



# October 2025 Newsletter

## Student Fees

Starting September 2025 individual student fees (enhancement fees for field trips and athletics for example) will include a processing fee for all payment transactions using online payment options. This processing fee, which was approved by the Board after the budget consultation process last spring, represents actual costs the Board incurs for using online fee payment services. Cash and cheque payments will not incur this processing fee. We recognize that fee increases can be challenging for families. School District 73 is committed to ensuring that no student is excluded from an educational program or activity or extracurricular activity because of financial need as outlined in the District's Administrative Procedure 506: Student Financial Assistance.

\*Please note your school academic fees will be uploaded to School Cash no later than October 10th. Athletic fees will be uploaded later in the month of October. Any questions, please contact the Sa-Hali Secondary office.

Please pay through SchoolCash online: <https://sd73.schoolcashionline.com/>

### Why Use SchoolCash Online?

- Convenient: Make secure payments 24/7 from the comfort of your home.
- Easy To Use: Online shopping with various payment methods
- Safe: Your child won't be carrying cash or cheques to and from school
- Saves Time: Manage your school expenses and view payment history in one place
- One Account: You can manage the fees for up to 8 students at 8 different SD73 school through one account.

Cash or Cheque will be accepted in the office

## Important Dates

Post-Sec visit @ HGEC 6-8pm.....Oct 01  
 "IE" Reports Week .....Oct 06  
 Mosaic #2 begins.....Oct 07  
 Thanksgiving Day-No School.....Oct 13  
 Parent/Teacher Interviews.....Oct. 16  
 Early Dismissal  
 Photo Retakes.....Oct 23  
 U of Calgary visit 8:30-9:30.....Oct 23  
 Non-Instructional Day.....Oct 24  
 U of C Indigenous Visit 2-3.....Nov 03  
 Num-Literacy Assessments.....Nov 04  
 Num-Literacy Assessments.....Nov 05  
 TRU 1 on 1 appt.....Nov 06  
 End Term #1.....Nov 07  
 TRU Recruitment Fair; Indigenous Students (Gr 11/12) in Lib. 1:30-2:45.....Nov 07

## Administration

Principal: Mr. J. Brady  
 Vice Principal: Ms. K. Dolha  
 Vice Principal: Ms. C. Waage

## Office Hours

Monday — Friday, 8:00am to 4:00pm  
 250-374-0861

# Parent-Teacher Conversations

---

Parent Teacher Conversations for Semester 1 will be held on Thursday, October 16, 2025, from 2:00pm to 4:00pm and 5:00pm to 7:00pm. Interviews will be conducted in person. There will be an early dismissal at 12:45pm on that day. The bell schedule for this day can be accessed [here](#).

Please click [HERE](#) to be directed to the PT Conversation booking site to schedule your PT Conversation.

Please contact the school main office at 250-374-0861 if you have any questions. Thank you.

---



## SA-HALI IS A SCENT CONSIDERATE SCHOOL

Many students and adults are allergic to personal hygiene items, such as cosmetics, perfumes, colognes, creams, deodorants, shampoos, conditioners, hair spray and soaps.

Please see the policy [here](#) so that all employees, students, and visitors have a safe environment at Sa-Hali Secondary.

We share the air, go scent free!

## Counselling News:

Post Secondary BC visit - Wednesday, October 1

**Where:** Henry Grube Education Centre

**When:** 6:00pm—8:00pm

University of Calgary - Thursday, October 23

**Where:** Sa-Hali Secondary

**When:** 8:30-9:30

University of Calgary Indigenous Visit— Monday, Nov 3

**Where:** Sa-Hali Secondary

**When:** 2:00 pm —3:00 pm

1 to 1 TRU Future Advisor Appointments – Nov 6

**Where:** Sa-Hali Secondary

**When:** More info to come

\*More info to follow

TRU Recruitment Fair; Indigenous Students (Gr 11 &12) - Nov 7

**Where:** Sa-Hali Sec. Library

**When:** 1:30 pm—2:45 pm

\*Sign up with Ms. Hoillie

## Student Services

Office is open from Monday to Friday  
8:00am to 3:30pm.

If students need assistance from their  
counsellor, please refer to the  
following list:

**Ms C. Keltie:** Grade 8 -12 (A-K)

**Ms. S. Mayoh:** Grade 8-12 (L-Z)

**Ms. J. Douglas:** Ministry  
Designations, TNT, WEX, Recognition,  
Scholarships & Bursaries

## Trades & Transition (TNT)

Students who are interested in  
learning more about the Trades &  
Transition (TNT) opportunities in our  
school district can contact Mrs.  
Joanna Douglas, Sa-Hali  
Secondary TNT Coordinator, by  
phone or email. You can also visit  
the TNT website at [https://  
tnt.sd73.bc.ca/en/index.aspx#](https://tnt.sd73.bc.ca/en/index.aspx#)  
for more information about the  
programs.

# Cell Phone Guidelines

## Bell-to-Bell Expectations

- ◆ During class time (from bell-to-bell), personal digital devices will remain in lockers, backpacks/purses, or holders provided by classroom teachers. Phones will be off or in silent mode.
- ◆ During class time, all school areas, including bathrooms, hallways, and common areas will be designated CELL PHONE FREE.
- ◆ During class time, airpods, headphones or listening devices connected to personal digital devices will not be permitted.

\* Personal Digital Devices means any personal electronic device that can be used to communicate or access the internet, such as a cell phone, tablet or other smart devices. Essential Supports- students who are exceptions to these expectations will be identified by our LART, Counselors or Administration In case of emergencies, communication can be handled through the office.

## **CBC News - January 26th - Provincial Cell Phone Restrictions**

<https://www.cbc.ca/news/canada/british-columbia/bc-restrict-cellphones-schools-1.7096155>

## **CBC - Nov 2023 - Social Media Impacts on Teens**

<https://www.cbc.ca/news/health/smartphone-brain-nov14-1.7029406>

## **E-Mental Health - Unplug and Connect - Keeping Families Strong**

<https://www.ementalhealth.ca/Ontario/Unplug-from-Technology-and-Connect-Keeping-Families-Strong-in-a-Wired-World/index.php?m=article&ID=26722>



# Athletics



## **Hey Sabre Nation!**

If you are interested in playing any sports this year including Intramurals, check out our [website](#) for the most up to date information.

**GO SABRES!**

# Attendance

## STUDENT SAFE ARRIVAL

Parents no longer leave a message on their school's answering machine/Safe Arrival line. Our new system handles the majority of parent contact (including phone calls) when a student absence is unexpected. This also allows parents to interact directly with the system in the following ways:

- by phone when the system calls you or when you want to initiate a call to notify that your child will be absent
- by internet through a login controlled web page interface
- by a Smart phone app (iOS and Android version; both available for free)

In the preferences on the SchoolMessenger App, parents can select the style of message that they wish to receive for certain school messages. For example, parents may wish to receive a text message for a morning call (Safe Arrival) instead of a phone call.

All parents are asked to please report student absences **before 8:30 am** on the day of the absence (you can also report absences in advance, if they are known).

**To report an absence you may choose to:**

- ◆ call the toll free # 1-844-350-2647 or
- ◆ access the following website: <https://go.schoolmessenger.ca> or
- ◆ download School Messenger app from [Google Play](#) or [Apple's App Store](#)

## Verification Forms

Verification forms were sent home in the first week of school. Please ask your student if you have not seen one.

They are due back to the main office or your student's A Block teacher.



We have started a Lego Club at Sa-Hali!

Anyone is welcome to be a part of this new club! The goal is to provide a welcoming and creative environment for students at Lunch on Tuesdays and Thursdays. Here they will be able to create and engage with others.

Mr. Wereley has brought the majority of the Lego that he has owned since childhood for students to use, any additional donations of Lego to the school and Lego Club would be graciously accepted.

So... If you have Lego that is sitting around, gathering dust, or you would like to help students of all ages to continue to develop their creativity and develop community at Sa-Hali, please consider donating!

Mr. Wereley

## Drop Everything And Read (D.E.A.R) at Sa-Hali

This month is Drop Everything And Read. This celebration of the joy of reading is an activity to bring attention to National Library month in North America. Sa-Hali Secondary will join thousands of schools, government employees and businesses to read for 30 minutes on this day. So, grab a book, a magazine, read aloud but read to enjoy!



# Empowerment Through Support

## Youth Day Treatment

Tuesday & Thursday

1:30 PM - 3:30 PM

235 Lansdowne St.



### Week 1

The Bigger Picture of Substance Use: Introduction to Boundaries, emotions & Safety.

Presenters: City of Kamloops & BGCK on Human Trafficking and Internet Safety

### Week 2

Harm Reduction: Identity, Adolescent Development & SMART recovery.

Friday: Pumpkin Carving at Garden Gate

### Week 3

Safety First & Stigma: Mindfulness, Substance Safety & Post- Acute Withdrawal Syndrome (PAWS).

Presenters: KSAC on Consent and Healthy Boundaries.

Friday: Mountain Biking

### Week 4

Drugs: Stimulant Substances, DBT DEARMAN Skills & Youth Resiliency.

Presenters: Interior Health on Overdose Prevention and Naloxone.

Friday: Horseback Riding

### Week 5

Cognitive, Social & Emotional Competence: Thoughts, Feelings & Actions.

Friday: Connection through Movement at Riverside Park.

### Week 6

Social Connections: Belonging, Purpose & Social Awareness.

Friday: Indigenous Ways of Knowing in The Land

### Week 7

Health and Wellness: Problem Solving, Decision Making & Discharge Planning.

Friday: Blazers Game

Starting October 21 to December 5, youth ages 14-20 who face substance use challenges, can access a youth day treatment that seeks to strengthen wellness through education, practice, fun activities, and connecting with others.

FOR MORE INFORMATION PLEASE CONTACT ACCESS AT 250.377.6500 OR EMAIL VIRGINIA.KLAMMER-VALENZUELA@INTERIORHEALTH.CA




Family Resource

## LANGUAGE MATTERS!

Understanding Mental Health and Substance Use:  
A Resource for Families and School Communities

The ministry has partnered with the BC Children's Hospital to launch a new mental health resource for families.

This resource is designed to help parents, guardians and caregivers of school-age children (ages 5-11) and youth (ages 12-18) learn more about common language and concepts on mental health and substance use. Click [here](#) to go to their website.



# Tending the Roots

## Caregiver Support Group - Fall 2025

NEW

### Are you a parent or caregiver of a youth using substances?

You might be feeling worried, overwhelmed, or unsure what to do next.

This **free 6-week group** offers compassionate support and practical strategies to support you - as you support them.

### What to Expect:

- Current information about youth & substance use
- Skills for communication, boundaries, maintaining safety, managing emotions, and preserving connection
- Opportunities to share, listen, and learn with others who get it

**Presented By:** Interior Health Substance Use Clinicians

**Where:** Interior Health MHSU Building (235 Lansdowne), Kamloops BC


**When:** Wednesdays 4:00 - 5:00 PM - October 22, 29, & Nov. 5, 12, 19, 26


**Cost:** Free

All parents and caregivers welcome. No pressure. No judgment. Just a safe space to gather and grow.

More  
info

### Registration is required:

 **250-377-6500**

 **[jenna.ewert@interiorhealth.ca](mailto:jenna.ewert@interiorhealth.ca)**

Space is limited.

Call or email today to secure your spot.

We look forward to meeting you.

# EMPOWERMENT THROUGH SUPPORT

## YOUTH DAY TREATMENT

TUESDAY & THURSDAY

1:30- 3:30

235 LANSDOWNE ST. KAMLOOPS, BC

**On October 21, 2025, youth ages 14- 20 who face substance use challenges, can access a 7 week youth day treatment that seeks to strengthen wellness through education, practice, fun activities, and connecting with others.**



### DAY TREATMENT HIGHLIGHTS

- Inspirational Youth Stories.
- Panel Discussions on Youth Empowerment led by powerful speakers.
- Weekly experiential activities, i.e., mountain biking, horseback riding, and land based teachings.
- Skills- based day treatment.
- Youth can continue to attend school, employment or other programming while in the program.

**FOR MORE INFORMATION PLEASE CONTACT ACCESS AT 250. 377.6500 OR VIRGINIA. KLAMMER-VALENZUELAD@INTERIORHEALTH.CA**





**“I finally feel like I’m not alone. I feel heard, and supported when I speak with a family peer supporter because they “get it” and I don’t have to feel ashamed or alone in my struggles with my child. It is so freeing to speak with someone here. Thank you.”**

# Foundry Virtual BC Supports for Caregivers

## Support for your youth and for you

**Foundry offers free same day and scheduled counselling & peer support, substance use services, groups, Medical Services (Physical and Sexual Healthcare) and employment services for young people ages 12-24 across British Columbia.**

In addition to support for young people, caregivers of youth ages 12-24 can also access counselling, family peer support, and groups for caregivers.

All services offered are **free** and **confidential**. We offer video, audio, and chat options. No referrals are required.

---

**“Supporting a loved one can be challenging— you don’t have to go through it alone”**

– Foundry Family Peer Supporter

**To register and book an appointment, download the Foundry BC app.**

To learn more call 1-833-308-6379, email [online@foundrybc.ca](mailto:online@foundrybc.ca) or visit [www.foundrybc.ca/virtual](http://www.foundrybc.ca/virtual)

**Hours:**  
Mon-Fri, 10am-9pm  
Sat/Sun 10am-6pm



**· F O U N D R Y ·**

Whatever you're  
going through,  
we're here for you.



"I never realized how easy it was to access support through an app on my phone. I accessed Foundry's app from the comfort of my bedroom and spoke with a counsellor the same day. I left my session with resources and a follow-up appointment with a primary care provider. For the first time in a long time, I feel hopeful."

- Youth accessing Foundry Virtual BC services.

## Foundry Virtual BC

We offer free same day and scheduled counselling & peer support, substance use services, groups, primary care and employment services for young people ages 12-24 across British Columbia.

All services are free and confidential, no referrals are needed. We offer video, audio and chat options.

**Scheduled appointments:** Book counselling, peer support and other virtual services for the same day or ahead of time.

**Groups & workshops:** Connect with peers, learn coping strategies and life skills.

**Primary Care:** Speak with a nurse practitioner about substance use concerns, sexual health, medication, gender affirming care or other medical/health-related concerns.

**Employment services:** Explore employment opportunities, educational/certification programs or discuss other job or school-related options.



Download the app or  
use in a browser

**Hours:**

Mon-Fri, 10am-9pm  
Sat/Sun 10am-6pm

To learn more, please call 1-833-308-6379,  
email [online@foundrybc.ca](mailto:online@foundrybc.ca) or visit [www.foundrybc.ca/virtual](http://www.foundrybc.ca/virtual)

· F O U N D R Y ·



## LII PETIT WAPOSOSAK EARLY YEARS DROP IN

PARENTS AND CAREGIVERS WITH CHILDREN  
5 YEARS AND UNDER

TUESDAYS, WEDNESDAYS AND THURSDAYS  
OCTOBER 7<sup>TH</sup> - DECEMBER 4<sup>TH</sup>  
9:00AM - 11:00AM  
703 TRANQUILLE ROAD

FOR MORE INFORMATION, CONTACT ERYN AT 250-819-7754  
OR FOLLOW OUR FACEBOOK PAGE "LII PETIT WAPOSOSAK  
EARLY YEARS DROP IN" TO STAY UP TO DATE WITH MONTHLY  
CALENDARS AND CHANGES/SPECIAL EVENTS



## Aen Chi Loups Walking with Worry Coyotes

Metis Children Aged 7 - 12  
An 8-week Program Starting October 2025

Walking with Worry Coyotes helps kids and families understand their worries - sometimes called anxiety - and learn to walk alongside them without letting them take over. Through stories, games, Metis cultural creations, mindfulness and connection, this group will help kids notice when a "worry coyote" shows up, what it might be trying to tell you, and how to keep moving forward feeling calmer and stronger.

**Registration Required**  
For more information or to register contact Tia at 250-320-5776

Maarsii



LII BUFLOO ZHENN MOOND ENN BAAND DAAFAYR

## BUFFALO YOUTH GROUP

Métis Youth ages 14+

Dates: Wednesdays  
October 8<sup>th</sup> - December 10<sup>th</sup>  
Time: 3:00pm - 5:00pm  
Location: 685 Tranquille Road, Unit 4

**REGISTRATION REQUIRED**  
To register, contact Eryn at: 250-819-7754

## Our Children Are Our Medicine

A safe and supportive space to grow, heal and strengthen family connections based on Michif teachings. A parenting support group for mothers, fathers and caregivers coming together in a learning circle.

Starting October 9<sup>th</sup>, 2025 for mothers only.

This 6 week course will run on Thursday evenings at 5:00pm - 7:30pm, with the final day of group on November 13<sup>th</sup>, 2025 where we will end with a celebration. Stay tuned fathers and caregivers for Winter and Fall group announcements.

For more information, or to register, please contact Pearl at:  
pearl.madore@gov.bc.ca

Maarsii



LMO is offering for Fall 2025, designed for Métis children and families residing in Kamloops. More details are available on our [website](#) and on our Facebook page.

## Shoohkaychiwun Koorboo

## Rip-Roaring Ravens

MÉTIS CHILDREN AGED 9 - 11 YEARS OLD

Thursdays, October 23<sup>rd</sup> - December 4<sup>th</sup>  
3:00pm - 4:30pm  
703 Tranquille Road

**REGISTRATION REQUIRED.**  
TO REGISTER, CONTACT DONNELLE AT 250-299-4972

## TAPITOW NAKAATCHIHTOW INFINITY SKILLS

MÉTIS YOUTH AGES 11 - 13

DATES: MONDAYS AND THURSDAYS,  
OCTOBER 6<sup>TH</sup> - DECEMBER 4<sup>TH</sup>  
TIME: 3:00PM - 5:00PM  
LOCATION: 685 TRANQUILLE ROAD, UNIT 4

**REGISTRATION REQUIRED.**  
TO REGISTER, CONTACT GRATIANA AT 250-319-2160

MAARSII

## LII PCHI AEN NOOR LITTLE BEARS ON THE LAND

MÉTIS CHILDREN AGES 6-8YRS  
(MUST HAVE KINDERGARTEN COMPLETED IN 2025)

DATES: TUESDAYS, OCTOBER 7<sup>TH</sup> - DECEMBER 9<sup>TH</sup>  
TIME: 3:00PM - 4:45PM  
LOCATION: 703 TRANQUILLE ROAD

**REGISTRATION REQUIRED**  
FOR MORE INFORMATION OR TO REGISTER,  
CONTACT SARA H. AT 250-320-5804

MAARSII

## Riding the Rapids

A Metis adapted Dialectical Behavioral Therapy (DBT) Skills Group

Do you have a high sensitivity to emotion and have difficulty expressing your emotions in healthy and helpful ways?  
Do you sometimes react without thinking things through?  
Have your reactions caused hurt to yourself and/or those around you?  
Are you ready to learn skillful and valuable tools to help increase tolerance for distress, regulate emotions, and improve interpersonal relationships?

If you answered yes to these questions; Riding the Rapids provides many skills and tools that can support your journey to create the desired changes in your life alongside your Parantii.

Fall Season begins September 25<sup>th</sup> at Kikéyvel: A Place of Belonging,  
1:00pm - 3:00pm

Please inquire with your Case Manager or contact Jillian Watson  
236.597.3627

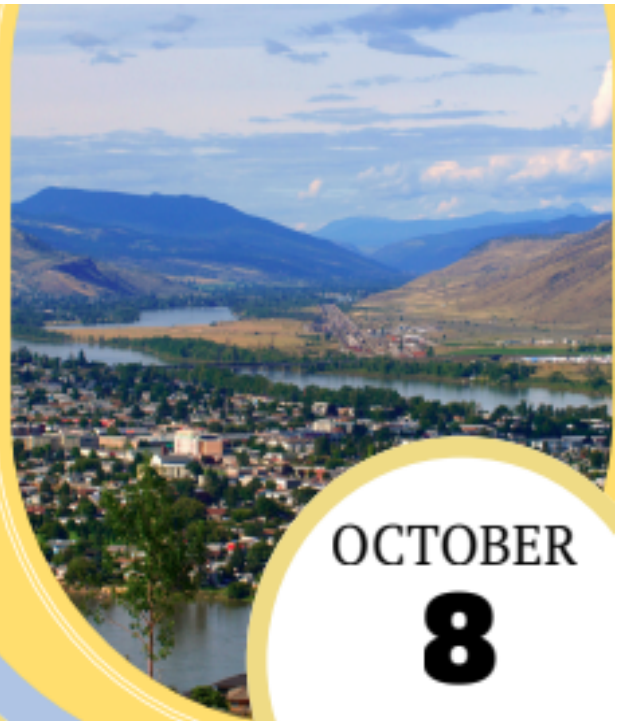


SD73 and KIS  
invite you to a



**ESSENTIAL SCHOOL  
INFORMATION FOR ELL &  
NEWCOMER FAMILIES**

**VIRTUAL INFORMATION SESSION**



OCTOBER

**8**

6-7:00PM

Please join us as we share information with parents about schools in Kamloops. Presenters will include SD73 staff and SWIS workers.

Topics of discussion will be:

- ✓ School expectations
- ✓ Learning Updates
- ✓ Communication with your school
- ✓ Answering your questions



**Please register in advance.  
A zoom link will be provided  
upon registration.**

**Registration QR  
Code:**



**For more information email :**

Clara Kong - clara@kcris.ca  
Anna Ediger- swis@kcris.ca

Funded by:

Financé par :



Immigration, Refugees  
and Citizenship Canada

Immigration, Réfugiés  
et Citoyenneté Canada

**SA-HALI SECONDARY SCHOOL CALENDAR 2025-2026**

\*This is a dynamic document and subject to change

DATE		DAY
<b>SEPTEMBER</b>		
1	Labour Day	X
2	Term #1/Mosaic 1/Orientation Day	1
3		1
4		2
5	Grade-Wide Meetings	3
8		4
9	Photo Day	1
10		2
11		3
12	Terry Fox Run/BBQ	4
15		1
16		2
17		3
18		4
19		1
22	Non-Instructional	X
23		2
24		3
25		4
26		1
29	Orange Shirt Day	2
30	Truth and Reconcil'n Day	X
<b>OCTOBER</b>		
1	Post-Sec visit @ HGED 6-8pm	3
2		4
3		1
6		2
7	Mosaic #2	3
8		4
9		1
10		2
13	Thanksgiving	X
14		3
15		4
16	Parent/Teacher Convo (Early Dismissal)	1
17		2
20		3
21		4
22		1
23	Photo Retake Day/ U of Calgary visit 8:30-9:30	2
24	Non-Instructional	X
27		3
28		4
29		1
30		2
31		3
<b>NOVEMBER</b>		
3	U of Calgary Indigenous Recruiter visit 2-3	4
4	Num+Lit Assess. Double Block	AABB
5	Num+Lit Assess. Double Block	CCDD
6	TRU 1 on 1 appt	1
7	Indigenous Veteran's Day/End Term #1	2
10	Term #2/Mosaic #3/Remembrance Day Assemblies	3
11	Remembrance Day	X
12		4

13		1
14		2
17	Louis Riel Day	3
18		4
19	U of Alberta visit 1:15-2:15	1
20		2
21	Report Cards	3
24		4
25		1
26		2
27	I/E Meetings	3
28		4
<b>DECEMBER</b>		
1	Non-Instructional	X
2		1
3		2
4		3
5		4
8		1
9		2
10		3
11		4
12		1
15	Mosaic #4	2
16		3
17		4
18		1
19	Pancake Breakfast	2
<b>Winter Break Dec 22<sup>nd</sup> - Jan 2<sup>nd</sup></b>		
<b>JANUARY</b>		
5	School Reopens After Break	3
6		4
7		1
8		2
9		3
12		4
13		1
14		2
15	Capstones	3
16		4
19		1
20	Num+Lit Assess./Grad Photos 20-27	2
21	Num+Lit Assess.	3
22		4
23		1
26	Project Completion	X
27	Project Completion END TERM #2	X
28	2 <sup>nd</sup> Semester Starts TERM #3/Mosaic #5	1
29		2
30		3
<b>FEBRUARY</b>		
2		4
3		1
4	Grade 9 Immunizations	2
5		3
6	Non-Instructional / Report Cards	X
9		4
10		1
11		2
12		3
13		4

16	Family Day	X
17		1
18		2
19		3
20	Semester 1 Awards/Recognition	4
23		1
24	Photo Retakes (24&25)	2
25	Pink Shirt Day	3
26		4
27		1
<b>MARCH</b>		
2	I/E Week	2
3	Mosaic #6	3
4		4
5		1
6		2
9		3
10		4
11		1
12	Parent/Teacher Convo's (Early Dismissal)	2
13		3
<b>Spring Break Mar. 15<sup>th</sup> - 27<sup>th</sup></b>		
30		4
31		1
<b>APRIL</b>		
1		2
2		3
3	Good Friday	X
6	Easter Monday	X
7	Day of Suwentwecw	4
8		1
9		2
10		3
13		4
14		1
15		2
16		3
17		4
20	End Term #3	1
21	Term #4/ Mosaic #7/ Num+Lit Assess. Double Block	AABB
22	Num+Lit Assess. Double Block	CCDD
23		2
24		3
27	Non-Instructional	X
28		4
29		1
30		2
<b>MAY</b>		
1		3
4	Report Cards	4
5	Red Dress Day	1
6		2
7		3
8		4
11		1
12		2
13		3
14	Moose Hide Day/ I/E Meeting	4
15	Non-Instructional	X

18	Victoria Day	X
19		1
20		2
21		3
22		4
25		1
26	Mosaic #8	2
27		3
28	District Honours Reception	4
29		1
<b>JUNE</b>		
National Indigenous History Month		
1		2
2		3
3		4
4		1
5		2
8		3
9		4
10		1
11	Num+Lit Assess./Catch up Week	2
12	Num+Lit Assess./Catch up Week	3
15	Indigenous Grad	4
16		1
17		2
18	Principals List Lunch/Athletic Banquet Capstones	3
19	Capstones/National Ind. Peoples Day	4
22	GRAD	1
23	Last Day of Reg. Class	2
24	Project Completion	X
25	Project Completion End Term #4	X
26	Administrative Day Non-Instructional	X

Day 1 – A B C D  
 Day 2 – B C D A  
 Day 3 – C D A B  
 Day 4 – D A B C