



BEST

**BERT EDWARDS SCIENCE & TECHNOLOGY
ELEMENTARY SCHOOL**

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January 9th 2026

Dear BEST Families,

Next week, we will have Kindergarten registration packages prepared for siblings of our current students. We are happy to send packages home or come by the office to pick one up. Please let us know if you require a package. Registration closes on January 23rd at 12 noon.

Ms. Primus will be away for several weeks due to a knee surgery. We wish her well and look forward to her return. Please welcome Ms. Pekova who will be replacing her. You will find information from PAC, SD73, Robothink and Interior Health. Please find the highlights for next week below:

Tuesday, Jan. 13th

Breakfast

Ms. Primus (final day)

Wednesday, Jan. 14th

Welcome Ms. Pekova

Skating (Wood, Ernst, Hummel) 11-12pm

School of Choice Information Night 6:30-7:30pm Zoom

Friday, Jan. 17th

PAC Pasta Hot Lunch

Thanks, Mrs. Edstrom



The B.E.S.T. PAC would like to extend a massive THANK YOU to our amazing school community for the raffle basket and baking donations for our Christmas Concert fundraisers!



Your incredible support of the raffle baskets, bake sale, and 50/50 made this event a huge success. We are so grateful to everyone who participated and helped make the evening such a wonderful one.

None of this would have been possible without your generosity and the many volunteer hours contributed by our dedicated PAC members.

We have lots of exciting family-fun events coming up in 2026 and truly appreciate your continued support!

Important Dates:

Fri Jan 16th: B.E.S.T PAC Hot Lunch: Pasta

Tues Jan 20th : February B.E.S.T PAC Hot Lunch: Moon Wok order forms and payment due

Fri Jan 23rd : Family Yoga Night (see poster for more information)

The B.E.S.T PAC and Flow with Nicole Presents

FAMILY YOGA NIGHT

Friday January 23, 2026

Location: B.E.S.T Gym

Doors open @ 5:30 p.m.

Class starts @ 6:00 p.m.

45 min class

Only \$15
a family



Join Our Family Yoga Class! Promote health, wellness and fun for the whole family! All levels welcome please bring your own mat if you have one.



Schools of Choice Information Session

January 14, 2026

SAVE THE DATE!

6:30 - 7:30 PM



Virtually on Zoom



ZOOM LINK

Webinar ID: 659 5646 1493
Passcode: 259977

Join us to learn more about Schools of Choice Kindergarten registration and ask questions to the SD73 Early Learning team.



SCHOOL DISTRICT NO. 73
(Kamloops-Thompson)



Early Learning and Child Care

SCHOOL DISTRICT NO. 73

Afterschool Robotics Program



**Lesson 1:
3 wheels are better than 2**

**Lesson 2:
The first battle bot**

**Lesson 3:
Fun with Steam Rollers**

**Lesson 4:
Asteroid Defence**

**Lesson 5:
Battle bot round 2**

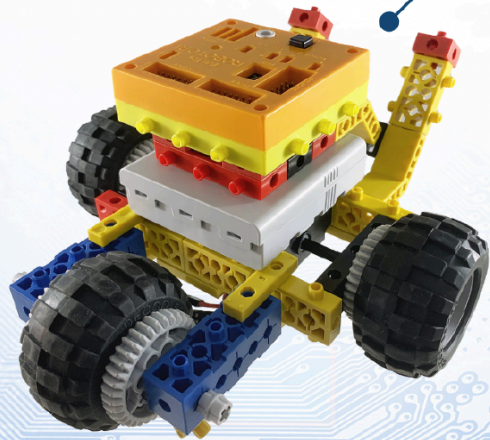
REGISTER NOW



ROBOT THINK

**Cost \$249
\$199 for Bert
Edwards Science &
Tech Students**

**Join us on
Jan 22, 29,
Feb 05, 12, 19
@ Bert Edwards Sci &
Tech School
(711 Windsor Ave)
for our Afterschool
Robotics Program
3:15 pm - 4:45 pm
Ages 6 - 12**





Upcoming Events

Robotics Workshop - Jan 10 @ Ice Cream Social

Session 1 - 1:00 pm - 2:00 pm

Session 2 - 2:30 pm - 3:30 pm

Into Robotics Workshop - Jan 18 @ Hal Rogers

Community Centre

11:00 AM - 12:00 PM

Build a Bunny Workshop - Jan 18 @ Hal Rogers

Community Centre

1:00 PM - 2:30 PM

HEALTH PROMOTING SCHOOLS NEWSLETTER

JANUARY 2026

FOOD LITERACY

Looking for winter food-focused activities for your K-12 class?

Farm to School BC released their [Winter Learning Activities Resource](#). Whether you're teaching indoors or heading outside, there are many curriculum-aligned ways to explore food and seasonal learning throughout the winter. Timing will vary across the province, so some activities may be possible earlier or later depending on your region.



Don't Waste it!

Hands on Food offers a [list of resources](#) to get you and your class started on reducing waste! Help students build awareness around food waste and its environmental impact. Explore the links for lessons on the food system, conducting a classroom waste audit, reducing waste, and more!



Indigenous School Food Story Telling



The [Indigenous School Food Circle](#) is an initiative hosted by the Coalition for Healthy School Food. The Circle shares ways that Indigenous youth, educators, and communities can share their food stories and advocate for culturally relevant/rooted school food in this excellent resource, [Telling Our Food Stories: Indigenous Storytelling for School Food Advocacy](#).

WINTER HEALTH TIPS

Handwashing Tips

When done properly, good hand hygiene is the best way to prevent the transmission of disease. This hand hygiene article offers reminders for proper hand washing and hand sanitizer use, including when it is best to use soap and water and when to use alcohol-based hand sanitizer. Parents and caregivers can also find illustrations to help them teach their child how to properly wash their hands. To learn more, please visit www.aboutkidshealth.ca/handwashing