



February 2026 Newsletter

Student Attendance:

Dear Parents and Guardians,

We are writing to augment the work staff has been doing regarding student attendance.

We recognize and respect the value of family time and family travel, and we are also understanding when absences occur due to unavoidable illness. At the same time, it is important for families to understand the learning that takes place in a classroom environment is difficult to replicated at home. Classroom instruction is authentic, interactive, and responsive, often occurring in the moment through discussion, collaboration, inquiry, and guided practice. For this reason, it is not always possible to provide learning activities in advance of an absence.

Extended or frequent absences can impact student learning and assessment. When students miss classes, gaps in learning can develop, as learning builds from day to day and relies on ongoing participation and engagement. Missed learning opportunities can affect a student's ability to demonstrate curricular competencies.

While the school has processes and structures in place to support students in demonstrating learning that may have been missed—such as project completion days and additional opportunities to show understanding—these supports cannot replace the depth and richness of learning that occurs through regular classroom participation.

Regular attendance remains an important factor in ensuring student success, particularly at the secondary level where learning builds continuously over time and expectations increase throughout high school.

Thank you for your continued partnership in supporting student learning and success.

Sincerely,
School Administration

Important Dates

Non-Instructional Day—Pro-D Day & Report Cards Published.....	Feb 06
Family Day - No School.....	Feb 16
Semester 1 Awards and Rec.....	Feb 20
Pink Shirt Day.....	Feb 25
Mosaic #6.....	Mar 03
Parent/Teacher Convo's (Early Diss.)...	Mar 12
Spring Break.....	Mar 16-27
Good Friday—No School.....	Apr 03
Easter Monday—No School.....	Apr 06
Day of Suwentwécw.....	Apr 07

Administration

Principal: Mr. J. Brady
 Vice Principal: Ms. K. Dolha
 Vice Principal: Ms. C. Waage

Office Hours

Monday - Friday, 8:00 am to 3:30 pm
 250-374-0861

Counselling News

Post-Secondary Visits

Upcoming TRU 1 to 1 appointments

- ◆ Wednesday, February 25
- ◆ Wednesday, April 1
- ◆ Tuesday, April 28
- ◆ Thursday, May 21
- ◆ Wednesday, June 10

Student Services

Office is open from Monday to Friday 8:00 am to 3:30 pm.

If students need assistance from their counsellor, please refer to the following list:

Ms. C. Keltie: Grade 8 -12 (A-K)

Ms. S. Mayoh: Grade 8-12 (L-Z)

Ms. J. Douglas:

R & H Ministry Designations

TNT, WEX

Recognition, Scholarships & Bursaries

COURSE SELECTION FOR 2026/2027 SCHOOL YEAR

It's time for students to choose their courses for next year, and we want to make sure parents and caregivers are involved in the selection process. Please sit down with your child and review the options available for next year. All of the information you need, including instructional videos can be found on our [COURSE SELECTION WEBSITE](#).

IMPORTANT:

Course selection can only be completed through a STUDENT's MyEd account. Parents and guardians are not able to select courses for their children using their parent MyEd account.

If you are having trouble logging into MyEd, there are trouble shooting instructions [HERE](#) or you can come to the main office.

Trades & Transition (TNT)

Students who are interested in learning more about the Trades & Transition (TNT) opportunities in our school district can contact

Mrs. Joanna Douglas, Sa-Hali Secondary TNT Coordinator, by phone or email.

You can also visit the TNT website at <https://tnt.sd73.bc.ca/en/index.aspx#>

for more information about the programs.

Discover Day - Career Explorations

Day in Health Care — February 18, 2026

Discover days provides grades 10-12 students across the district to explore and experience career areas that they are interested or passionate about. To learn more about each day, click [here](#).

Girls Exploring Trades and Technology

Female students in Grades 8 and 9 are encouraged to apply to attend this one day, [Girls Exploring Trades and Technology](#) on February 18, 2026 at TRU. Participants will gain confidence through hands-on experience in a variety of trades, led by Red Seal instructors, in a safe and supportive atmosphere. All participants will try out a sampling of different trades and learn about future career opportunities. See Mrs. Douglas if you have any questions. Applications are available in the counselling office and on the Sa-Hali website.

Jr-Fire Crew Workshop

This program is designed for the participation of up to 18 high school students in grade 11 or 12 who are interested in firefighting or the forest service as a possible future career. This year's Junior Fire Crew Workshop will be held at the BC Wildfire Centre (4000 Airport Rd) from April 22 – 25, 2026. The hours are 8:00 am – 5:30 pm each day. Students will be transported to remote locations in BC Wildfire vehicles. The students that successfully complete each phase of the selection process will attend the workshop and experience a variety of activities that a fire crew trainee would experience, but in a capsulated format. Students will receive instruction and lectures in fire suppression, communication, teamwork, physical training, and a variety of other topics. They will be required to work in a team and partake in all the planned activities. [Applications](#) are due to Mrs. Douglas by Feb 18, 2026.

Kamloops Blazers Education & Scholarship Society Award

Interested Grade 12's are invited to [apply](#) to the Kamloops Blazers Education & Scholarship Society Award for Sa-Hali Secondary. The successful applicant must be a graduating student; a resident of the Kamloops and surrounding areas of SD#73 and SD#74; pursuing a post-secondary education, active in the community and dedicated to promoting a healthy and active lifestyle. One award of \$2000.00 to be used for post-secondary studies will be awarded to one deserving Sa-Hali Secondary graduate. Please see the Scholarship Calendar on Sa-Hali's website or Mrs. Douglas in counselling for more information and the application form. Applications are due to the Kamloops Blazers Office no later than April 15th, 2026.

CHL Memorial Cup Legacy Scholarship (Kamloops)

The 2023 Memorial Cup presented by Kia was held in Kamloops, with a “Shine Together, Together WeShine” theme for the event. The importance of education was highlighted during the 2023 Memorial Cup by the Canadian Hockey League and Host Organizing Committee who established a legacy fund to include two (2) \$5,000 CAD scholarships to be awarded each year, for five years.

Applicants for this scholarship must be:

Between 17 – 22 years of age at the time of application

A resident of British Columbia

Attending Thompson Rivers University in Fall 2026

Active in the community in a volunteering capacity

Dedicated to serving underrepresented or prioritized members of the community

Dedicated to promoting a healthy, active lifestyle

Applications are available from the Scholarship Calendar on Sa-Hali's website or from Mrs. Douglas in counselling. Submission of the [application](#) must be completed by February 28, 2026.

Junior Fire Crew Workshop

Are you interested in firefighting or the forest service as a possible future career? If you are in Grade 11 or Grade 12, this year's Junior Fire Crew Workshop will be held April 23-26, 2025. Applications for this event are available from Mrs. Douglas in the Counselling office. The application due date is February 19, 2025.

<https://tnt.sd73.bc.ca/en/resources/Junior-Fire-Crew/Junior-Fire-Crew-Application-2025.pdf>

Peer Tutoring

Peer Tutoring is a program that runs every Wednesday at lunch in the Library. This is a student-referred program, i.e. students sign up by scanning the QR code on the posters located around the school. Once students scan the QR code, they will see a Google form that will ask them their name, contact information, and which course(s) they want peer tutor support in. Students will then be paired with a Peer Tutor, and they will receive support in the school library. This is a time and place where students can receive individualized attention to help them understand key concepts and ideas. Please see your school counsellor in the counselling office for more information.

PEER TUTOR QR CODE



Graduation Photo Retakes

Graduation photo retakes will take place on February 24. Grads can now book their retakes [here](#).

SA-HALI SECONDARY

MEET WITH A

TRU

**FUTURE STUDENT ADVISOR
AT YOUR SCHOOL!**



Thursday, January 22nd
Wednesday, February 25th
Wednesday, April 1st
Tuesday, April 28th
Thursday, May 21st
Wednesday, June 10th

Scan to book

tru.ca/future

TRU DEPARTMENT OF ENGINEERING PRESENTS: WOMEN IN ENGINEERING WORKSHOP FOR HIGH SCHOOL STUDENTS

Register [HERE](#)



**FREE
EVENT**

FEBRUARY 6TH, 2026 1PM-3PM
TRU CAMPUS
ARTS AND EDUCATION BUILDING,
ROOM 263

**All female and non binary students in
Grades 8-12**

February 6TH, 2026 1pm-3pm

Join us for a free, hands-on
Engineering Escape Room!

Work together with other curious students to
solve challenges and discover how fun
engineering can be.

Meet engineering professors, current students,
and an inspiring female engineer from
industry!

TRU
Engineering

Email enr@tru.ca with any question

Sa-Hali Afterschool Art Club

In the Sa-Hali Art room from 3:15 - 5:00 pm on Wednesdays.

This club works as an open studio space for students wishing to engage creatively in self-directed Art. Supplies will be provided.

All levels and grades welcome!



Yearbook

Attention parents & students!

Do you have amazing photos that you've taken at school events that you believe would be a good addition to the school yearbook, we would love for you to share them with us. Whether it's an action shot at a basketball game, a dramatic scene in the school play, a classroom project that stands out, or a casual shot of the friend group at lunch...we would love to feature them in our yearbook!

Use [THIS](#) link to upload your photos.



February 25th, 2026

PARENT SUPPORT GROUP

TENDING THE ROOTS

For parents & caregivers of youth using substances

A free 6-week therapeutic group offering a safe, judgment-free space to learn, connect, and access support.

Topics include substance use, boundaries, communication, conflict and crisis management, self-compassion, attachment, and more.

Wednesdays 4:00 - 5:15 PM
Feb. 4 / 11 / 18 / 25 Mar. 4 / 11
(six consecutive weeks)

Interior Health MHSU Building
235 Lansdowne St. Kamloops

More Info:

Registration Required:

Contact **Access** at **250.377.6500**
or email the group facilitator at
jenna.ewert@interiorhealth.ca





Kamloops

Preteen Life Skill Group

Circle of Change

Ages 9 to 12 yrs

Fridays, 4:30 to 6PM

Starting January 23 to March 13, 2026

John Tod Centre (150 Wood Street)



**Free Program,
Snacks Provided**

To register, contact Neevesha at 250-554-5437 or email
n.panjawani@bgckwl.com

YOUTH INTENSIVE DAY TREATMENT PROGRAM

---- Support that meets you where you're at

PROGRAM DATES:

📅 March – April 10

Schedule: Tuesdays, Thursdays & Fridays

SNACKS & GOOD VIBES INCLUDED.

*Change doesn't have to be rushed.
Sometimes it starts with connection.*

WHAT YOU'LL FIND HERE:

- A supportive group environment
- Space to talk about substance use and mental health
- Practical tools for coping and daily life
- Engaging activities that build connection and confidence

ACTIVITIES MAY INCLUDE

- Bowling
- Horseback riding
- Creative activities like paint & sip
- Group outings and hands-on activities

LOCATION:

235 Lansdowne Street,
Kamloops, BC

Hours:
8:30 AM – 4:30 PM

To learn more or join:
310-MHSU (6478) or 250-377-6500
Ask for ACCESS

SA-HALI SECONDARY SCHOOL CALENDAR 2025-2026

*This is a dynamic document and subject to change

DATE		DAY
SEPTEMBER		
1	Labour Day	X
2	Term #1/Mosaic 1/Orientation Day	1
3		1
4		2
5	Grade-Wide Meetings	3
8		4
9	Photo Day	1
10		2
11		3
12	Terry Fox Run/SBO	4
15		1
16		2
17		3
18		4
19		1
22	Non-Instructional	X
23		2
24		3
25		4
26		1
29	Orange Shirt Day	2
30	Truth and Reconcil'n Day	X
OCTOBER		
1	Post-Sec visit @ HGED 6-8pm	3
2		4
3		1
6		2
7	Mosaic #2	3
8		4
9		1
10		2
13	Thanksgiving	X
14		3
15		4
16	Parent/Teacher Convo (Early Dismissal)	1
17		2
20		3
21		4
22		1
23	Photo Retake Day/ U of Calgary visit 8:30-9:30	2
24	Non-Instructional	X
27		3
28		4
29		1
30		2
31		3
NOVEMBER		
3	U of Calgary Indigenous Recruiter visit 2-3	4
4		2
5		3
6	TRU 1 on 1 appt	1
7	Indigenous Veteran's Day/End Term #1	2
10	Term #2/Mosaic #3/Remembrance Day Assemblies	3
11	Remembrance Day	X
12		4
13		1
14		2

17	Louis Riel Day	3
18		4
19	U of Alberta visit 1:15-2:15	1
20		2
21	Report Cards	3
24		4
25		1
26		2
27	I/E Meetings	3
28		4
DECEMBER		
1	Non-Instructional	X
2		1
3		2
4		3
5		4
8		1
9		2
10		3
11		4
12		1
15	Mosaic #4	2
16		3
17		4
18		1
19	Pancake Breakfast	2
Winter Break Dec 22 nd - Jan 2 nd		
JANUARY		
5	School Reopens After Break	3
6		4
7		1
8		2
9		3
12		4
13		1
14		2
15	Capstones	3
16		4
19		1
20	Num+Lit Assess./Grad Photos 20-27	AABB
21	Num+Lit Assess.	CCDD
22		4
23		1
26	Project Completion	X
27	Project Completion END TERM #2	X
28	2 nd Semester Starts TERM #3/Mosaic #5	1
29		2
30		3
FEBRUARY		
2		4
3		1
4		2
5		3
6	Non-Instructional / Report Cards	X
9		4
10		1
11		2
12		3
13		4
16	Family Day	X

17		1
18		2
19		3
20	Semester 1 Awards/Recognition	4
23		1
24	Photo Retakes (24&25)	2
25	Pink Shirt Day	3
26		4
27		1
MARCH		
2	I/E Week	2
3	Mosaic #6	3
4		4
5		1
6		2
9		3
10		4
11		1
12	Parent/Teacher Convo's (Early Dismissal)	2
13		3
Spring Break Mar. 16 th - 27 th		
30		4
31		1
APRIL		
1		2
2		3
3	Good Friday	X
6	Easter Monday	X
7	Day of Suwentwecw	4
8		1
9		2
10		3
13		4
14		1
15		2
16		3
17		4
20	End Term #3	1
21	Term #4/ Mosaic #7/ Num+Lit Assess. Double Block	AABB
22	Num+Lit Assess. Double Block	CCDD
23		2
24		3
27	Non-Instructional	X
28		4
29		1
30		2
MAY		
1		3
4	Report Cards	4
5	Red Dress Day	1
6		2
7		3
8		4
11		1
12		2
13		3
14	Moose Hide Day/ I/E Meeting	4
15	Non-Instructional	X
18	Victoria Day	X
19		1

20		2
21		3
22		4
25		1
26	Mosaic #8	2
27		3
28	District Honours Reception	4
29		1
JUNE		
National Indigenous History Month		
1		2
2		3
3		4
4		1
5		2
8		3
9		4
10		1
11	Num+Lit Assess./Catch up Week	2
12	Num+Lit Assess./Catch up Week	3
15	Indigenous Grad	4
16		1
17		2
18	Principals List Lunch/Athletic Banquet Capstones	3
19	Capstones/National Ind. Peoples Day	4
22	GRAD	1
23	Last Day of Reg. Class	2
24	Project Completion	X
25	Project Completion End Term #4	X
26	Administrative Day Non-Instructional	X

Day 1 – A B C D
 Day 2 – B C D A
 Day 3 – C D A B
 Day 4 – D A B C