



Roadrunner



REPORT

Monday, March 3, 2025

Principal's Message

Weyt-kp/ਸਤ ਸ੍ਰੀ ਅਕਾਲ/привет/ Hola/بيلو/Kumsta/مرحبًا/Hello

It is hard to believe that we have made it out of the toughest of the winter weather, and we are almost into Spring. With this change in season, comes not only a change in weather, but an hour time change as well. Take this as your official reminder that we "Spring Forward" this weekend by turning our clocks an hour ahead on **Saturday night**. For some of you, this time change will have little to no impact on your household, but for many of you, this will make for a rough week next week, as your children will need to get up an hour earlier than they are used to. Keeping your bedtime routine as similar as possible and eliminating screen time for at least an hour before bedtime will help tremendously. In addition, spending time outside during the day also helps to regulate our internal clocks and makes going to sleep at bedtime easier.

Learning Updates (aka Report Cards) will be sent home and published to the MyEd portal on Wednesday, March 12th. If you need help in how to login to your MyEd account, please contact either Mrs. McGivern or Mrs. Ablitt in the office for support. If you have any questions about your child/ren's learning, please don't hesitate to reach out to your child/ren's teacher.

We have a couple of weeks until Spring Break, and I hope that you all get the opportunity to rest and recover from what seemed to be the longest and most brutal cold and flu season of all time. If I don't see you before the break, have a wonderful holiday, and we will see you on Monday March 31.

What's In This Month's Issue?

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- S.P.A.R.K
- April Lunch Program Menu
- Mount Paul Community Food Center

Upcoming Events

March 3	Skating @ MacArthur Island for Mrs. Barrow's classes Book Fair in the Library
March 4	Book Fair in the Library Boys Competitive Basketball Game playoff @ KCS 3:00pm
March 5	Book Fair in the Library - closes at 1:00pm Grade 7 Course Registrations with NorKam Counsellors
March 7	PAC Family Dance - 6pm-8pm - Beach Party
March 10	PAC Meeting - 4:30pm
March 12	Learning Updates (aka Report Cards) are sent home and posted to MyEd
March 13	Grade 7 Bake Sale Fundraiser
March 14	Beach Day - Students are encouraged to wear Beach Attire Spring Fling Dances - Primary 11:45 and Intermediate 1:30pm
March 15 - 30	SPRING BREAK
March 31	School Re-Opens
April 7	Day of Suwentwecw
April 10	Gymnastics - Mrs. Cowan, Mrs. Semenoff, Mrs. Paddon
April 11	PAC Movie Night



Subscribe to the School Calendar on school website [here](#)

Spring Break



BEACH DAY

Our next Spirit Day will take place on **Friday, March 14th**. Students are invited to wear anything Beach-themed. This includes sunglasses, Hawaiian leis, flowered shirts, sun hats, etc. Keep in mind that the students will still be required to go outside for recess, so they will need to have clothes that will allow them to stay warm outside. We can't wait to see all of the creative ways that students come up with to showcase this day.



FLAG FOOTBALL

This year, because we have Grade 7 students at our school, we are able to take part in the SD73 Flag Football League for the first time, and we are excited. The league is for students in Grades 6 and 7 and is open to students of all genders, and we encourage female students to join as we need a minimum of 3 female students on the field at all times in order to play. It is not necessary for students to know anything about football. They just need to come with a positive attitude and a willingness to learn.



Mrs. Langford is taking on the coaching of this team, but we will be looking for referees for when we host games. If this is something you or someone you know might be interested in doing, please contact Mrs. Langford alangford@sd73.bc.ca

KINDERGARTEN REGISTRATION

We continue to welcome registrations for Kindergarten for the 2025-2026 school year. That being said, it is far easier for us to plan for a seamless start-up if we know how many students we are expecting in September. **We need your help** to get the word out. If you, or anyone you know, has a child that was **born in 2020**, you will need to register them at their neighbourhood school as soon as possible.

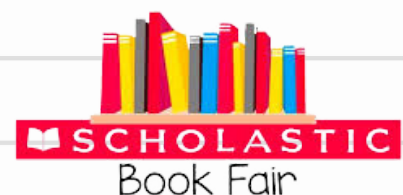
If you already have a child/ren enrolled at AE Perry, and you have a child/ren starting in Kindergarten in September, please let Mrs. Ablitt or Mrs. Mc Givern know and we will send home a registration package home with the oldest sibling.



Scholastic Book Fair

AE Perry will be hosting a Scholastic Book Fair March 3-5. Here is the tentative schedule that we will be following:

- **Monday, Mar. 3** - Sales day 1 (classes choose a time to come in and make their purchases). The book fair will be open after school for families to purchase items. Only students who are accompanied by a parent will be permitted in the Book Fair.
- **Tuesday, Mar. 4** - Sales day 2—same as yesterday.
- **Wednesday, Mar. 5** - Sales day 3—Fair will just be open **until noon** to allow any "last minute student" shoppers to come in and buy. The fair will be all boxed back up in the afternoon. There will be **NO AFTER SCHOOL SALES** on this day.



Read more



DOGS on School Property

You will never meet a person who loves dogs more than I do; however, we have had a fairly significant problem with dog feces (aka poop) on our school grounds as of late, which causes a disgusting mess for both our custodian and the students playing in the field.

While we appreciate that we are a neighbourhood school, and many families walk to and from school, we ask that you keep your dogs off of school property and meet your child/ren at the outskirts of our field. If your dear Fido does do his/her business on our school grounds, please be a responsible pet owner and clean up after him/her.



TRU Popsicle Stick Bridge Competition

TRU Popsicle Stick Bridge Competition on Saturday, March 8, 2025 for Grades 1-12. Students can sign up on the website or show up with their bridges. Elementary student bridges are tested from 9:30 am until approximately 11:30 am. Secondary schools follow.

More information is available [here](#).



Supervision Afterschool

We are seeing more and more students not being picked up at the 2:40 bell and waiting for their parent on the playground or at the office until well after 3:00 PM. This is a reminder that there is **no supervision** on our school grounds after school, and as such, students need to be picked up or walk home after school. This includes siblings of students participating in after-school programs. Please take a moment as a family to organize your after-school plans. If you need before or after school care, please contact the Before and After School Care team at elcc@sd73.bc.ca to get on a waitlist.



Head Lice



There have been several classes that have had cases of lice in the past couple of weeks. For any of you who have had the honour of dealing with lice, it is no small feat to get rid of all of them. Notices get sent home to the entire class of the individuals with lice so that all families of that class can do a check. If you have multiple children, it is always a good idea to check the siblings as well, and to let the school know, so we can let their class know too. Once you have treated your child/ren, they are welcome to come back to school. The hard part is that you need to comb through the hair and pick out the eggs and nits, and treat the hair again a few days later. Doing laundry in hot water and putting bedding, including pillows, in a hot dryer, also go a long way to eliminating those pesky pests.

Read more



STUDENT LEARNING SURVEY

The Provincial Student Learning Survey is unique in its scope, size and usefulness to schools. It gathers information from parents/guardians/caregivers, teachers, and students on topics related to school environment, safety, and achievement. The information is used for planning in individual schools and provides a district and provincial perspective. This February, the Student Learning Survey will be administered to students in Grades 4 and 7, and to all school staff. It is now your turn. We encourage parents, guardians, or caregivers to participate in this survey, as the results are important in identifying and celebrating current strengths, as well as determining where the school needs to focus improvement. The surveys contain standard questions for the Province and questions from the school and/or district that focus on local conditions or issues. The survey can be completed electronically and can be accessed on the Internet at <https://www.awinfosys.com/SurveyFull1/central/main/access.asp>. Any computer with an Internet connection can be used, and access to the e-survey is simple and secure. The survey can be accessed through the link **without an anonymous logon** code by selecting the 73 Kamloops-Thompson and then AE Perry Elementary. The e-survey site will be open until May 2nd.

Student Learning Survey

Take the online survey

The survey is available online from January 6th to May 2nd. Please contact your school if you have difficulty using the online survey.

Students



A logon number from your school is required in order to access the appropriate online survey.

Parents



Please complete one survey for each child. Direct (logon-free) Access.

Staff



Direct (logon-free) Access.

Administrators



Direct (logon-free) Access.

E.R.A.S.E. Tool

Use Report It Tool - Scan here with your phone



Expect **R**espect and a **S**afe **E**ducation is all about building safe and caring school communities. If there is something worrying your child or your child's friends at school, encourage them to let an adult know about it so they can help to resolve it. The ERASE Report-It tool is an easy and **confidential** way to send a message to your school, who will follow up on the situation right away. They will only follow up with you directly only **IF** you provide your name.

<https://www2.gov.bc.ca/gov/content/erase/help>

Diversity and Culture Calendar MARCH

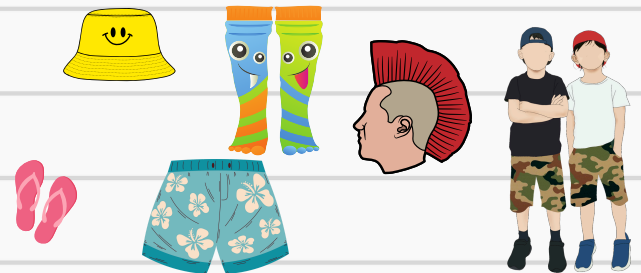
1-31	Francophonie Month	
1-31	Irish Heritage Month	
1-31	Greek Heritage Month	
Feb. 28-Mar 31	Ramadan	
8	International Women's Day	
14	Holi Festival	
17	St. Patrick's Day	
20	Francophonie Day	
21	World Poetry Day	
	International Day for the Elimination of Racial Discrimination	
22	World Water Day	
26	Purple Day (Supporting Epilepsy)	
30-31	Eid al-Fitr	
31	International Transgender Day of Visibility	

SPIRIT DAYS

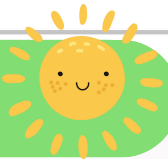


Our Student Leadership Club has planned some fun spirit-building days for the year. Upcoming spirit days are:

- **Friday, March 14** - Beach Day
- **Wednesday, April 30** - Favourite Character Day
- **Friday, May 30** - Wacky Hair and Sock Day and Rainbow Day
- **Friday, June 13** - Twin Day

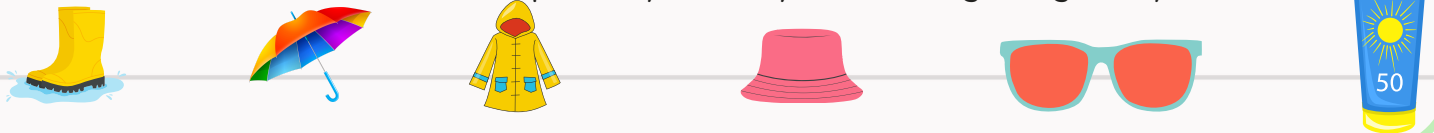


Dressing for the Weather - SPRING EDITION



Spring is in the air, and the temptation of wearing shorts and sandals to school is definitely there. While we welcome this warmer weather with open arms, we also need to be mindful that Mother Nature can change her mind at a moment's notice and students are expected to go outside in inclement weather, such as rain and wind. Dressing in layers is a great way to make sure that your child/ren is/are ready for whatever the day has in store for him/her/them. Having a pair of outside shoes/boots is also very important, as wet and muddy shoes make a mess of our classrooms and hallways, and, as such, are not permitted.

Another thing to consider is sending your child/ren to school with a hat. As the sun's rays get stronger, being mindful of sun protection cannot be underestimated. It might also be time to dig out some sunscreen and make it a part of your daily routine of getting ready for school.



STAFF PARKING LOT

We have noticed an increasing number of parents/guardians parking, picking up and dropping off their child/ren in the staff parking lot. This causes a number of safety issues for our community.

1. As the number of cars there are in the parking lot increases, it becomes more congested and the chances of someone being struck.
2. We have a number of families who travel to school on foot, and enter the school grounds from this area. There are many smaller, not-yet-school-aged children who do not yet have the knowledge/experience of how to navigate parking lots safely.
3. We have a variety of District staff that visit our school to support children who need to access these parking spots.
4. We also have District Maintenance Vehicles which need to access our school to do minor repairs and maintenance tasks. They cannot do this if they cannot access the school.

We kindly ask that if you are arriving to the school with a vehicle, that you use Lethbridge Avenue to drop off and pick up your child/ren.



DO NOT PARK IN THE STAFF PARKING LOT. THANK YOU

PARENT ADVISORY COUNCIL (P.A.C)

Our Parent Advisory Council is having their next meeting **Monday, March 10th at 4:30pm** in our school library. All parents are welcome to attend.

Our PAC also has a Facebook Group that parents can join to stay informed of all of the events that PAC has planned. It is called **A.E. Perry Family**.

Our PAC executive for 2024-2025 is:

Chairperson: Jade Sallows
Vice-Chairperson: Malcolm Atkin
Secretary: Christopher Dale
Treasurer: Krystyna Smoch



SCENTS AND PERFUMES



We have a number of staff members who are very sensitive to artificial scents, such as perfume and scented lotions and hair products. When our staff works closely with students who are wearing these scents, it causes them to have migraine headaches and take time off of work, often leaving us short-staffed for the day. We are asking you to refrain from spraying your children with these scented products before sending them to school.

Thank you for your cooperation with this matter and keeping everyone at school safe and healthy.

CRIMINAL RECORDS CHECK

Any adult wanting to volunteer in his/her/their child/ren's class, drive students to/from athletic events, supervise on field trips, or be alone with children other than their own for any reason, will need to complete a criminal records check.

This can be done easily online [here](#) Use the code **6EWCGPQXWN**. It is free of charge.

Because it can take up to a couple of weeks for these checks to come back to us, if volunteering is something that you are interested in this year, I would recommend starting the process ASAP.



THE A.E PERRY PAC INVITES YOU TO JOIN US FOR A BEACH THEMED



SPRING FLING

Lets dance our way into spring!

A.E PERRY GYM

MARCH 7TH 2025

6-8 PM

FREE ADMISSION

CASH CONCESSION



CHILDREN MUST BE ACCOMPANIED BY AN ADULT

NO OUTSIDE FOOD OR BEVERAGES. ALL FUNDS RAISED SUPPORT OUR STUDENTS





SPARK

Strong, Prepared And Ready for Kindergarten

Is your child excited for Kindergarten?

Entering kindergarten is a major transition for children and parents.

This free program includes:

- Time spent with Kindergarten teachers and school staff
- Parent education
- Take away activities

You are encouraged to attend all, but please feel free to sign up for those you can.



FREE!

**Registration
required**

DATES

April 24th

May 14th

June 10

TIME

4:30pm

to

5:30 pm



REGISTER HERE:

<https://forms.gle/o5L7c6Lbkp2pRvdg8>

APRIL Lunch Program Menu

Forms are due to office Friday, March 7

Day	Date	Menu	Snack <u>w</u> Lunch	Check your selection
Mon	31	Hotdog	Fruit Cup and Granola bar	
Mon	31	Veggie Dog	Fruit Cup and Granola bar	
Tues	1	Perogies	Apple Sauce	
Wed	2	Pancakes w/ bacon	Carrots and dip	
Wed	2	Pancakes w/ fruit salad	Carrots and dip	
Thurs	3	Three Cheese Pizza	Apple Slices	
Fri	4	Chicken Ceaser Wrap	Fresh Fruit	
Fri	4	Chickpea Caesar Wrap	Fresh Fruit	
Mon	7	Bunwich -Ham and Cheese	Yogurt and Granola	
Mon	7	Bunwich -Veggies	Yogurt and Granola	
Tue	8	Broccoli Mac and Cheese	Celery and dip	
Wed	9	Curry on Rice w/ Chicken	Fresh Fruit	
Wed	9	Curry on Rice w/ Cauliflower	Fresh Fruit	
Thurs	10	Chicken Nuggets	Apple sauce	
Thurs	10	Veggie Nuggets	Apple sauce	
Fri	11	Ranch Wrap - Chicken	Fresh Fruit	
Fri	11	Ranch Wrap - Chickpea	Fresh Fruit	
Mon	14	Cheese Pizza Bagel	Apple slices	
Tue	15	Spaghetti Meat	Carrots and Dip	
Tue	15	Spaghetti Marinara Sauce	Carrots and Dip	
Wed	16	Burritos - Beef	Celery and Dip	
Thurs	17	Burritos - Bean and Cheese	Celery and Dip	
Thurs	17	Pita & Tzatziki	Veggies	
Fri	18	No School		
Mon	21	No School		
Tue	22	Pizza Pretzel	Yogurt & Granola	
Wed	23	Chicken Burger	Sliced Cucumbers	
Wed	23	Veggie Burger	Sliced Cucumbers	
Thurs	24	Teriyaki on Rice - Chicken	Fresh Fruit	
Thurs	24	Teriyaki on Rice - Veggie	Fresh Fruit	
Fri	25	Cheese and Crackers	Veggies	





MOUNT PAUL
community food centre

Weekly Programming

Mondays	Community Meal
Tuesdays	The Market; Community Pantry, Produce Boxes Meals on Wheels** Garden Drop In (Seasonal)
Wednesdays	Youth Food Skills Food Skills*
Thursdays	Community Meal The Market; Community Pantry, Produce Boxes Meals on Wheels** Garden Drop In (Seasonal)
Fridays	Farmers Market Coupon Program (Seasonal)**

* indicates a registration is required ** indicates seniors' programming

All programs are offered at the Community Food Centre, 140 Laburnum Street, P: 236-421-1011

Join us on social media  @icsfoodcentre  @mountpaulcfc



MOUNT PAUL
community food centre

Weekly Programming

Community Meal - Everyone is welcome for this no-cost, dine-in meal. Mondays and Thursdays, 12-1pm

The Market - Affordable produce market featuring locally sourced vegetables and fruits. Tuesdays and Thursdays, 10-2 pm.

Produce Boxes - Pre-packed local produce boxes available during the Market. A \$25 value for \$10 fee.

Youth Food Skills - Space to help foster a positive relationship with food for youth aged 13 – 19 years old. Registration required. Wednesdays, 4-6pm.

Food Skills Classes - Enhance kitchen skills, increase social connections and nutritional information. Registration required.

Garden Drop In (Seasonal) - Planting, pruning and harvesting organic produce every week. Learn different growing methods in the local environment. Tuesdays and Thursdays, 9-12pm.

Meals on Wheels - Premade frozen meals available for purchase, delivery by volunteers. Registration required. Tuesdays and Thursdays

Food Hamper Delivery - Seniors living with accessibility barriers can have hampers delivered by volunteers. Registration required.

Farmer's Market Coupon Program (Seasonal) - Seniors receive 16 weeks of coupons through the provincial Farmer's Market Coupon Program. Registration required.

Better at Home - Non medical supports for seniors who are over 65 years. Registration required.

Community Connector - Looking for more information on seniors focused programming in town? Ask our Community Connector

Community Gardens - Garden plots available for yearly lease in 9 locations throughout the city.