



Valleyview Secondary Athletic Handbook





Valleyview Secondary School Athletics

1950 Valleyview Drive, Kamloops, B.C. V2C 4G2 Phone: (250) 372-5231 • Fax: (250) 377-2248

Parents, athletes and Coaches:

Thanks to the voluntary efforts of staff, parents and community members, Valleyview Secondary offers an extensive athletic program. Athletics is an integral part of our school culture and parallels the goals and outcomes of our curricular program.

Valleyview Secondary School, School District No. 73 and BC School Sports have worked together to create a sound philosophy and guidelines for all coaches, athletes and spectators.

We encourage the participation of all students, but emphasize that taking part is a "privilege". This participation demands that athletes fulfil their responsibilities and obligations to academics, their coaches, teammates and family.

We would welcome any ideas or suggestions that would enhance our program and we encourage your active support and involvement with Valleyview Athletics.

Please feel free to contact our Athletic Director or our Principal.

Chad McIntosh
Athletic Director



TABLE OF CONTENTS

Page 4	BC SCHOOL SPORTS - Basic Eligibility Rules -
Page 5	Valleyview Secondary Athletic Program
Page 6	Program Opportunities
Page 7	Governing Bodies
Page 8	Responsibilities of the Athletic Director
Page 9	Coaches Code of Conduct
Page 10	Athletes Code of Conduct
Page 11	Spectator Code of Conduct
Page 12	Athletic Participation Expectations
Page 13	Academic Expectations
Page 14	Dress Expectations
Page 15	Athletic Fees
Page 16	SD#73 Forms



BC SCHOOL SPORTS
- Basic Eligibility Rules -

- Regulated by BC School Sports
- Students have 5 years of eligibility. It is established on Sept 1 of your grade 8 year.
- For more details please refer to the BCSS Web site:
[http://www.bcschoolsports.ca/pages/publications/pdfs/2010/Section IV Competitive RulesRegulations.pdf](http://www.bcschoolsports.ca/pages/publications/pdfs/2010/Section_IV_Competitive_RulesRegulations.pdf)



VALLEYVIEW SECONDARY SCHOOL

- Athletic Program-

In order to achieve our goal of performing up to our full potential as athletic participants, we must adopt a team concept that all of us understand and accept.

The following guidelines set up clearly what you can expect of your coaches, sponsors, support staff and team mates and what is expected of you in return. All of us will live by them.

1. BASIC PRINCIPLES FUNDAMENTAL TO THE FUNCTION OF AN ATHLETIC PROGRAM:

- a. Welfare and safety of student must be first priority. Our objectives must be educationally sound and compatible with the educational philosophy of the school and the district. Our prime concern is with the development of effective skills, attitudes, self image, values, etc. We are concerned with the total person, not just with the acquisition of skill in terms of a particular sport.
- b. Welfare of Athletic Program, as a whole, is second priority. Our belief in what we do as a department must be strong enough that we are prepared to sacrifice individually for the welfare of the whole.
- c. Autonomy of each sport and program is third priority.

2. PURPOSE OF ATHLETIC PROGRAM:

Major purpose: To render each individual free to become themselves, to realize limitations and successes and to contribute to an improved quality of living for themselves and for others. As well as, to provide opportunity to represent the school and to contribute to the development of the heart, spirit and image of the school.

3. OBJECTIVES OF THE ATHLETICS PROGRAM:

- a. Develop vigour, strength, endurance and vitality.
- b. Develop attitudes and values needed for healthy self concept
- c. Develop the cooperative model of working together in a team concept to achieve a goal.
- d. Provide activities that meet the needs, interests and capacities of the more skilled student.
- e. Broaden student experience.
- f. Develop or nurture school spirit, morale and loyalty.



- g. Provide a vehicle for creating more community interest in the school.
- h. Present and reinforce healthy attitudes toward winning and losing.
- i. Combat fear of failure and readiness to accept mediocrity.
- j. Teach the concept of teamwork.
- l. need to sublimate self in order that the group achieve goals
- m. unity

Valleyview Secondary Athletic Program Opportunities

The following athletic programs may be offered at Valleyview Secondary.

These programs will be offered on the basis of the following criteria:

1. A qualified teacher-coach or community coach to operate the program.
2. Sufficient number of committed students to the particular program.
3. Teacher sponsor (if community coach)
4. Approval by BCSS, OVSSA, West Zone, SD #73, South Kamloops Secondary
5. Approval by Administration & the Athletic Director

Fall Season

Gr. 8 Boys Volleyball Junior Boys Volleyball Senior Boys Volleyball Grade 8 Girls Volleyball Junior Girls Volleyball - (Tier 1 & Tier 2) Senior Girls Volleyball	Senior Boys Football Junior Boys Football	Jr. Boys Soccer Sr. Boys Soccer Cross Country Aquatics
--	--	---

Winter Season

Grade 8 Boys Basketball Grade 8 Girls Basketball Grade 9 Boys Basketball Grade 9 Girls Basketball Junior Boys Basketball Junior Girls Basketball Senior Boys Basketball Senior Girls Basketball	Wrestling Skiing/Snowboarding
--	----------------------------------

Spring Season

Junior Golf Senior Golf Track & Field	Junior Girls Soccer Senior Girls Soccer	Grade 8 Boys Rugby Junior Boys Rugby Girls Rugby
---	--	--



Tennis Badminton	Mountain Biking Ultimate	Senior Boys Rugby
---------------------	-----------------------------	-------------------

Governing Bodies

Valleyview Secondary must follow guidelines and policies established by the following governing bodies.

British Columbia School Sports
<http://www.bcschoolsports.com/>

Okanagan Valley Sport Athletic Association
<http://www.ovsaa.netfirms.com/>

Westzone Athletics
www.westathletics.ca

School District #73
<https://www.sd73.bc.ca/>

These governing bodies help to establish:

1. By Laws
2. Competitive Policies
3. Rules and Regulations



BC School Sports

RESPONSIBILITIES OF AN ATHLETIC COORDINATOR

BC SCHOOL SPORTS recognizes that the Administrative head of each school is held ultimately responsible in all matters in his/her school which concern interscholastic athletic contests. The expectation of the Association is that Principals will ensure that BCSS policies established Member School interscholastic athletics will be followed by his/her staff.

1. To provide, with the cooperation of the Administration and Staff, a meaningful, well-balanced program of athletics which would include philosophy, attitudes and school expectations.
2. To see that the sections of the O.V.S.S.A. Constitution, B.C. School Sports Regulations and West Zone Constitution which are applicable to each sport are made clear to the Coaches of each sport.
3. To ensure that Coaches receive from their players, evidence of adequate medical coverage and medical clearance certificate.
4. To assist Coaches in issuing necessary equipment and uniforms to their players, giving instructions on proper use and care of the equipment and uniforms, and to see that they are collected, cleaned and stored at the conclusion of the season.
5. To ensure that fees are collected by coaches from the players.
6. To see that the Coach fills out an eligibility form and that it is in the hands of the Sport Commission by the B.C. School Sports deadline.
7. To keep a record of Team Participants, season resumes and other information provided to him/her by each Coach (information to be used for Athletic Banquet
8. To keep the student body, staff, Administration and parents informed of schedules, changes and other athletic matters.
9. To provide leadership in publicizing all Athletic Contests in which the school is involved and to promote school spirit to support the teams.
10. To arrange all interscholastic athletic contests.
11. To arrange for all gym and field schedules for practices and games.
12. To be responsible for securing game officials.
13. To arrange bus schedules or alternate transportation for all league games and tournaments.
14. To see to the administrative tasks of all home contests and tournaments such as officials, scorekeepers, gate keepers, concession, staff supervision, etc.
15. To be responsible for the preparation of the athletic budget and the approval of all expenditures of coaches and teams.
16. To coordinate the Annual Athletic Banquet.
17. To be responsible for communication with staff and administration concerning Athletics.
18. To attend the O.V.S.S.A. West Zone meetings throughout the Athletic year.
19. To ensure Valleyview Secondary School is represented at the O.V.S.S.A. Annual General Meeting in June of each year.
20. To attend School District #73 Athletic Council Meetings as required.
21. To assist in and ensure the operation of a successful Athletic Program.
22. Promote the highest ideals of fair play by coaches, student-athletes, students and spectators in accordance with the BCSS codes of conduct.
23. Encourage coaches to report unsportsmanlike conduct and misbehavior to the school administrator and local athletic association as soon as possible.
24. Actively work to ensure that separate but equal opportunities in athletic programming be provided for both boys and girls.
25. All programs should provide an opportunity for excellence by all participants.
26. Develop policies and procedures in the areas of team tryouts, team practices, team selection and participant playing opportunities, to be made available to coaches, students and parents each year.

BC School Sports Coaching Code of Conduct

270.0 COACHES CODE OF CONDUCT



271.0 The coach/student-athlete relationship is a privileged one. Coaches play a critical role in the personal and athletic development of their student-athletes. Therefore, coaches are expected to model the fundamentally positive aspects of school sport. Coaches, including community coaches:

272.0 RULES OF CONDUCT

272.1 Shall recognize that school sport is an extension of the classroom, and shall conduct themselves accordingly when performing coaching duties;

272.2 Shall observe the Competitive Rules and Regulations of BCSS, and those of their local athletic association and applicable sport commission;

272.3 Shall observe the rules of the sport, the spirit of the rules of the sport, and shall encourage student-athletes to do the same;

272.4 Shall fulfil all competition, invitational, playoff and championship competitive and event obligations, in accordance with athletic association policy, sport commission policy and tournament-related agreements;

272.5 Shall treat all participants fairly and equitably, by refraining from discriminating against any student-athlete with respect to race, color, ancestry, place of origin, religion, family status, physical or mental disability, sex or sexual orientation;

272.6 Shall respect the rulings of officials without gesture or argument, and shall require student-athletes to do the same;

272.7 Shall not use foul, profane, harassing or offensive language or gestures in the conduct of coaching duties;

272.8 Shall not use physical force of any kind in the conduct of coaching duties;



272.9 Shall not, under any circumstances, endorse, recommend, or suggest the use of performance-enhancing drugs or supplements by any student-athlete;

272.10 Shall abstain from the use of tobacco products and alcohol while in the presence of student-athletes, and shall discourage their use by student-athletes;

272.11 Shall not, under any circumstances, require or imply that a student-athlete must be involved in any summer program or club program as part of his/her responsibilities as a school team member;

272.12 Shall not, under any circumstances, require or imply that a student-athlete cannot or should not participate in any BCSS-approved sport in the season preceding or following the coach's season of play; and

272.13 Shall not, under any circumstances, start pre-season tryouts or practices to the detriment of any in-season sport.

VSS STUDENT ATHLETE'S CODE OF CONDUCT

The actions of a student athlete are a reflection of themselves, their team, their school and their community. A student's involvement in school sport provides opportunities and experiences that are important to the development of a well-rounded student. However, student athletes must remember that their participation in school sport is a privilege, not a right. Student athletes shall:



1. Treat Everyone with Respect
 - a) treat team-mates, coaches, opponents, event organizers and spectators with respect
 - b) respect and accept with dignity the decision of officials
 - c) be generous in winning and graceful in losing
2. Exercise Self Control at all Times
 - a) refrain from the use of foul or profane language
 - b) refrain from the use of physical force outside of the game
3. Play Fair
 - a) play within the rules and spirit of the rules of the game
4. remember that there is no place in sport for drugs or alcohol
5. The athlete will maintain a Satisfactory Effort in classes
6. The athlete will maintain a Good Attendance record
7. The athlete will dress in a respectable manner according to the Valleyview School's Athletic Dress Expectations for home and away games.
8. The athlete will be prompt for practices and games
9. The athlete will demonstrate good citizenship
10. The athlete must not smoke, vape, drink or take drugs or behave in any manner that reflects unfavourably on him/her, the team, or the school.

SD 73 - Player's Role and Responsibilities

- Athletes are expected to abide by the behavioral expectations set out by the Student-Athlete Code of Conduct as well as all other associated Board policies and Administrative Procedures.
- Athletes are expected to report any behavior that contravenes the codes of conduct of this procedure, Board policy or Administrative Procedure, including incidents of initiation/hazing to the coach and/or Principal.
- Athletes are expected to report all injuries or suspected injuries to the coach.
- Athletes are expected to report any unsafe equipment/facilities to the coach.

SD#73 SPECTATOR'S CODE OF CONDUCT

1. **Parent/Spectator Code of Conduct**
2. • The most important individual in extra-curricular sports competition is the student-athlete. Their primary motivation to participate should be a genuine love of the game and for the positive skills they will acquire (both life and sport-specific) through their participation. Research tells us that only .03% of high school athletes eventually play at the professional level. For student-athletes, their enjoyment of participation is greatly diminished when their parents become the focus of attention in negative ways.
3. • Model positive behavior through the encouragement and respect for all players, officials, spectators and parents.
4. • **DO NOT** coach from the sidelines, harass officials, make negative public comments about the coach, other student-athletes, other parents/spectators or opposing team players.



5. • **DO NOT** be tempted to analyze the game/practice with your son/daughter after it is over, especially in the context of offering advice/criticism about your child's performance. If they express frustration about their own performance, encourage them to talk to their coach.
6. • When in doubt about the appropriateness of a contemplated behavior or course of action, refer to Administrative Procedure 350 – Student Code of Conduct. The standards of conduct we expect from our students should be modelled by the adults that support them.

VALLEYVIEW ATHLETIC PARTICIPATION EXPECTATIONS

The athlete agrees to the following conditions as terms of his/ her participation on a Valleyview Athletic team.

1. Commitment

Each team member is expected to attend all practices and games. Schedule conflicts must be discussed with the coach in advance.

A person who quits a team in season or does not meet the above obligations will be placed on BREACH OF CONTRACT and must come before the Athletic Director before playing another season of any sport in Valleyview.

Sportsmanship



School District No.73 and Valleyview Secondary School athletes and coaches are expected to maintain the highest standards. Respect for opponents and officials are paramount principles of our program.

Fair Play: Athletes are expected to follow the principles of fair play, which are integrity, fairness and respect. Our aim is to have honest rivalry, courteous relations, and graceful acceptance of the results.

Service

Participating athletes who benefit from our athletic program are expected to return service to the school in the form of assisting at special events, officiating, fundraising, scorekeeping, etc. when reasonably requested.

Citizenship

High standards of behaviour and attitude are required. School and district rules apply at all events. Use of alcohol, drugs or tobacco will result in school disciplinary action and possible suspension from athletics.

Athletes agree to exhibit appropriate behaviour at all times. Compliance with agreed on team or trip rules is expected at all times.

Parental Consent Form (Medical Information)

Participation in our athletic program requires that all athletes have on file a signed "Informed Parental Consent Form". (This only has to be done once and will be kept on file until the medical condition changes). Parents are responsible for making the Athletic Director aware of any changes in medical condition.

Fees - All sports require participation fees to help offset costs as outlined on the team fees page.

THESE GUIDELINES APPLY TO ANY STUDENT ASSOCIATED WITH THE TEAM. BEING INVOLVED WITH THE TEAM REQUIRES A COMMITMENT TO LIVE BY THE PRINCIPLES SET OUT ABOVE.

ACADEMICS EXPECTATIONS

Valleyview has high expectations for its student athletes. When academic challenges or behavior challenges arise, the following line of communication will be used.

Lines of Communication:

- Staff member to coach/or teacher sponsor
- Teacher sponsor to coach
- Coach student (with teacher sponsor)
- Staff member to athletic director
- Athletic director to coach and player
- Athletic director to principal or (staff member to principal)
- Decision for case review
- Committee for case review: Athletic Director, Principal (or designate). Case will be reviewed in the best interest of the student, team and the school.

The following SD#73 link will lead to the School District Policy:

<https://drive.google.com/file/d/11EQy61LO1tcGwHgfrlevzfdA5SKlcg8o/view>



ATHLETIC PROBATION

A student athlete is placed on probation when he/she violates the Valleyview Athletic Policy. Once the student athlete has been placed on probation, they must abide by the following criteria or athletic participation may be revoked.

1. Academic Achievement: the student in question must maintain a satisfactory/reasonable grade in all subjects.
2. Effort Grades: a satisfactory level must be achieved in all subjects.
3. Behaviour: All athletes are to adhere to the District Student Code of Conduct
4. Punctuality: the students must be prepared and on time for their classes as well as their practices and games. Attendance must be good and any absences need to be excused.
5. Field Trips: The athletic director, administration and coach may revoke an athlete's ability to attend any games or practices away from the school

* If any of these terms of probation are not maintained, the athlete's ability to continue to participate will be reviewed by the Athletic Director, administration and/or the District Review Board

VALLEYVIEW DRESS EXPECTATIONS

The athletic department expects that all teams will dress in a manner that indicates pride in their school, their team and themselves on game days. The team will decide what would be appropriate for their team. Recommendations could include a tie or team jersey or choice of clothing that would be considered a "more dressed up" look than what is normally worn to school.

Uniform Expectations:

Returned by the following Dates or a Charge will be applied to the students

Online School Cash

Dates of Return:

Fall Season - Dec 1st

Winter Season - March 15th

Spring Season - June 10th.

UNIFORM CARE IS THE RESPONSIBILITY OF EACH PLAYER!



- **WASH** white tops **SEPARATELY**.
 - Hand wash in **COOL WATER**.
(Please do not wash with other family wash.)
 - Recommend using **ZERO**.
 - **NO BLEACH** (including detergent with bleach).
 - **DRIP DRY** (using the dryer may create problems with creasing).
- PLAN AHEAD –wash AFTER your game** (not before your game).

Team Fees

Wrestling	\$45.00
Swimming/ Diving	\$40.00
Golf	\$45.00
Mt. Biking	\$40.00
Curling	\$40.00
Badminton	\$55.00
Junior Soccer	\$55.00
Senior Soccer	\$65.00
Junior Rugby	\$55.00
Senior Rugby	\$60.00
Track/ Cross Country	\$35.00
Tennis	\$40.00



Ultimate	\$50.00
Gr.8 volleyball	\$80.00
Jr. volleyball	\$85.00
Sr. volleyball	\$100.00
Gr.8 basketball	\$85.00
Jr. basketball	\$100.00
Sr. basketball	\$125.00
<hr/>	
Athletic Banquet:	\$25.00

(Charged once per student athlete – Eg. Volleyball - \$25, Basketball - \$0)

The athletic team fees predominantly cover the cost of refereeing but also goes toward uniforms, awards, equipment, paying scorekeepers, team photo's and medical equipment. Also, \$10 of each athletes team fee goes towards SD#73 Travel Fund.

Athletic Fees DO NOT COVER - Tournaments, Okanagans or Provincials

Additional fees are sometimes necessary depending on the number of coaches/ sponsors the team has or needs.

SD#73 & Valleyview Secondary Forms

VALLEYVIEW SECONDARY ATHLETES must have the following signed and returned to their coach, manager or teacher sponsor before any participation at Valleyview Secondary.

[School District #73 Athletic Contract \(New**\)](#)**

(Signed by Parent/Guardian and Athlete)

[Valleyview Secondary Athletic Expectations \(November 2019\)](#)

(Signed by Parent/Guardian)

[Extra-Curricular Athletics Safety Guidelines \(June 11, 2019\)](#)

(needs to be read and reviewed by Parent/Guardian and Athlete)

Volunteer and Staff Driving Form

[Volunteer Driving Form](#)



(Signed by parent)

