



RAFT RIVER NEWS

REMINDERS

Lost And Found



We continue to have items added to our lost and found table at the main entrance despite daily reminders to bring jackets, gloves and toques inside after recess. Please check it out as you pass by the office!

Basketball



Basketball season is officially underway, and we are excited to share that 38 of our Grade 6 and 7 students are participating on this year's teams. Players have been working hard at practices and are already learning a great deal about the sport. Our first games are scheduled for the week of January 19, with the full schedule currently being finalized. We look forward to a great season of teamwork, growth, and school spirit!

Highlights

North Thompson Times

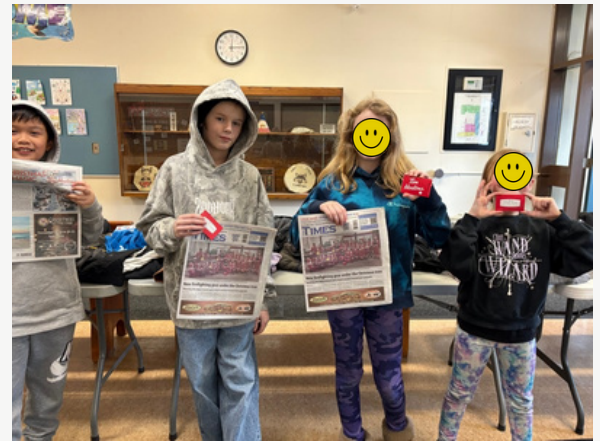
Students worked hard in December to write Christmas stories for a contest hosted by North Thompson Times! Three students were selected for primary and intermediate and were presented with a Tim Hortons gift card. Congratulations to our winners:

K-3

- 1st place: Eralyn Prime
- 2nd place: JZ Tan
- 3rd place: Ollie Meadows

4-7

- 1st place: Seneh Dhanoa
- 2nd place: Braxton Chambers
- 3rd place: Jade Prime



Open Parachute

We are exploring wellness and social skills lessons through the use of a program called Open Parachute, which aligns well with our health curriculum from K-7. A big thank you to PAC for supporting this initiative! The lessons are organized by developmental age and is in student friendly language. This month's theme is "supporting myself". Students will explore ways to manage anger, disagree respectfully and how to express needs using words.

Here are some ways to support at home:



Point out when your child manages anger or frustration well:

- "I noticed you walked away to calm down—that was a great choice."



Let children hear phrases like:

- "I don't agree, but I hear you."
- "Can we find a solution that works for both of us?"



Share your own example of calming down or asking for help using words.



Coho Eggs Delivery

We had an exciting delivery on January 5th! Students in Ms. Scrivner, Ms. Johnson, Ms. Burton and Ms. Shook's classes are studying the lifecycle of a salmon. Coho eggs were delivered to the school for students to monitor and track their growth. Classes will take turns caring for them.

Canucks Autism Society

Canucks Autism Society and City of Kamloops are partnering together to offer 6 sessions on physical literacy, balance and coordination for neurodivergent students. Families who are waiting for a diagnosis are welcome to register as well. See below for further details. If you click on the photo, it will take you to the registration page.

Upcoming Dates



- ◆ Jan. 24-31 - Unplug and Play Week
- ◆ Feb. 6 - Non-Instructional Day



Cross Country Skiing

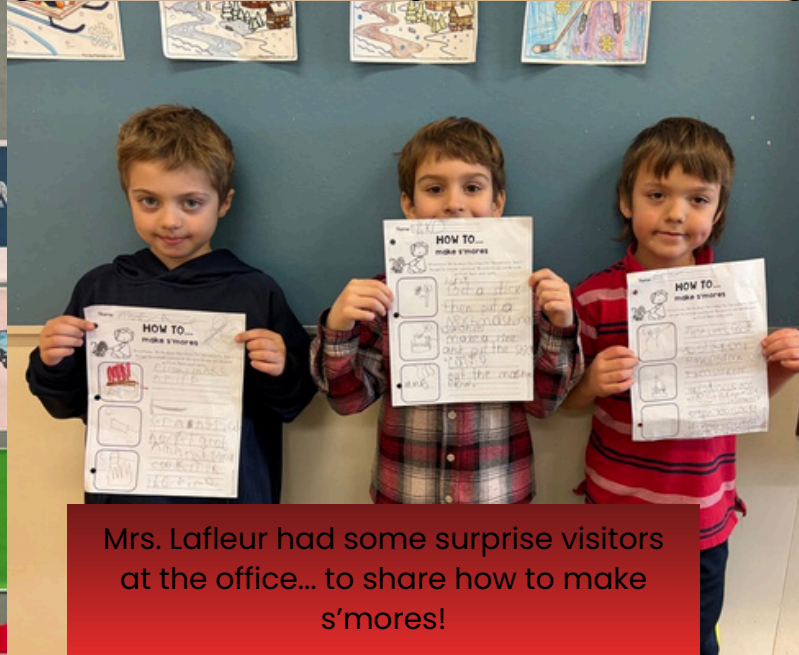


Mrs. Shook's class hanging bird feeders for a local bird unit



Outdoor Education with Mrs. Murray and Mrs. Graffunder's class- Building With Snow





Mrs. Lafleur had some surprise visitors at the office... to share how to make s'mores!