

# MAY

Student's Name \_\_\_\_\_ Teacher \_\_\_\_\_

Regular Meals Dates: \_\_\_\_\_

Veggie Option Dates: \_\_\_\_\_

TOTAL # of days ordered \_\_\_\_\_ x \$7 = \$ \_\_\_\_\_

Parent/Guardian name \_\_\_\_\_ phone # \_\_\_\_\_

Please sign and return top portion of form by

**April 21<sup>st</sup>**

-----Keep bottom portion-----

## Canuel Caterers Elementary Lunch Program

May 4-29

Day	Date	Regular	Veggie	Snack
Mon	4	Hot Dog	Veggie Dog	Celery Sticks
Tue	5	Pasta Alfredo with Garlic Toast		Fruit Cup
Wed	6	Three Cheese Pizza Slices		Apple Slices
Thu	7	Spaghetti Meat Sauce	Spaghetti Marinara	Carrots and dip
Fri	8	Chicken Burger	Veggie Burger	Fresh Fruit

**Weekly notes:**

Our Pasta for Pasta alfredo will be Penne, Rotini, or Fusili. Depending on supplies.

All our Pasta sauces are made in house, our meat sauce is made fresh with ground beef, pork, and chicken. And all our red sauces are made with fresh vegetables

Mon	11	Grilled Ham & Cheese	Grilled Cheese	Cucumber Slices
Tue	12	Pancakes and Bacon	Pancakes and Fruit Salad	Fresh Fruit
Wed	13	Cheeseburger	Veggie Burger	Cucumber slices
Thu	14	Chicken Nuggets	Veggie Nuggets	Celery Sticks
Fri	15	CLOSED		

**Weekly notes:**

Our nuggets come with a plum sauce dip, and our snacks are cut and bagged in house.

Grilled ham and cheese does have less cheese than a grilled cheese.

Mon	18	CLOSED		
Tue	19	Cheese Pizza Bagel		Orange Slices
Wed	20	Classic Mac & Cheese		Carrots and dip
Thu	21	Beef Burrito	Bean and Cheese Burrito	Apple Slices
Fri	22	Canuel "Lunchables" pack	Veggie "Lunchables"	Veggies

**Weekly notes:**

Our Lunchables are sausage, crackers, cheese, veggies and dip. Our "veggie" option replaces the sausage with some extra veggies and goldfish crackers.

**Please  
Turn  
Over**

Mon	25	<b>Potato and Cheese Perogies</b>		<b>Apple Slices</b>
Tue	26	<b>Pancakes and Bacon</b>	<b>Pancakes and Fruit Salad</b>	<b>Yogurt</b>
Wed	27	<b>Spaghetti and Meatballs</b>	<b>Spaghetti and Veggie balls</b>	<b>Cucumber Slices</b>
Thu	28	<b>Honey Garlic Chicken on rice</b>	<b>Honey Garlic Veggies on rice</b>	<b>Fresh Fruit</b>
Fri	29	<b>Chicken Nuggets</b>	<b>Veggie Nuggets</b>	<b>Fresh Fruit</b>

Weekly notes:

Honey garlic chicken is a stir-fry with veggies and our honey garlic sauce. Served on whole grain rice.

Our meatballs are Italian beef and pork meatballs. Served in our tomato basil sauce. Veggie meatballs are a meat substitute soy protein.

- **Cost for the full month is 18 lunches x \$7 = \$126**
- **Cheque or cash only. Cheques payable to Bert Edwards Elementary.**
- **BEST PAC Hot Lunch McDonald's on \*Friday, May 8<sup>th</sup>. Please pay PAC separately.**
- **Main meal and side are both served at lunchtime. Please pack a snack for recess break**

**Sorry...no late orders accepted after April 21<sup>st</sup>**