



Roadrunner



REPORT

Friday, February 7, 2025

Principal's Message

Weyt-kp/ਸਤ ਸ੍ਰੀ ਅਕਾਲ/привет/ Hola/بيلو/Kumsta/مرحبًا/Hello

February is Kindness Month and we are excited to show all of the ways we can show kindness at school and in the community. We started off the month with a kick-off assembly to spark some ideas about how to be kind to each other, and I explained to the students that I wear a bit of pink each day to remind myself, and others, that Pink Shirt Day is not just a one-day event, but that we should be sharing kindness everyday. I then challenged the students to see if they could join me in this challenge and it has been truly awesome to see so many students show off their pink everyday, even if it is just a pair of socks, or a hair tie. I have added a **Kindness Bingo** to this newsletter which you can print off at home and fill out as your family completes each task. I will also have some hard copies at office, for those of you would would like one. Have fun with it.

February is also an important month of learning and assessment, as teachers start to prepare the Term Two Learning Updates, which will go home on March 12. Please make sure to communicate any absences with your child/ren's teachers so that they can plan their assessments accordingly.

Lastly, checking in with your child/ren regularly is always a great idea, but instead of asking them "What did you learn at school today?" and getting the typical "Nothing" answer, try these questions:

- What was the best part of your day?
- What made you laugh today?
- How did you show kindness today?

Subscribe to the School Calendar on school website [here](#)

What's In This Month's Issue?

- Upcoming Events
- Kindness Bingo
- Opposite Day
- Kindergarten Registration
- Basketball
- Strings Cancelled
- Scholastic Book Fair
- Kamloops Blazers' Visit
- TRU Popsicle Bridge Comp
- After-School Supervision
- Valentine's Day
- Student Learning Survey
- ERASE Reporting Tool
- Diversity and Culture Calendar February
- Spirit Days
- Pink Shirt Day
- Dressing for the Weather
- Staff Parking Lot
- PAC
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- Criminals Records Check
- S.P.A.R.K
- March Lunch Program Menu
- Mount Paul Community Food Center

Upcoming Events

February 13	Strings Program 3pm-4pm
February 14	Grades Telford, Gulbransen/Plummer, and Selski's classes to Harper Mountain Valentine's Day
February 17	FAMILY DAY HOLIDAY- SCHOOL IS CLOSED
February 18	Kamloops Immigrant Services presentations to Mrs. Anjali's and Gulbransen't
February 19	Skating at MacArthur Island - Mrs. Shull and Mrs Cattermole's classes
February 20	X-Country Skiing @ Stake Lake for Mrs. Cattermole and Ms. Selski's classes
February 24	Strings Program Skating at MacArthur Island - Ms. Hunter and Mrs. Gulbransen's classes PAC Meeting @ 4:30
February 25	Kamloops Blazer's Visit 9am-11am
February 28	Skating @ MacArthur Island for Mrs. Shull's and Mrs. Barrow's classes
March 3	Skating @ MacArthur Island for Ms. Hunter and MRs. Barrow's classes
March 5	Grade 7 Course Registrations with NorKam Counsellors
March 14	Beach Day - Students are encouraged to wear Beach Attire
March 15 - 30	Spring Fling Dances - Primary 11:45 and Intermediate 1:30pm SPRING BREAK





Kindness Bingo

For the month of February, try to complete a line or as many tasks as possible.

Hold the doors open for your class for the day	Smile and say "Good Morning" to 5 people in the hallways.	Write a thank you letter to our custodians for keeping our school clean	Donate food to the Kamloops Food Bank.	Let someone go ahead of you in the line.
Leave a nice note for someone in your family.	Clean up a mess that isn't yours.	Ask 3 people how their day is going and listen to their response.	Sit next to someone new at lunch.	Push in someone's chair.
Read your favourite book to someone in your family	Write a letter to a grandparent.		Tell 3 people that you are proud of them and why.	Offer to help someone who needs it.
Do something nice for a family member at home	Play nicely with someone new at Recess.	Make an encouraging card for someone who is sad.	Give 3 people a compliment, and mean it.	Pick up litter around the neighbourhood.
Do someone else's chores.	Donate one of your toys to a local charity.	Write an anonymous happy note for someone to find.	Write a nice note to a former teacher.	Thank a staff member who has made you feel special.

OPPOSITE DAY

Our next Spirit Day will take place on Friday, February 28th. Students are invited to wear their clothes inside out, backwards or even pair with a friend and wear opposite colours. We can't wait to see all of the creative ways that students come up with to showcase this day.



BASKETBALL

Girls Schedule

Thurs. Feb 6 @ home vs. Westsyde
Thurs. Feb. 13 @ OLPH
Thurs. Feb. 20 @ home vs. St. Ann's
Thurs. Feb. 27 @ Westmount

Boys REC Schedule

Tues. Feb. 4 @ home vs. Dufferin
Wed. Feb. 12 @ home vs. RLC
Tues. Feb. 18 @ McGowan
Tues. Feb. 25 @ Sk'elep

Boys COMP Schedule

Tues. Feb. 4 @ KCS
Tues. Feb. 11 @ home vs. Rayleigh
Tues. Feb. 18 @ home vs. BEST
PLAYOFFS



STRINGS CANCELLED

The Strings Program is CANCELLED on **Thursday, February 27th**. The program will recommence on Thursday, March 6th.



Read more

KINDERGARTEN REGISTRATION

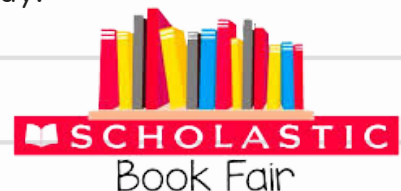
We have just finished the official Kindergarten Registration week; however, we continue to welcome registrations at any point. That being said, it is far easier for us to plan for a seamless start-up if we know how many students we are expecting in September. **We need your help** to get the word out. If you, or anyone you know, has a child that was **born in 2020**, you will need to register them at their neighbourhood school as soon as possible.

If you already have a child/ren enrolled at AE Perry, and you have a child/ren starting in Kindergarten in September, please let Mrs. Ablitt or Mrs. Mc Givern know and we will send home a registration package home with the oldest sibling.

Scholastic Book Fair

AE Perry will be hosting a Scholastic Book Fair March 3-5. Here is the tentative schedule that we will be following:

- Thursday, Feb. 27- set up in library after school
- Friday, Feb. 28 - teachers bring their classes through to "browse" the Fair and students make "wish lists"
- **Monday, Mar. 3** - Sales day 1 (classes choose a time to come in and make their purchases). The book fair will be open after school for families to purchase items
- **Tuesday, Mar. 4** - Sales day 2—same as previous day.
- **Wednesday, Mar. 5** - Sales day 3—Fair will just be open **until noon** to allow any "last minute student" shoppers to come in and buy. The fair will be all boxed back up in the afternoon. There will be **NO AFTER SCHOOL SALES** on this day.



Kamloops Blazers

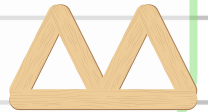
Celebrate Family Day with the Kamloops Blazers on Monday, February 17th. We will then have a few members of the team come to visit our school on Tuesday February 25th. If you have any Blazers' attire (jersey, t-shirt, hoodie etc.), you are encouraged to wear it to school that day.



TRU Popsicle Stick Bridge Competition

TRU Popsicle Stick Bridge Competition on Saturday, March 8, 2025 for Grades 1-12. Students can sign up on the website or show up with their bridges. Elementary student bridges are tested from 9:30 am until approximately 11:30 am. Secondary schools follow.

More information is available [here](#).



Supervision Afterschool

We are seeing more and more students not being picked up at the 2:40 bell and waiting for their parent on the playground or at the office until well after 3:00 PM. This is a reminder that there is no supervision on our school grounds after school, and as such, students need to be picked up or walk home after school. This includes siblings of students participating in after-school programs. Please take a moment as a family to plan what your after-school plans are. If you need before or after school care, please contact the Before and After School Care team at elcc@sd73.bc.ca to get on a waitlist.

Valentine's Day

Valentine's Day is fast approaching, and I am sure that your child/ren is/are excited about preparing Valentines for his/her/their classmates. A good rule of thumb is to write them for the entire class, for all of the girls, or all of the boys. This way no individual students are left out. Individual teachers will have different plans for the day, so please reach out to your child's teacher prior to sending your child to school with treats for the class.

Read more

<https://aeperry.sd73.bc.ca/en/index.aspx>



STUDENT LEARNING SURVEY

The Provincial Student Learning Survey is unique in its scope, size and usefulness to schools. It gathers information from parents/guardians/caregivers, teachers, and students on topics related to school environment, safety, and achievement. The information is used for planning in individual schools and provides a district and provincial perspective. This February, the Student Learning Survey will be administered to students in Grades 4 and 7, and to all school staff. It is now your turn. We encourage parents, guardians, or caregivers to participate in this survey, as the results are important in identifying and celebrating current strengths, as well as determining where the school needs to focus improvement. The surveys contain standard questions for the Province and questions from the school and/or district that focus on local conditions or issues. The survey can be completed electronically and can be accessed on the Internet at <https://www.awinfosys.com/SurveyFull1/central/main/access.asp>. Any computer with an Internet connection can be used, and access to the e-survey is simple and secure. The survey can be accessed through the link **without an anonymous logon** code by selecting the 73 Kamloops-Thompson and then AE Perry Elementary. The e-survey site will be open until May 2nd.

Student Learning Survey

Take the online survey

The survey is available online from January 6th to May 2nd. Please contact your school if you have difficulty using the online survey.

Students



A logon number from your school is required in order to access the appropriate online survey.

Parents



Please complete one survey for each child. Direct (logon-free) Access.

Staff



Direct (logon-free) Access.

Administrators



Direct (logon-free) Access.

E.R.A.S.E. Tool

Use Report It Tool - Scan here with your phone

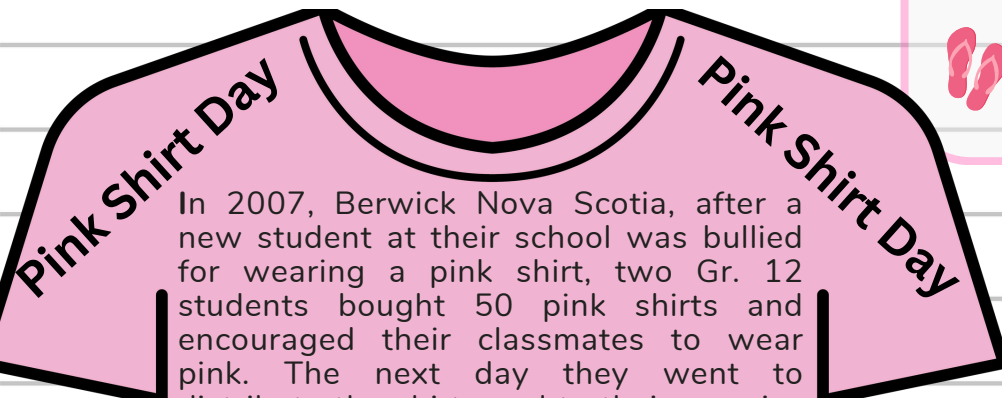


Expect **R**espect and a **S**afe **E**ducation is all about building safe and caring school communities. If there is something worrying your child or your child's friends at school, encourage them to let an adult know about it so they can help to resolve it. The ERASE Report-It tool is an easy and **confidential** way to send a message to your school, who will follow up on the situation right away. They will only follow up with you directly only **IF** you provide your name.

<https://www2.gov.bc.ca/gov/content/erase/help>

Diversity and Culture Calendar February

1-28	Black History Month
7	World Read Aloud Day
7-16	Carnaval de Québec
11	Safer Internet Day
12	Lantern Festival
15	National Flag Day
17	National Random Acts of Kindness Day
17	Family Day
17	Heritage Day
17-21	Kindness Week
20	World Day of Social Justice
21	International MOTHER Language Day
21-Mar.1	Freedom to Read Week
26	Pink Shirt Day



In 2007, Berwick Nova Scotia, after a new student at their school was bullied for wearing a pink shirt, two Gr. 12 students bought 50 pink shirts and encouraged their classmates to wear pink. The next day they went to distribute the shirts and to their surprise the majority of students arrived wearing pink! **Wednesday, February 26th** is this year's "Pink Shirt Day," and as such, we are inviting students to wear a pink shirt this day to commemorate this day and to encourage kindness amongst everyone. We will be having an assembly at 10am that day and parents are invited to attend if they would like.

We will be putting in an order of SD73 bee kind t-shirts. The shirt was designed by a Grade 12 Student at KSA. You can order the shirts by clicking [here](#). The T-shirts are \$15-\$19 and the hoodies are \$40-\$44.

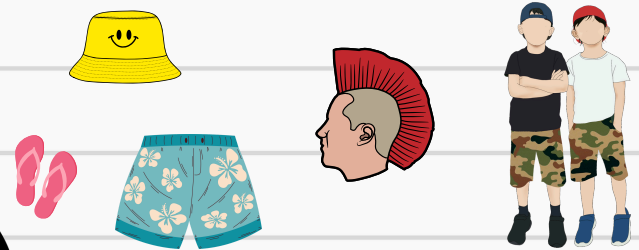


SPIRIT DAYS



Our Student Leadership Club has planned some fun spirit-building days for the year. Upcoming spirit days are:

- **Friday, February 28** - Opposite Day
- **Friday, March 14** - Beach Day
- **Wednesday, April 30** - Favourite Character Day
- **Friday, May 30** - Wacky Hair and Sock Day and Rainbow Day
- **Friday, June 13** - Twin Day



Dressing for the Weather

Winter has finally arrived with a vengeance, and it is clear that some of us were not quite prepared for the frigid weather. We will be sending students outside in the colder weather, as they need to move their bodies and get some fresh air. Please make sure that your child/ren comes to school prepared to spend time outside. This means that a jacket that closes, a hat, mittens or gloves, boots, and snow pants. We do not have supervision indoors during recess or lunch, so students may not stay indoors. If the weather proves to be too cold, I check the Environment Canada website frequently and even go outside myself, we will deem it an "In Day" and the entire school stays inside. If you need help finding some warm winter clothes for your family, please reach out to Ms. Mabee, Mrs. Plummer, Mrs. Ablitt or Mrs McGivern and we will see what we can do to help.



STAFF PARKING LOT

We have noticed an increasing number of parents/guardians parking, picking up and dropping off their child/ren in the staff parking lot. This causes a number of safety issues for our community.

1. As the number of cars there are in the parking lot increases, it becomes more congested and the chances of someone being struck.
2. We have a number of families who travel to school on foot, and enter the school grounds from this area. There are many smaller, not-yet-school-aged children who do not yet have the knowledge/experience of how to navigate parking lots safely.
3. We have a variety of District staff that visit our school to support children who need to access these parking spots.
4. We also have District Maintenance Vehicles which need to access our school to do minor repairs and maintenance tasks. They cannot do this if they cannot access the school.

We kindly ask that if you are arriving to the school with a vehicle, that you use Lethbridge Avenue to drop off and pick up your child/ren.



DO NOT PARK IN THE STAFF PARKING LOT. THANK YOU

PARENT ADVISORY COUNCIL (P.A.C)

Our Parent Advisory Council is having their next meeting **Monday, February 27th at 4:30pm** in our school library. All parents are welcome to attend.

Our PAC also has a Facebook Group that parents can join to stay informed of all of the events that PAC has planned. It is called **A.E. Perry Family**.

Our PAC executive for 2024-2025 is:

Chairperson: Jade Sallows
Vice-Chairperson: Malcolm Atkin
Secretary: Christopher Dale
Treasurer: Krystyna Smoch



SCENTS AND PERFUMES



We have a number of staff members who are very sensitive to artificial scents, such as perfume and scented lotions and hair products. When our staff works closely with students who are wearing these scents, it causes them to have migraine headaches and take time off of work, often leaving us short-staffed for the day. We are asking you to refrain from spraying your children with these scented products before sending them to school.

Thank you for your cooperation with this matter and keeping everyone at school safe and healthy.

CRIMINAL RECORDS CHECK

Any adult wanting to volunteer in his/her/their child/ren's class, drive students to/from athletic events, supervise on field trips, or be alone with children other than their own for any reason, will need to complete a criminal records check.

This can be done easily online [here](#) Use the code **6EWCGPQXWN**. It is free of charge.

Because it can take up to a couple of weeks for these checks to come back to us, if volunteering is something that you are interested in this year, I would recommend starting the process ASAP.



SPARK

Strong, Prepared And Ready for Kindergarten

Is your child excited for Kindergarten?

Entering kindergarten is a major transition for children and parents.

This free program includes:

- Time spent with Kindergarten teachers and school staff
- Parent education
- Take away activities

You are encouraged to attend all, but please feel free to sign up for those you can.



FREE!

**Registration
required**

DATES

April 24th

May 14th

June 10

TIME

4:30pm

to

5:30 pm



REGISTER HERE:

<https://forms.gle/o5L7c6Lbkp2pRvdg8>

March Lunch Program Menu

[Forms are due to office Wednesday February 19](#)

Day	Date	Menu	Snack <u>w</u> Lunch	Check your selection
Mon	3	Hot Dog	2 snacks	
Mon	3	Veggie Dog	2 snacks	
Tue	4	Grilled Cheese with Ham	snack	
Tue	4	Grilled Cheese with Roast red pepper	snack	
Wed	5	Cheeseburger	snack	
Wed	5	Veggie Burger	snack	
Thur	6	Penne Alfredo w/Garlic Toast	snack	
Fri	7	Crispy Chicken Ranch Wrap	snack	
Fri	7	Chickpea Patty Ranch Wrap	snack	
Mon	10	Cheese Pizza Bagel	snack	
Tue	11	Chicken Nuggets	snack	
Tue	11	Veggie Nuggets	snack	
Wed	12	Broccoli Mac and Cheese	snack	
Thur	13	Teriyaki Chicken Stir-Fry on Rice	snack	
Thur	13	Veggie Stir-Fry on Rice	snack	
Fri	14	Crunchy Chicken Caesar Wrap	snack	
Fri	14	Chickpea Caesar Wrap	snack	

Given the potential for significant cost increases next month, Canuel Caterers are doing everything they can to minimize the impact on pricing while maintaining the quality of meals. By the time of their next menu rollout, they expect to have a clearer understanding of the situation and will be able to better forecast our needs going forward. Until then, they have decided to leave the snack offerings undefined, allowing them the flexibility to adjust, if necessary. They remain committed to supporting local BC businesses and will continue to offer fresh, healthy fruits and vegetables in their snack options whenever possible. Rest assured; any snacks provided will always be nutritious choices for your children



MOUNT PAUL
community food centre

Weekly Programming

Mondays	Community Meal
Tuesdays	The Market; Community Pantry, Produce Boxes Meals on Wheels** Garden Drop In (Seasonal)
Wednesdays	Youth Food Skills Food Skills*
Thursdays	Community Meal The Market; Community Pantry, Produce Boxes Meals on Wheels** Garden Drop In (Seasonal)
Fridays	Farmers Market Coupon Program (Seasonal)**

* indicates a registration is required ** indicates seniors' programming

All programs are offered at the Community Food Centre, 140 Laburnum Street, P: 236-421-1011

Join us on social media  @icsfoodcentre  @mountpaulcfc



MOUNT PAUL
community food centre

Weekly Programming

Community Meal - Everyone is welcome for this no-cost, dine-in meal. Mondays and Thursdays, 12-1pm

The Market - Affordable produce market featuring locally sourced vegetables and fruits. Tuesdays and Thursdays, 10-2 pm.

Produce Boxes - Pre-packed local produce boxes available during the Market. A \$25 value for \$10 fee.

Youth Food Skills - Space to help foster a positive relationship with food for youth aged 13 – 19 years old. Registration required. Wednesdays, 4-6pm.

Food Skills Classes - Enhance kitchen skills, increase social connections and nutritional information. Registration required.

Garden Drop In (Seasonal) - Planting, pruning and harvesting organic produce every week. Learn different growing methods in the local environment. Tuesdays and Thursdays, 9-12pm.

Meals on Wheels - Premade frozen meals available for purchase, delivery by volunteers. Registration required. Tuesdays and Thursdays

Food Hamper Delivery - Seniors living with accessibility barriers can have hampers delivered by volunteers. Registration required.

Farmer's Market Coupon Program (Seasonal) - Seniors receive 16 weeks of coupons through the provincial Farmer's Market Coupon Program. Registration required.

Better at Home - Non medical supports for seniors who are over 65 years. Registration required.

Community Connector - Looking for more information on seniors focused programming in town? Ask our Community Connector

Community Gardens - Garden plots available for yearly lease in 9 locations throughout the city.