

# BARRIERE SECONDARY COUGAR NEWS



## What's Happening This Week

MONDAY, October 6

- BSS PAC in the BSS Library 5:30 pm

TUESDAY, October 7

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WEDNESDAY, October 8

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THURSDAY, October 9

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FRIDAY, October 10

*October 6 – October 10*

Tenth Moon

Pesqelqlétlen  
many salmon month

## Upcoming Dates

- October 6 BSS PAC in the BSS library at 5:30 pm
- October 13 Thanksgiving Day (School Closed)
- October 16 Parent-Teacher-Student Interviews
  - 1:00 pm – 5:00 pm
- October 24 Pro-D Day (No School for Students)
- November 3 Photo Retakes
- November 3 Post Secondary Visits
- November 8 Indigenous Veterans Day
- November 10 BSS Remembrance Recognizes Day
- November 11 Remembrance Day (School Closed)

**Secwepemcúl'ecw yi7élye ell,  
re tmicws re Simpcw n7élye.**

**Acknowledge that we are on  
the territory of the  
Secwepemc Nation,  
specifically the territory of the  
Simpcw People.**

## Cafeteria Menu

### Monday

- Tortellini w/ Sauce & Garlic Toast or Strawberry Crepes

### Tuesday

- Bacon & Egg Sandwich w/ Veg or Taco Salad Bowl

### Wednesday

- Noodle Soup w/ Bun or Butter Chicken w/ Rice & Pita

### Thursday

- Greek Wrap or Tuscan Chicken w/ Penne & Garlic Toast

### Friday

- Grilled Ham & Cheese w/ Veg or Spaghetti w/ Meat Sauce & Garlic Toast

## Parent-Teacher-Student Interviews

BSS parent-teacher-student interviews will take place during the early dismissal day on Thursday, October 16 from 1:00 pm until 5:00 pm. We look forward to having families come join us to discuss how the year is going so far. The booking is open. If you have used the booking system before, you will need to re-register once you have click this link [HERE](#) The link is also available on the BSS website. Please do not feel that you need to wait until the date of the interviews to reach out to your child's teacher(s). They are always happy to chat. Email or call and teachers will get back to you as soon as possible.

## BSS Personal Device Policy

Please speak with your child prior to them coming on Tuesday about the [BSS Digital Device Usage Policy](#). While the official language is below, what it means is that personal devices, such as cell phones are not to be used during class time. Phones must be stored in their lockers during class time.

At Barriere Secondary School we believe that the foundations of a safe, caring, and welcoming school environment are fostered and maintained through a focus on inclusivity and equity-focused education implemented and supported through a progressive continuum of supports.

## Cafeteria

The cafeteria will be open on Thursday, September 4. Cash is accepted or you may purchase your child(ren) lunch cards through the [SchoolCash](#) Online system.

## Breakfast Program

The **Free** Breakfast Program has started. For those new to BSS, every weekday from 8:00 am – 8:25 am all students can enjoy a free breakfast.

## Course Change Requests

If a course change is needed for Graduation or Post-Secondary requirements, or due to incorrect course assignment, please request an appointment. Continue attending your original classes until you have completed the processes the change.

## **Lost and Found Items**

If students have misplaced clothing or personal items they will be placed on the table at the entrance to the school where students and families can collect the items. If you happen to be in the school, please have a look. Unfortunately, we do not have space to store these items for long periods of time. We will periodically be packaging unclaimed items and donating them to charity.

## **Loran Scholars**

Please see Ms. Domingo if you are interested in applying. Deadline is Oct. 16th. You can find all the information you need to apply at [loranscholar.ca](http://loranscholar.ca).

### [Homepage - Loran Scholars](#)

Loran builds meaningful, positive change across Canada and beyond by empowering young people with curiosity, integrity, and the dedication to uplift their communities. We believe that identifying such promising young people means looking beyond grades to find students with character—those who show courage by pushing boundaries and challenging the status quo; display a commitment to service ...loranscholar.ca

## **FEES and SchoolCash**

School fees and athletic fees are now posted and can be paid through Schoolcash. If you are looking to stop by the school and pay fees using cash, exact change would be appreciated.

Starting September 2025 individual student fees (enhancement fees for field trips and athletics for example) will include a processing fee for all payment transactions using online payment options. This processing fee, which was approved by the Board after the budget consultation process last spring, represents actual costs the Board incurs for using online fee payment services. Cash and cheque payments will not incur this processing fee. We recognize that fee increases can be challenging for families. School District 73 is committed to ensuring that no student is excluded from an educational program or activity or extracurricular activity because of financial need as outlined in the District's Administrative Procedure 506: Student Financial Assistance.

**\*Barriere Secondary School - Schedule of School Fees 2025-2026\***

*School Fee invoices are distributed to students*

**September 2025 for Semester 1 and February 2026 for Semester 2**

Please note that paying online has a processing fee (on average 5%) incorporated in the cost to be paid online, which was approved by the Board after the budget consultation process last spring. These represent true transaction fees charged by the District's processing platform.

**Payments made to the school by cash or cheque should be submitted at the lower amount specified below.**

**Kindly ensure payments are made in the exact amount, as no change can be provided.**

**STUDENT ACTIVITY FEE - \$10.75 online / \$10.00 cash or cheque**

Charged to ALL students for supplies to support general school activities over the school year.

**LOCK RENTAL - \$6.50 online / \$6.00 cash or cheque**

Charged to ALL students. Students will be assigned a lock by the school at the beginning of the year and will be expected to return the lock at the end of each year until they leave the school. Students are required to use the lock provided by the school.

**GRAD FEES - \$89.00 online / \$85.00 cash or cheque**

Charged to Grade 12 graduating students includes: Lifetouch grad photo sitting fee, grad gown rental, souvenir hat & tassel, souvenir grad photo composite in folder and other grad incidentals.

**YEARBOOK-OPTIONAL FEE - \$42.00 online / \$40.00 cash or cheque**

Optional fee to pre-order the school yearbook and keep those GREAT school memories!

**FEE SCHEDULE FOR COURSE ENHANCEMENTS**

The following Fee Schedule represents maximum amounts that would be charged in each of the classes. The items listed are descriptions of consumables for courses, with more specific details to be given within the course outline from the classroom teacher.

<b>Mosaic</b>	online	Cash Cheque	<b>Technology Education</b>	online	Cash Cheque
<b>Mosaic 7 and 8</b> Supplies for ADST (Applied Design, Skills and Technology) activities including wood, art supplies and groceries	\$31.50	\$30	<b>Art Metal 10-12</b> Metal, casting, supplies, gas, solvents, fasteners, welding/brazing consumables, abrasives and jewelry supplies	\$47.25	\$45
<b>Visual Arts</b>			<b>Metalwork 9-12</b> Metal stock, sheet metal, gasses, solvents, fasteners, welding/brazing consumables, abrasives, and hearing protection	\$47.25	\$45
<b>Art Studio 9</b>	\$26.25	\$25	<b>Woodwork 9-12</b> Wood, adhesives, fasteners, abrasives, blades, finishing products, and other consumables	\$42	\$40
<b>Art Studio 10-12</b>	\$26.25	\$25	<b>Skills Exploration 10-12</b> Building materials: lumber, plywood, fasteners, electrical supplies, and plumbing supplies	\$52.50	\$50
<b>Photography 11</b>	\$36.75	\$35	<b>Information Technology 9-12</b>	10.75	\$10
<b>Media Design</b>	\$21.25	\$20	<b>Entrepreneurship and Marketing</b>	\$5.50	\$5
<b>Media Arts</b>	\$10.75	\$10	<b>Fitness and Conditioning 11-12</b>	\$47.25	\$45
<b>Home Economics</b>			<b>Human Performance 9-12</b>	\$31.25	\$30
<b>Food Studies 9-12</b> Groceries and supplies for labs	\$52.50	\$50.00			
<b>Textiles 8/9</b> For materials and associated costs	\$31.50	\$30.00			
<b>Textiles 10-12</b>	\$31.50	\$30.00			

EducationPlannerBC invites parents, families, and grades 10-12 students to join their virtual presentation **Tues, Oct 21, 2025, from 6:30pm-7:45pm.**

**Topic: Parents as Education & Career Coaches: Hosted by EducationPlannerBC**

Come explore our website! Learn about post-secondary education and career opportunities, and resources to support your student in planning for their future. The information will be especially helpful for families with students in grades 10-12. Search thousands of programs, get to know trades, and discover career paths. Find helpful resources, including financial aid options, admission requirements, FAQs, and the Glossary. Learn how to create an account, save programs, paths, and careers to My List, and apply to post-secondary in B.C.

Visit our [Parents & supporters](#) website for our event calendar and helpful resources.

**Registration is required.** The session will be on MS Teams.

Registration link: [Parents as Education & Career Coaches](#)

Date: Tue, Oct 21

Time: 6:30 pm - 7:45 pm

### **Leaving Early or Reporting Absences**

Under "Safe Arrival": Did you know there is a safe arrival app? This makes reporting absences that much easier! You can find more information [HERE](#).

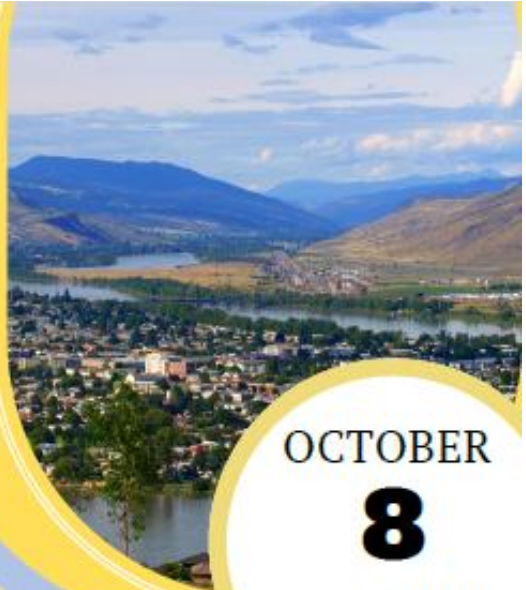
A reminder to parents that ALL absences/ lates /early dismissals should be recorded on our Safe Arrival system prior to 8:30 am on the day of the absence/ late / dismissal (you can also report absences in advance, if they are known). Please review [THIS](#) link for more information and instructions.



SD73 and KIS  
invite you to a



**ESSENTIAL SCHOOL  
INFORMATION FOR ELL &  
NEWCOMER FAMILIES  
VIRTUAL INFORMATION SESSION**



OCTOBER  
**8**

6-7:00PM

Please join us as we share information with parents about schools in Kamloops. Presenters will include SD73 staff and SWIS workers.

Topics of discussion will be:

- ✓ School expectations
- ✓ Learning Updates
- ✓ Communication with your school
- ✓ Answering your questions

**Please register in advance.  
A zoom link will be provided  
upon registration.**



**Registration QR  
Code:**



**For more information email :**

Clara Kong - clara@kcris.ca  
Anna Ediger- swis@kcris.ca

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Immigration, Refugees  
and Citizenship Canada

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et Citoyenneté Canada

## BSS Bell Schedule for the 2025/2026 School Year

The [bell schedule](#) for the 2025/2026 school year will be changed slightly from this year. The start end times for the day will remain the same but there will now be two blocks before lunch and two after lunch. This change will allow for lunch to take place earlier in the day, hopefully helping to ensure students have better access to food throughout the day.

TIME	Day 1	Day 2	Day 3
8:25 A.M.	Warning Bell		
8:30 - 9:48	A	C	D
9:48 - 10:04	16 Min LONG BREAK		
10:04 - 11:22	B	B	B
11:22 - 12:19 (warning 12:14)	LUNCH		
12:19 - 1:37	C	D	A
1:37 - 1:43	BREAK		
1:43 - 3:01	D	A	C
3:01	DISMISSAL		



# Barriere Secondary School Learning Goals 2025-2026



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Engagement Foster student connection and care by engaging all educational community members.

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Mental Health Create a school environment that supports positive mental health.

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Culture Foster a safe, caring, welcoming, and inclusive school culture.

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For more information please check out the Barriere Secondary School Learning Plan at the following [LINK](#).

# Empowerment Through Support

## Youth Day Treatment

**Tuesday & Thursday**

**1:30 PM - 3:30 PM**

235 Lansdowne St.



### Week 1

**The Bigger Picture of Substance Use: Introduction to Boundaries, emotions & Safety.**

Presenters: City of Kamloops & BGCK on Human Trafficking and Internet Safety

### Week 2

**Harm Reduction: Identity, Adolescent Development & SMART recovery.**

Friday:  
Pumpkin Carving at Garden Gate

### Week 3

**Safety First & Stigma: Mindfulness, Substance Safety & Post- Acute Withdrawal Syndrome (PAWS).**

Presenters: KSAC on Consent and Healthy Boundaries.

Friday :  
Mountain Biking

### Week 4

**Drugs: Stimulant Substances, DBT DEARMAN Skills & Youth Resiliency.**

Presenters: Interior Health on Overdose Prevention and Naloxone.

Friday:  
Horseback Riding

### Week 5

**Cognitive, Social & Emotional Competence: Thoughts, Feelings & Actions.**

Friday:  
Connection through Movement at Riverside Park.

### Week 6

**Social Connections: Belonging, Purpose & Social Awareness.**

Friday:  
Indigenous Ways of Knowing in The Land

### Week 7

**Health and Wellness: Problem Solving, Decision Making & Discharge Planning.**

Friday:  
Blazers Game

Starting October 21 to December 5, youth ages 14-20 who face substance use challenges, can access a youth day treatment that seeks to strengthen wellness through education, practice, fun activities, and connecting with others.

FOR MORE INFORMATION PLEASE CONTACT ACCESS AT 250.377.6500 OR EMAIL VIRGINIA.KLAMMER-VALENZUELAD@INTERIORHEALTH.CA



Interior Health

## **Admin Message**

Dear Barriere Secondary School Community,

A reminder that the BSS PAC will meet on Monday, October 6 at 5:30 pm. Please stop by and join in the conversation. Also, parent-teacher-student interviews will take place at BSS on October 16, from 1:00 – 5:00 pm. We look forward to seeing everyone there.

Have a wonderful weekend. Please reach out if you have any questions or concerns.

Warm regards,

Andres Ruberg  
Vice-Principal

Derek Markides  
Principal