SCHOOL DISTRICT NO. 73
(Kamloops - Thompson)

Grades K-3

Dear Parents and Caregivers,

In order to address the important Physical and Health Education (PHE) learning outcomes, your child will be receiving lessons about their personal safety and their bodies. These lessons include the topics of body awareness, boundaries, personal safety, interpersonal skills, identity, healthy relationships, and development.

Unless you have been informed otherwise, this curriculum will be delivered by your child's teacher, or other school district educator. Educators are encouraged to use Kids in the Know Program to teach healthy boundaries, keep and speak secrets, healthy and unhealthy relationships, and how to stay safe.

Students in grade 3 are not to be taught the grade 4 PHE curriculum as this includes lessons on puberty.

The mandated BC Curriculum addressed can be found in the Physical and Health Education section on the website
https://curriculum.gov.bc.ca/content/physical-and-health-educationintroduction

The benefits of comprehensive personal and sexual health education are that students will:

1. Have the same, age appropriate, up to date, factual information delivered by a trained educator in a non-judgmental, safe environment (this combats mis-information, bias, stereotypes and myths from social media/internet/TV/peers etc., and is a major tool in preventing discrimination, sexual abuse, and exploitation).

2. Gain knowledge, understanding, skills and the attitudes they will need in order to protect themselves and others from potential harm, and to make healthy decisions and choices (studies show that the more information students have, the longer they delay sexual activity and the less likely they are to make risky decisions, or to be exploited).

You, as parents/caregivers, are your child's most important teacher. Students are always encouraged to continue the conversations at home and to check in to what their family rules and family values are when it comes to decision making, health, and relationships.

If you have any questions, please contact your student's teacher, or school administrator.

Alternative Delivery:

"Alternative delivery is a formal process whereby students and/or their parents may request that said students not participate in classes in which sensitive issues and controversial topics are

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present aligned to Ministry of Education Policy: Alternate Delivery in Physical and Health Curricula. Rather than participating in such classes, students, with parental consent and the approval of the principal, may achieve the learning outcomes for the program through an agreed-upon alternative delivery method, such as home instruction, independent directed study or distributive learning."

"The alternative delivery policy **does not allow students to "opt-out"** of learning about these topics. It is expected that students will, in consultation with their school, demonstrate their knowledge of the learning standard"
https://www2.gov.bc.ca/gov/content/education-training/k-12/administration/legislation-policy/public-schools/alternative-delivery-in-the-physical-and-health-curriculum

The SD73 Administrative Procedure 205 - Sensitive and Social Issues Education and alternative Delivery of Health Education can be viewed here: https://bcsd73.civicweb.net/document/93961/

After reading the information letter about _____ (topic/issue),
I,_____ (parent/legal guardian):

provide my permission _____ Yes
do not provide my permission _____No

to have my child participate in the presentation(s) or classes indicated in the information.

Child's name:_____

Parent/legal guardian signature:_____

Please return the signed form to your child's teacher.

Sincerely,

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