocides, and strategies used to commit genocides. Given the appalling nature of genocide, this course will include material that may be emotionally and/or psychologically challenging for students. <b><i>This course meets the SS 11/12 requirement and may also be used as a Grade 12 level course.</i></b></p>
<p><b>Law Studies 12</b> MLST-12 4 Credits</p>	<p>This course will provide you with an understanding of the various types of law governing the legal rights and obligations of individuals and groups in our society. Students will also learn about the structure of the court system and observe cases. Units in this course include an introduction to law, the Charter of Rights and Freedoms, criminal law, family law, torts and contract law. Topics of focus will be areas of law that affect your life. Learning activities will include reading, case studies, research assignments, presentations and community resource speakers. <b><i>This course meets the SS 11/12 requirement and may also be used as a Grade 12 level course.</i></b></p>
<p><b>Philosophy 12</b> MPHIL12 4 Credits</p>	<p>Philosophy will make you question everything, even your own being! Philosophy is a discipline that examines the fundamental nature of knowledge, reality, and existence. Philosophy allows people to question their assumptions and better understand their own beliefs. From great thinkers in their own time, to modern philosophers, the course will engage the mind and challenge students to explore concepts, theories, and ideologies. This course meets the SS 11/12 requirement and may also be used as a Grade 12 level course.</p>
<p><b>Physical Geography 12</b> MPGEO12 4 Credits</p>	<p>Geography is a discipline that integrates multiple subjects and addresses both the physical and human created systems of the world in the study of people, places and environments. As the ever-increasing world population puts more and more demands on the planet's resources, there is a need for a society that is geographically literate and therefore able to make informed decisions about the sustainability of the earth's resources and the future of the planet. Students in this assignment and project-based course will have the opportunity to expand their understanding of how geography happens! <b><i>This course meets the SS 11/12 requirement and may also be used as a Grade 12 level course.</i></b></p>
<p><b>Political Studies12</b> MPLST12 4 Credits</p>	<p>Political Studies 12 explores local and global politics and international decision-making. Students will explore and evaluate a variety of political systems and political decision-making of the past and present. Exploring Canadian, Canadian First Peoples', and international politics, students will evolve a greater understanding of how political systems work and conflict with one another. Active citizenship and democratic decision-making are key aspects of living in a democracy like Canada. Students will evolve an understanding of our citizenship, and our political system in the face of others, and gain greater insights into the world of international power and diplomatic relations. <b><i>This course meets the SS 11/12 requirement and may also be used as a Grade 12 level course.</i></b></p>
<p><b>Social Justice12</b> MSJ--12 4 Credits</p>	<p>Develop ethical reasoning skills as you explore issues of oppression and injustice in a Canadian and Global context. You will be asked to define personal and social responsibility when examining oppression based on ability, age, ethnicity, religion, sex, sexual orientation, socio-economic status, martial and family status. You will analyze both the causes and consequences of injustice and explore viable solutions by understanding how social change has occurred in the past. Challenge yourself to become an ethical, socially responsible global citizen. This is a case study and research-based course. There is no final exam, but a final action project will be required of all students taking this course. <b><i>This course meets the SS 11/12 requirement and may also be used as a Grade 12 level course.</i></b></p>
<p><b>Sports History 12</b> YSSC-2B 4 Credits</p>	<p>Sports play a large role in contemporary society worldwide. However, few of us pause to think about the larger questions of money, politics, race, sex, culture, and commercialization that surround sports everywhere. This course draws on the tools of history, anthropology, sociology, and other disciplines to give you new perspectives on the games we love to watch and play. This course will also explore six major units: The Olympic Games; the Rise of Professional Sports; Globalization of Sport/Race/Politics; Business of Sports; NCAA Scholarships – Student vs Athlete; and finally, how Sports influence popular culture. This course is open to grade 11 students also. <b><i>Elective course only. This course does not meet the SS 11/12 requirement.</i></b></p>
<p><b>Courses continue on the next page...</b></p>	

# PHYSICAL AND HEALTH EDUCATION

## Physical and Health Education – Grade 10

To meet graduation requirements, all Grade 10 students must take one of the following Physical and Health Education Courses. All Physical and Health Education Courses are Co-Ed.

*\*Please Note: Course fees may apply.*

<p><b>Physical and Health Education 10</b> MPHED10 4 Credits <b>*Graduation Requirement</b></p>	<p>PHE provides opportunities for students to experience a variety of recreational pursuits and activities that promote lifelong, healthy living. The course has four main themes: Physical Literacy, Healthy and Active Living, Social and Community Health, and Mental Well-Being. The Physical and Health Education (PHE) curriculum aims to empower students to develop a personalized understanding of what healthy living means to them as individuals and members of society in the 21st century. The PHED curriculum focuses on well-being — the connections between physical, intellectual, mental, and social health. This approach aligns with those of jurisdictions across Canada and throughout the world to promote a deeper and more holistic understanding of overall health and well-being in students. The PHE curriculum highlights the interconnections between an individual's health well-being, the connections between physical and mental health, the importance of positive interpersonal relations, and how interactions with the community affect overall well-being. Also, the PHE curriculum aims to develop students who have the knowledge and confidence to promote their own health and well-being by maintaining healthy habits. The goal is for students to recognize and change unhealthy behaviours and, at the same time, advocate for the safety, health, and well-being of others. Commitment and regular attendance are required for anyone taking this course. <b><u>Gym Strip is required.</u></b></p>
<p><b>Sports Performance 10</b> YHRA-1C 4 Credits</p>	<p>Common in the world of amateur and professional sports today, athletes are engaging in training methods prior to, during and after their seasons, to enhance their physical and mental abilities. Athletes are re-educating themselves with techniques, methods, and proper nutrition to complement the skill-specific training of their respective sport(s). The following units will be introduced: Speed and Agility, Strength and Power, Aerobic and Anaerobic conditioning, Sport Nutrition, and Mental Training. Although this course does not follow the specifics of any single sport, students can apply learning to any sport in which they participate. The goal of this course is to help students enhance and maximize performance. A strong commitment and regular attendance are required for anyone taking this course.</p>

## Physical and Health Education – Grades 11 & 12

*All Physical and Health Education Courses are Co-Ed.*

*\*Please Note: Physical and Health Education Courses may have course fees that apply.*

<p><b>Active Living 11 &amp; 12</b> MACLV11 MACLV12 4 Credits</p>	<p>Active Living provides opportunities for students to experience a variety of recreational pursuits and activities that promote lifelong, healthy living. The course has three main themes: Health and Well-Being, Safety, and Participation. The curriculum aims to empower students to develop a personalized understanding of what healthy living means to them as individuals and members of society in the 21st century. The PHE curriculum focuses on well-being — the connections between physical, intellectual, mental, and social health. Students will explore and discover enjoyable recreational activities and team sports that will motivate them to a lifelong commitment to regular physical activity. Students will develop knowledge and confidence to plan, organize, and safely participate in a variety of physical activities. Students will also become skilled at a variety of injury prevention and management techniques or strategies. Commitment and regular attendance are required for anyone taking this course.</p>
<p><b>Fitness &amp; Conditioning: Active for Life 11/12</b> MFTCD11AFL MFTCD12AFL 4 Credits</p>	<p>This Active for Life course emphasizes your overall well-being and promotes a healthy lifestyle. The course will focus on a more individualized approach and will include a selection of activities like Aerobics, Ball, Pilates, Hiking, Strength training, Yoga, Community exploration, Power Pacing, etc. Students will learn to maintain and improve personal fitness and mental well-being through participation, goal setting, and developing an understanding of the various components of fitness. Classes may tour fitness facilities in the community and have specialty instructors brought in as guests.</p>
<p><b>Human Performance 11/12</b> MFTCD11-HP YHRA-2C 4 Credits</p>	<p>This course is for the more focused, self-motivated, and elite student athlete interested in taking their athletic performance to the next level. It is usually taken as a follow up to <b>Sports Performance 10</b>. Students will take their goals from health-related to performance-related by training with specific physical, mental, and emotional techniques, and strategies. Students will learn more about the physiology of their bodies and prepare themselves for possible participation in higher-level and/or post-secondary athletics. Training will be in the areas of Speed and Agility, Strength and Power, Aerobic and Anaerobic conditioning, Sport Nutrition, and Mental Training. This course will also include enrichment activities which will take place in various venues throughout the community. A strong commitment and regular attendance are required for anyone taking this course.</p>

# CAREER EDUCATION

## Career Education – Grade 10

*To meet graduation requirements, all Grade 10 students must take Career-Life Education 10.*

### **Career-Life Education 10**

MCLE-10

4 Credits

Career Education now joins the traditional subject areas as a core requirement for graduation. Career Life Education 10 (**CLE 10**) provides four credits of the required eight credits towards graduation. This course asks students “Where do you want to go?” and provides them with the resources and time to discover and explore their goals as part of their career education graduation program. Students engage in studies of self-awareness designed to uncover interests and passions so they may link them to potential career paths. Students will identify and build the skills necessary for success in the 21<sup>st</sup> century while considering local and global labour market trends. Students will also learn aspects of budgeting and personal finance management to allow them to successfully manage their money after secondary school. Career Life Education should not be seen as a single stand-alone course, but as part of a graduation career education program. This program approach allows students in CLE 10 to start working on the Career Experience hours and Capstone Project components of the Career Life Connections 12 course.

## Career Education – Grade 11 or 12

*To meet graduation requirements, all Grade 12 students must take Career-Life Connections 12.*

### **Career-Life Connections 12**

MCLC-12

4 Credits

As with Career Life Education, this course is divided into the themes of self-awareness, building career skills, career knowledge and awareness, and career and life planning with the aim to extend that learning into the experiential realm. Students in CLC 12 build on earlier learning in the four themes of career education as they complete 30 career experience hours and a capstone project. The presentation of the capstone project is a culminating experience of this program and an opportunity to experience the learning journey with friends, family, community, post-secondary and career mentors. The capstone project becomes a bridge connecting the public-school experience with post-secondary ambitions.

**Courses continue on the next page...**

# LANGUAGES

## French – Grades 10, 11, 12

*Students have the option of taking a Modern Language Course. Please refer to the post-secondary institution admission requirements as some institutions require a language at the Grade 11 or 12 level for entrance.*

<p><b>French 10</b> MFR--10 4 Credits</p>	<p><b>Prerequisite: French 9 or teacher's assessment that a sufficient level of French 9 has been achieved.</b> Students will continue to develop the four language skills of listening, speaking, reading and writing using a communicative/experiential approach encouraging students to interact in meaningful situations. At the French 10 level there will be emphasis on more advanced communications skills and spoken work. A rich cultural component is integrated throughout the program. Some possible themes include: holidays, Paris, France, daily life, sports and leisure and countries of Northern Africa.</p>
<p><b>French 11</b> MFR--11 4 Credits</p>	<p><b>Prerequisite: Core French 10 or teacher's assessment that sufficient level of French 10 has been achieved.</b> Students will continue to expand the four language skills of listening, speaking, reading and writing within the context of meaningful situations. Demonstrations of advanced grammatical structures and oral communication will be the major emphasis of this course. Exposure to creative works and the study of French cultural customs, both in Canada and around the francophone world, will enhance students' ability to communicate. Some possible themes include: The Francophone world, travel, famous French people and contemporary France.</p>
<p><b>French 12</b> MFR--12 4 Credits</p>	<p><b>Prerequisite: Core French 11.</b> This course is a further expansion of the four language skills developed in French 11. Students in French 12 are asked to challenge themselves to speak French as much as possible in the classroom. They will be expected to use a wide variety of useful vocabulary and idiomatic expressions in past, present and future tense, both in speech and writing. Students will also read and analyze relevant information from authentic documents and respond to them in both speech and writing. Some possible topics covered include: school life, the arts, the work world, travel, technology, French history and French Africa. At the completion of Core French 12 students should be able to communicate effectively and be prepared for post-secondary requirements.</p>

## Spanish – Grades 10, 11, 12

*Students have the option of taking a Modern Language Course. Please refer to the post-secondary institution admission requirements as some institutions require a language at the Grade 11 or 12 level for entrance.*

<p><b>Introductory Spanish 11</b> MBSP-11 4 Credits</p>	<p>This course is an introduction to the Spanish speaking world, its language and customs. Emphasis is on listening, speaking, reading and writing, using language and developing skills for future study and travel. Regular attendance, a determination to memorize vocabulary and language patterns, and a positive attitude toward learning are essential for success in this course. There are regular quizzes and a written and oral test at the end of each unit.</p>
<p><b>Spanish 11</b> MSP--11 4 Credits</p>	<p><b>Prerequisite: Beginner's Spanish 11 (C+ or better on final mark is recommended).</b> This course continues where Intro Spanish 11 ends with increasing emphasis on writing, conversation, short stories and grammar, as well as Spanish culture study. There are regular quizzes as well as a written and oral test at the end of each unit.</p>
<p><b>Spanish 12</b> MSP--12 4 Credits</p>	<p><b>Prerequisite: Spanish 11.</b> This course teaches students to use their communication skills to cope in common situations as well as unexpected ones, such as losing a passport, etc. Students are asked to challenge themselves to speak only Spanish in the classroom. Using 'Dos Mundos' learning resources, students will learn more verb tenses, work on small projects, take regular unit tests and quizzes, as well as discuss Spanish speaking culture.</p>

## Secwepemctsin – Grades 10, 11, 12

*Students have the option of taking a Modern Language Course. Please refer to the post-secondary institution admission requirements as some institutions require a language at the Grade 11 or 12 level for entrance.*

<p><b>Secwepemctsin 10, 11, 12</b> MSWP-10 MSWP-11 MSWP-12</p>	<p>This course will be of special interest to senior students who want to complete their second language credit with Secwepemctsin Language. Students will not only learn and practice their oral language skills, but they will also learn about Secwepemctsin culture and about Secwepemctsin communities and their histories and traditions. Students will enhance their Secwepemctsin vocabulary and sentence development, participate in conversations, and begin to learn how to write the Secwepemctsin Language.</p>
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**Courses continue on the next page...**

# ADST (APPLIED SKILLS) – ELECTIVE COURSES

## BUSINESS EDUCATION

### Business Education – Applied Skill (ADST) – Grade 10

*\*Please Note: Course fees may apply.*

**Entrepreneurship & Marketing 10**  
MADEM10  
4 Credits

This is an introductory course in which students study how an economy operates. Students will learn about key events in the history of money, banking, budgeting, supply and demand, investment comparison, taxation, and currency value. In addition, students will learn how to effectively manage their own finances. Topics covered will include stocks, credit cards, basic accounting and financial planning skills. This is an excellent course designed for students preparing for work in the world of business or for those just wanting to learn how to manage their own finances and become informed consumers.

### Business Education – Applied Skill (ADST) – Grades 11 & 12

*\*Please Note: Course fees may apply.*

**Accounting 11**  
MAC--11  
4 Credits

This course is designed as an introduction to accounting concepts for those seeking entry-level employment skills or personal skills in basic accounting. Students gain an insight into the financial problems and solutions that benefit entrepreneurial and professional careers. Topics covered include: Changes in accounting equation, concepts in accounting-balance sheets and accounting equations, end of period reports, Journalizing and posting to a ledger, and using accounts and journals to keep track of changes caused by business transactions. Computer skills are desirable for this course.

**Accounting 12**  
MAC--12  
4 Credits

**Prerequisite: Accounting 11.** This course is designed for students who plan a career in accounting, business management or a related field. It expands on the fundamentals covered in Accounting 11. The emphasis is on practical accounting. Projects that are similar to everyday accounting procedures and problems will be completed. Some topics covered include: Inventory control, accounts receivable and payroll.

**Business Computer Applications 12**  
MBCA-12  
4 Credits

This course focuses on developing advanced skills in word processing, spreadsheets, presentation and graphics. Create websites for small businesses and learn to manipulate financial data. This course will assist in giving you the tools that you will need for business communications. This is a hands-on class where you work individually most of the time. All work is completed during class.  
Software: Google/Microsoft (Word, Excel, Access, PowerPoint), Desktop Publishing Software, Photo Editing and Website Design

**Entrepreneurship 12**  
MENT-12  
4 Credits

This course is designed to give students insight into what is involved in creating and managing a business. The need for creativity and communication is very important and is explored in-depth. Students will be required to do market research on a number of products in addition to creating a personal Venture Profile. Students will work with partners, or as a single entrepreneur, to organize, develop and implement a business plan to be utilized as a "Real In-School Venture."

**Courses continue on the next page...**

# INFORMATION & COMMUNICATIONS TECHNOLOGY

## Information & Communication Technology – Applied Skill (ADST) – Grade 10

*\*Please Note: Course fees may apply.*

<p><b>Media Design 10</b> MMEDD10 4 Credits</p> <p><b>*Yearbook</b></p>	<p>Grade 10, 11 and 12 students will be responsible for the layout of the school yearbook. Students will take photographs, sell ads to local businesses, and design advertisements. Grade 12 students will have more responsibility. Responsibilities include: photography outside class time; major layout creations; <b>Gimp</b> work; and a higher expectation of quality and dedication to specific assigned tasks. Senior students will help mentor the junior, inexperienced students. Students must be mature, self-motivated, organized and responsible. <b>This course may operate as an after-school club. 4 credits will be assigned once the student completes 90 hours of service.</b></p>
<p><b>Computers Studies 10</b> MCSTU10 4 Credits</p>	<p>This course will explore a variety of topics in modern computing including computer programming, 3D modeling/animation, and video game design. You will complete a variety of projects to introduce you to the skills and tools in each of these areas. At the end of this course, you will be prepared for senior computer courses taught at Sa-Hali Secondary.</p>

## Information & Communication Technology – Applied Skill (ADST) – Grades 11 & 12

*\*Please Note: Course fees may apply.*

<p><b>Media Design 11, 12</b> MMEDD11 MMEDD12 4 Credits</p> <p><b>*Yearbook</b></p>	<p>Grade 10, 11 and 12 students will be responsible for the layout of the school yearbook. Students will take photographs, sell ads to local businesses, design of advertisements. Grade 12 students will have more responsibility. Responsibilities include: photography outside class time; major layout creations; <b>Gimp</b> work; and a higher expectation of quality and dedication to specific assigned tasks. Senior students will help mentor the junior, inexperienced students. Students must be mature, self-motivated, organized and responsible. <b>This course may operate as an after-school club. 4 credits will be assigned once the student completes 90 hours of service.</b></p>
<p><b>Computer Science 11</b> MMACS11 4 Credits</p>	<p><b>Previous completion of Computers 10 recommended.</b> During this course you will learn the fundamentals of computer programming and how to use computer programs to solve a variety of problems. You will re-discover mathematical concepts through the lens of Computer Science, providing you with a deeper understanding of many numerical methods and techniques. This course bridges the gap between the theory and application of mathematics in the context of computational problem solving. <b>This course credit may be used to fulfill the Math 11 graduation requirement.</b></p>
<p><b>Computer Science 12</b> MMACS12 4 Credits</p>	<p><b>Previous completion of Computer Science 11 recommended.</b> This course builds on the fundamentals established in Computer Science 11 but has a greater focus on data structures, memory management and program efficiency. <b>This course credit may be used to fulfill you Math 11 graduation requirement.</b></p>
<p><b>Computer Animation 11</b> MMEDD11CA 4 Credits</p>	<p>Learn the fundamentals of 3D modeling and animation. In this course you will learn the tools and principles associated with computer animation. Explore how physics, mathematics and art all integrate in the generation of realistic 3D animation. You will generate several models and videos during your time in this course with the final goal of creating your own unique animated short movie.</p>
<p><b>Computer Animation 12</b> MMEDD12CA 4 Credits</p>	<p><b>Previous completion of Computer Animation 11 recommended.</b> This course allows students to learn an industry-standard animation tool in addition to learning tools of their choice with the aim of creating 3D animated stories/simulations. Students will learn advanced modeling techniques and develop resources that assist others in developing their own skills. By the end of the course students will have created a number of 3D modeled scenes in addition to a handful of short to mid-length animation projects. There will be more focus on project management and efficient animation techniques than in Digital Animation 11</p>
<p><b>Video Game Maker 11</b> YCCT-1B 4 Credits</p>	<p>This course focuses on teaching programming fundamentals through a game engine. Students will learn how to program in a professional coding environment, implement digital art/animation and design games. At the end of the course, most students will have designed and built at least three games and have confidence with a variety of technologies that can be used to program and create digital media.</p>
<p><b>Video Game Maker 12</b> YCCT-2B 4 Credits</p>	<p><b>Previous completion of Video Game Maker 11 recommended.</b> This course gives students the opportunity to both learn a fundamental programming language and develop skills in a programming language of their choice, in the context of building video games. In addition to some semi-structured projects, students will be given the opportunity to build a game of their own design, in the engine of their choice, from the ground up. There will be more focus on project management and proper coding practice than in Computer Programming 11.</p>

# HOME ECONOMICS

## Home Economics – Applied Skill (ADST) – Grade 10

*\*Please Note: Course fees may apply.*

<b>Foods Studies 10</b> MFOOD10 4 Credits	Foods Studies 10 is an exciting practical course with an emphasis on helping students understand the significance of food, principles of nutrition, and the relationship to your health and well-being. Students will enjoy nutritious soups, macaroni and cheese, calzones and quinoa bowls to name a few tasty foods. You will prepare many kinds of foods and learn a variety of food preparation skills that will help you throughout your lifetime.
<b>Textiles 10</b> MTXT-10 4 Credits	This is a course for students who want to develop their sewing skills and techniques. Students will learn how to read and interpret pattern directions. They will have project choices according to their sewing level. Some examples may include: PJ Pants, Creative Monster Project, Tote Bags and Bucket Hats. The cost of the course will be determined by the student's choice of patterns and fabrics.

## Home Economics – Applied Skill (ADST) – Grades 11 & 12

*\*Please Note: Course fees may apply.*

<b>Foods Studies 11/12</b> MFOOD11 MFOOD12 4 Credits	There are two themes that alternate over two consecutive years for Senior Foods. The first theme is Classic Foods which includes popular foods prepared using culinary techniques and a wide variety of ingredients. Students will learn more about nutritious foods and the effects they have on the body. Explore eating local and experience a local farm tour in this course. Create your own food truck in a special project. The second theme is an International Foods course. In this course, you will enjoy the creative, complex flavours of International Foods. You will explore regional specialties, culinary customs, and holiday fare of various countries around the world. Prepare yourself for a culinary adventure. Popular foods will be prepared using new techniques and a wide variety of ingredients and flavours. Learn more about nutritious foods and the effects they have on your body. Explore eating local and experience a local farm tour in this course. Come and satisfy your longing for travel and savour the foods of the world.
<b>Textiles 11/12</b> MTXT-11 MTXT-12 4 Credits	Explore the world of fashion and sustainability. Areas of study include more challenging and difficult patterns according to student sewing levels. Seasonable craft items that may be made: Christmas stockings, Hallowe'en creatures for display or making hats and gloves for the homeless. The fashion industry, sustainable fabrics and mending techniques will be studied. The cost of the course will be determined by the student's choice of patterns and fabrics.

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# SOCIAL SCIENCES

## Psychology: Family & Society (ADST) & Biopsychology (BAA) Grades 10, 11, 12

*\*Please Note: Course fees may apply.*

**Psychology 10:  
Family & Society 10**  
MFAMS10  
4 Credits

**Psychology 11:  
Biopsychology**  
YPSYC1A  
4 Credits

**Psychology 12:  
Biopsychology**  
YPSYC1A  
4 Credits

**Psychology 10/11/12** are designed to introduce the student to material that would normally be covered in a first-year psychology survey course, while giving the student the opportunity to determine whether a career in psychology, education, or human services might be for them. Sa-Hali Secondary's psychology course offerings run on a three-year program. Meaning that students can take psychology for three consecutive years and earn credit for the psychology course based on the current grade they are in: students taking Psychology 10 – Family and Society 10, will earn credit for Psychology 10; students in grade 11 will earn credit for Psychology 11; and students in grade 12, will earn credit for Psychology 12.

Three-year topic rotation:

**Year One Topics:** Will focus on the science of psychology as well as the biology of behaviour. Topics of student include history and theory, research methods and design, motivation and emotion, sleep and dreams as well as gender and sexuality. Students will have the opportunity to take home a computerized baby.

**Year Two Topics:** Will focus on biological aspects of behaviour as such topics of study include history and theory, brain, body and behaviour, sensation and perception, mental illness, and treatment. Students will have the opportunity to take home a computerized baby.

**Year Three Topics:** Will focus on human development as topics of study including history and theory, infancy and childhood, adolescence, adulthood and aging and personality. Students will have the opportunity to take home a computerized baby.

**Courses continue on the next page...**

# TECHNOLOGY EDUCATION

## Technology Education – Applied Skill (ADST) – Grade 10

*\*Please Note: Course fees may apply.*

<p><b>Metalwork 10</b> MTMET10 4 Credits</p>	<p>Everyone is welcome in Metalwork 10. No previous experience is necessary. The metal shop is a warm, inclusive, respectful and safe place for students to learn, explore and be creative. This course teaches you everything you need to know to safely and confidently use hand tools and machine tools to design and build your own projects. Beginner students will start with a predetermined project so they can learn basic metalworking skills. They will then be able to design projects of their own choosing. Experienced students will be able to begin designing their own projects much sooner as they already have the basic metalworking skills from previous classes.</p>
<p><b>Power Technology 10</b> MTPOW10 4 Credits</p>	<p>This power mechanics course focuses on making projects that can be legally ridden after completion like powered drift trikes etc. Students learn to safely use hand tools and machine tools to design and build their own projects. Students are thoroughly trained to work safely and confidently. No prior experience is needed as the class accommodates students of any skill level. Students can work in groups or as individuals. Students have the option of building their own ride-on project to keep. Alternatively, students can be a team member to help build someone else's project with them if they do not wish to pay for and keep the project for themselves. Basic theory of small engines, gearing, braking, speed, horsepower and torque will be included.</p>
<p><b>Woodwork 10</b> MWWK-10 4 Credits</p>	<p>This course is intended for students who enjoyed woodwork in Grades 8 and 9 and would like to further explore the creative and technical aspects of woodwork with greater freedom of choices. Students will be allowed to choose to work on projects independently or in small groups. Safety, creativity and the development of self-confidence will be emphasized through project construction using mainly power tools. This course is an asset to those students who may be interested in pursuing a career in wood technology but is equally intended for those students interested in learning a creative and pleasurable activity or hobby.</p>

## Technology Education – Applied Skill (ADST) – Grades 11 & 12

*\*Please Note: Course fees may apply.*

<p><b>Metalwork 11</b> MTMET11 4 Credits</p>	<p>Everyone is welcome in Metalwork 11. No previous experience is necessary. The metal shop is a warm, inclusive, respectful and safe place for students to learn, explore and be creative. This course teaches you everything you need to know to safely and confidently use hand tools and machine tools to design and build your own projects. Beginner students will start with a predetermined project so they can learn basic metalworking skills. They will then be able to design projects of their own choosing. Experienced students will be able to begin designing their own projects much sooner as they already have the basic metalworking skills from previous classes.</p>
<p><b>Metalwork: Art Metal 11</b> YIA--1A 4 Credits</p>	<p>Everyone is welcome in Art Metal 11. No previous experience is necessary. The metal shop is a warm, inclusive, respectful and safe place for students to learn, explore and be creative. This course teaches you everything you need to know to safely and confidently use hand tools and machine tools to design and build your own Art Metal projects. Project categories can include jewelry, rings, metal sculptures, fused glass, stained glass and other creative glasswork. Students get to design and build their own creative projects and choose how intensely they want to explore and work in each category.</p>
<p><b>Woodwork 11</b> MWWK-11 4 Credits</p>	<p>This largely creative course is designed to familiarize students with basic woodworking concepts and techniques. Students will learn how to design and construct furniture and other small projects. Safety will be emphasized in the operation of stationary and portable power tools and a variety of other hand tools. For the most part student projects will be self-initiated. The job skills taught in this course will help students develop good work habits. As well as practical skills, creativity and problem-solving are strongly encouraged. This course is an asset to those students who may be interested in pursuing a career in wood technology but is equally intended for those students interested in learning a creative and pleasurable activity.</p>
<p><b>Metalwork 12</b> MTMET12 4 Credits</p>	<p>Everyone is welcome in Metalwork 12. No previous experience is necessary. The metal shop is a warm, inclusive, respectful, and safe place for students to learn, explore and be creative. This course teaches you everything you need to know to safely and confidently use hand tools and machine tools to design and build your own projects. Beginner students will start with a predetermined project so they can learn basic metalworking skills. They will then be able to design projects of their own choosing. Experienced students will be able to begin designing their own projects much sooner as they already have the basic metalworking skills from previous classes.</p>

<p><b>Metalwork:</b>  <b>Art Metal &amp; Jewelry 12</b>  MTAMJ12  4 Credits</p>	<p>Everyone is welcome in Art Metal &amp; Jewelry 12. No previous experience is necessary. The metal shop is a warm, inclusive, respectful, and safe place for students to learn, explore and be creative. This course teaches you everything you need to know to safely and confidently use hand tools and machine tools to design and build your own Art Metal projects. Project categories can include jewelry, rings, metal sculptures, fused glass, stained glass and other creative glasswork. Students get to design and build their own creative projects and choose how intensely they want to explore and work in each category.</p>
<p><b>Woodwork 12</b>  MWWK-12  4 Credits</p>	<p>This course is the continuation of Woodwork 11. Competence, confidence and safety will be emphasized in the operation of stationary and portable power tools, and a variety of other hand tools. Techniques of proper planning, design and orderly development of self-initiated projects will be done on an individual or small group basis. This course is an asset to anyone considering a career in cabinet making, furniture design or for those interested in exploring their creative abilities.</p>
<p><b>Woodwork:</b>  <b>Furniture &amp; Cabinetry 12</b>  MTFAC12  4 Credits</p>	<p>In this course, students will learn about the design process and will have the opportunity to design and build a variety of projects of their choosing. Along the way, students will develop basic skills with hand and power tools, and learn about wood products and materials, basic joinery methods, and other associated topics. This is a fun hands-on course which promotes problem-solving skills and builds student confidence.</p>
<p><b>Courses continue on the next page...</b></p>	

# AED (ARTS EDUCATION) – ELECTIVE COURSES

## MEDIA ARTS

### Photography – Arts Education (AED) – Grades 10, 11, 12

*\*Please Note: Course fees may apply.*

**Photography 11**  
MVAPH11  
4 Credits

This Grade 11 photography course is designed to introduce students to: parts and functions of a digital camera; good photo compositions; picture taking techniques; the digital darkroom process and print development. Students will be challenged with hands-on exploration and skill development activities using photo editing programs. Camera equipment will be provided.

**Photography 12**  
MVAPH12  
4 Credits

Photography 12 is a continuation of Photography 11 and will build on skills developed in Photography 11. We will examine professional photographs showcased in advertisements, websites, social media platforms, and hung on our walls as art. Many are created by professional photographers. The course will also examine various aspects of professional photography, including areas that professional photographers may choose to specialize in, such as sports, weddings, and news media to name a few. Camera equipment will be provided.

## PERFORMING ARTS

### Music – Arts – Dance Education (AED) – Grades 10, 11, 12

*\*Please Note: Course fees may apply.*

**Guitar 10,11,12**  
MMUGT10  
MIMG-11  
MIMG-12  
4 Credits

Have you always wanted to play an instrument, but Concert Band just isn't for you? This elective course is the perfect fit for you! Both acoustic and electric guitars are welcome (although only 2 - 3 electric guitars will be plugged in at a time). A limited number of acoustic guitars are available to use during class; however, it is highly recommended that you acquire your own acoustic guitar. Please see the music teacher for tips on purchasing an instrument. As a member of the Sa-Hali Secondary Music Department, you will enjoy the privileges of being part of the team such as access to the supervised studio space.

**Band 10,11,12**  
MMUCB10  
MIMCB11  
MIMCB12  
4 Credits

Band 10, 11, 12 are courses composed of students with no experience to experienced on a Band instrument. Being in Band means wanting to be a dedicated musician who practices at home on a regular basis. Remember we work as a team in Band and our team is only as good as its worst player! We will play a variety of styles of music including Classical, Marches, Jazz, Popular, and Holiday. Students are encouraged to stay with their primary instrument; however, if they would like to branch out and learn other instruments, this may be a possibility if they show dedication, independence, and a natural ability in Music. This class will go on a trip in the Spring. We will participate in at least one Festival throughout the year. **\*This course may occur outside of the regular timetable.**

**Dance Foundations 10,11,12**  
MDCF-10  
MDCF-11  
MDCF-12  
4 Credits

Dance is a form of artistic expression that involves rhythmic movement of the body. It can be performed solo or in groups and serves as a medium for communication, emotion, storytelling, and entertainment. It is a fun way to workout, gain flexibility, and core strength. In this class students will work on fundamental dance skills in a variety of dance genres, while in a fun, and safe setting. Students will learn to express themselves through dance while working individually and with others. Although performing is often an integral part of dance there will be no mandatory formal performances in this class! If you are interested in a fun, safe, athletic, artistic class, this could be the class for you!

**Courses continue on the next page...**

## Theatre Company – Arts Education (AED) – Grades 10, 11, 12

*\*Please Note: Course fees may apply.*

**Theatre Company**  
MDRTC10  
MDRTC11  
MDRTC12  
4 Credits

BIG IDEA: Growth as a theatre company requires perseverance, reflection, and collaboration.

We produce shows. That's what we do! This course provides students with opportunities to write, plan, design, act, manage, and direct productions in front of student audiences in order to authentically practice being part of a Theatre Company. Each class forms and names their own company, writes and selects their own projects, and works together to produce several shows over the semester, including an evening performance for parents.

As part of a multi-grade class, students are provided with an environment in which they can grow with support from the older students serving as mentors and models; at the same time, students develop their own mastery and leadership skills by supporting younger students. This is a project-based course that provides students with incredible opportunities for personal growth and the development of soft skills such as time management, collaboration, problem-solving and conflict resolution.

## VISUAL ARTS

### Studio Arts – Arts Education (AED) – Grade 10

*\*Please Note: Course fees may apply.*

**Studio Arts:**  
Art 10  
MVA-10  
4 Credits

This art foundations course will give students the opportunity to express themselves creatively and build self-confidence through work with a variety of mediums, processes and themes. Students will learn to create personally meaningful artworks with extra focus on sculpture and 3D materials. Mediums may include (but are not limited to) paint, clay, paper mache, wire, mixed media and possibly digital technology.

### Studio Arts – Arts Education (AED) – Grade 11

*\*Please Note: Course fees may apply.*

**Studio Arts:**  
2D Drawing & Painting 11  
MVAD-11  
4 Credits

This Drawing and Painting course is designed for students who want to enhance their creative and critical thinking skills related to art. It will give students the opportunity to further develop technical skills and build on their knowledge of mediums, processes and themes. Students will create personally meaningful artworks while working with a variety of drawing and painting tools and materials. Mediums may include (but are not limited to) graphite, pastel, watercolour paint, acrylic paint, ink, charcoal, mixed media, and possibly digital technology.

**Studio Arts:**  
3D Art Foundations 11  
MVAC-11  
4 Credits

This art foundations course is designed for students who want to enhance their creative and critical thinking skills related to art. It will give students the opportunity to further develop technical skills and build on their knowledge of mediums, processes and themes. Students will create personally meaningful artworks with extra focus on sculpture and 3D materials. Mediums may include (but are not limited to) paint, clay, paper mache, wire, mixed media and possibly digital technology.

### Studio Arts – Arts Education (AED) – Grade 12

*\*Please Note: Course fees may apply.*

**Studio Arts:**  
2D Drawing & Painting 12  
MVAD-12  
4 Credits

This senior drawing and painting course will give students the opportunity to refine technical skills and create with greater complexity and sophistication. The goal will be to develop personally meaningful artworks while working with a variety of drawing and painting tools and materials. Mediums may include (but are not limited to) graphite, pastel, watercolour paint, acrylic paint, ink, charcoal, and mixed media. Technology may be a tool for inspiration, research, art creation or exhibition of work as well. This is designed for students who are interested in more in-depth personal artistic expression.

**Studio Arts:**  
3D Art Foundations 12  
MVAC-12  
4 Credits

This senior art foundations course will give students the opportunity to refine technical skill and create with greater complexity and sophistication. The goal will be to develop personally meaningful artworks with extra focus on sculpture and 3D materials. Mediums may include (but are not limited to) paint, clay, paper mache, wire and mixed media. Technology may be a tool for inspiration, research, art creation or exhibition of work as well. This is designed for students who are interested in more in-depth personal artistic expression.

**Courses continue on the next page...**

# OTHER COURSES

## Leadership – Grades 10, 11, 12

*\*Please Note: This course may take place outside the regular school timetable*

Leadership 10-12 will develop students' ability to think creatively and work effectively with others. Students will work on collaboration, communication and leadership skills while planning, coordinating and executing special events designed to build school spirit. Leadership styles, principles of efficient collaboration, decision-making matrices and conflict resolution strategies will be explored through practical, real-world activities and projects. Many of the projects and assignments will be able to be used as artifacts to support student demonstration of the core competencies. Field trips into the community to explore event planning and careers in leadership will augment class learning of leadership principles. This course is for students who wish to make a difference in their school and community while developing strong leadership skills that can be applied to any community, workplace and/or post-secondary education endeavour. **Leadership Course Code: YIPS-0A**

## Teacher Assistant – Grades 11, 12

*\*Please Note: Application process*

Students who select this elective course will work with younger students and assist the teacher with several duties. These duties may include, but are not limited to, clerical work (photocopying), typing, filing, marking and record keeping), homework checks, helping individuals or small groups of students who are experiencing difficulty with course content, assisting students in developing and strengthening skills in the course content area, leading class warm-ups, and assisting in classroom management. This course teaches communication.

## Work Experience (WEX) Program Grades 11, 12

*\*Please Note: Outside regular school timetable*

Work Experience (WEX) gives students an opportunity to gain school credit for the work done outside of school hours. WEX allows students to practice skills and competencies acquired at school to the workplace, as well as bring skills from the workplace back to school. This is an off-site course and students can be in either paid work or volunteer placement. Students must first attend a WorkSafeBC course and complete all required documentation to begin the placement. Next students log their working hours; 90-100 hours are required for each course. **These hours can also be applied to the required 30 hours for Career Life Connections 12.** Finally, students complete the evaluation forms and write a final reflection. WEX 12A is open to grade 10-12 students, while WEX 12 B is only available for grade 12 students.

## District Strings Grades 10, 11, 12

*\*Please Note: Outside regular school timetable*

The after-school District Strings program is a credited course for students in grades 4-12 who wish to learn and develop proficiency on string instruments such as violin, viola, cello and bass. There are three levels that students can choose from. At each level, students will get to learn techniques specific to the string family. These classes will practice, rehearse and perform in large ensemble, small ensemble, and solo contexts. Students will study and perform a variety of musical styles and genres such as eras of classical, popular, contemporary rock and pop, Latin and many others.

Beginner Strings: Students with no prior experience.

Intermediate Strings: Students with 1-2 years of experience and/or play a musical grade 1-2 level.

Advanced Strings: Students with 2+ years of experience and/or play at a minimum musical grade 2 level.

## Outdoor Ed Academy Grades 10, 11, 12

*\*Please Note: This is a full semester academy with four credit courses included*

### **Location: Sa-Hali Secondary**

Do you like learning outdoors? Do you like working with your peers and going on field trips? Are you ready for a new challenge? The Outdoor Education Academy is for you! The academy will be in semester two (February-June) and consists of four courses integrated together. The four courses include: Outdoor Education 12, Life Science (Biology) 11, Career Life Connections 12 and Contemporary Indigenous Studies (Social Studies) 12. The Outdoor Education Academy will take a cohort of 20-24 students through a variety of experiential learning opportunities, such as rock climbing, hiking, skiing, snowshoeing and paddling. It is a great way to earn high school graduation credits in new places and interesting ways. The academy is available to students in Grades 10,11 and 12, with preference to grades 11 and 12.

### **Outdoor Education 12 - Outdoor Education Academy**

#### **PHE Credit**

Outdoor Education 12 involves field trips, planning with peers, and learning outside! This course explores the benefits of participating in a variety of outdoor activities. Field trips to various locations to explore new places and participate in outdoor activities are an important part of this course. Working collaboratively with peers will be an essential part of preparing and planning for excursions outside the school. During this course, students will develop strong communication, collaboration, teamwork and leadership skills that can be applied in a variety of contexts and environments.

**Academy information continued on next page...**

## **Biology (Life Science) 11 - Outdoor Education Academy**

### Grade 11 Science Credit

Biology 11 involves experiential learning about the natural environment. Ecosystem function, weather and climate, population biology and other natural phenomena will be discussed in class, and then explored in the field, in various places. Interrelationships will be explored from the micro-scale, cells, bacteria and viruses to the macro-scale, genetic drift, adaptation and speciation. Interactions between humans and the environment, such as environmental stewardship, resource management and the impacts of technology will also be explored.

## **Career Life Connections 12 - Outdoor Education Academy**

### Grade 12 Graduation Requirement

This course will explore future career-life options that involve working in the great outdoors! Careers in Biology, the Natural Resource Sciences, Wildfire and Emergency Response Services and the Hospitality and Tourism industry will be explored. Guest presenters will enrich student understanding of these careers. Students will be invited to explore how the outdoors and outdoor activities can contribute to healthy lifestyles, well-being and career-life balance.

## **Contemporary Indigenous Studies (Social Studies) 12 - Outdoor Education Academy**

### Social Studies credit and Indigenous content requirement

This course explores Indigenous worldviews and perspectives, especially related to the natural environment. Indigenous ideologies related to connection to the land, the interrelationship of all things and the important role of the environment in physical, mental and emotional well-being will be explored and applied to outdoor experiences. Community connections with Indigenous elders and knowledge-keepers will inform discussions on ways to promote reconciliation as an integral part of the Outdoor Education Academy.



## **School District 73 Trades and Transition Opportunities**

Please access information using the following link to the SD#73 Trades and Transitions website for details on exciting new SD#73 program career opportunities or make an appointment with our Trades and Transitions Coordinator at the school.

### **Sa-Hali Secondary School Trades and Transitions Coordinator:**

Ms. Joanna Douglas  
jdouglas@sd73.bc.ca

**SD # 73 Trades and Transitions website link:**

<https://tnt.sd73.bc.ca/en/index.aspx>

# OTHER HELPFUL INFORMATION

## SCHOOL INFORMATION

Please refer to our school website [Sa-Hali Secondary School \(sd73.bc.ca\)](http://Sa-Hali Secondary School (sd73.bc.ca)) for school information regarding bell schedules, block rotation and other important information to assist you.

## REPORTING AND GRADING

Sa-Hali Secondary School has four reporting periods per school year. Two reporting periods in Semester 1, and two reporting periods in Semester 2. Both achievement and effort honour rolls are assessed at the end of each semester and are reported as follows in the following table. **Please note:** Due to changes in the reporting practices, honour roll criteria can be found at this [link](#).

## GRADES 10-12

LETTER GRADE	PERCENTAGE	EFFORT
A	86% to 100%	G = Growth Mindset
B	73% to 85%	R = Resiliency
C	67% to 72%	I = Integrity
D	60% to 66%	T = Time Management
C-	50% to 59%	RM = Requirement Met
F	0% to 40%	
I	In Progress	

